

Appendix

Classification of COVID-19 disease severity

The severity of COVID-19 was classified according to the WHO guidelines. Patients with COVID-19 were divided into five subtypes according to the degree of disease severity. Asymptomatic patients were those who were only tested positive for COVID-19 but did not show any clinical, biochemical, or radiological features of the disease. The mild type was defined as having mild clinical symptoms without hypoxia or infiltrates on radiography. The moderate type was defined as fever and/or respiratory symptoms plus lung infiltrates on radiography. The severe type was diagnosed based on clinical and radiological signs of pneumonia (fever, cough, dyspnea, tachypnea, infiltrates on chest x-ray) plus one of the following: respiratory rate > 30 breaths/min; severe respiratory distress; or $SpO_2 < 90\%$ on room air, artery $PaO_2/FiO_2 \leq 300$ mm Hg (1 mm Hg=0.133 kPa).

Supplementary Tables

Table 1 Association of GI symptoms with different Treatment groups

		Diarrhea	Nausea	Vomiting	Epigastric pain	GERD	Anorexia	GIB	Any GI
Group 1	73	158	148	57 (10.9%)	6	51 (9.7%)	11	202	
(524)	(13.9%)	(30.2%)	(28.2%)		(1.1%)		(2.1%)	(38.5%)	
<i>P</i> -value	0.49	0.51	0.13	1.00	1.00	0.07	1.00	0.26	
Group 2	58	134	126	47 (10.9%)	6	43	9	169	
(431)	(13.5%)	(31.1%)	(29.2%)		(1.4%)	(10.0%)	(2.1%)	(39.2%)	
<i>P</i> -value	0.37	0.23	0.07	1.00	0.19	0.38	1.00	0.22	
Group 3	37	103	102	37 (12.1%)	4	36	8	126	
(307)	(12.1%)	(33.6%)	(33.2%)		(1.3%)	(11.7%)	(2.6%)	(41.0%)	
<i>P</i> -value	0.13	0.032^a	0.001^a	0.36	0.69	0.43	0.38	0.08	
Group 4	24	60	59	23 (12.7%)	4	22	6	72	
(181)	(13.3%)	(33.1%)	(32.6%)		(2.2%)	(12.2%)	(3.3%)	(39.8%)	
<i>P</i> -value	0.70	0.24	0.057	0.32	0.070	0.47	0.199	0.521	
Group 5 (61)	13	19	16	10 (16.4%)	2	13	1(1.6%)	27	
	(21.3%)	(31.1%)	(26.2%)		(3.3%)	(21.3%)		(44.3%)	
<i>P</i> -value	0.078	0.76	1.00	0.188	0.12	0.008^a	1.00	0.27	
Group 6 (56)	11	17	15	8 (14.3%)	2	12	1	24	
	(19.6%)	(30.4%)	(26.8%)		(3.6%)	(21.4%)	(1.8%)	(42.9%)	
<i>P</i> -value	0.23	0.88	1.00	0.37	0.10	0.01^a	1.00	0.47	

Table 2 Univariate analysis of risk factors for severe COVID-19 at presentation and Clinical Outcomes

Risk Factors	<i>Univariate Analysis</i>	
	Odds ratio	<i>P</i> -value
	Death	
Age > 65 yrs	8.64 (3.94-18.95)	< 0.001
Sore throat	0.19 (0.04-0.80)	0.024
HTN	2.92 (1.44-5.91)	0.003
CAD	3.48 (1.43-8.50)	0.006
CKD	2.78 (1.09-7.12)	0.032
	Disease severity at presentation	
GI symptoms	1.72 (1.66-2.55)	0.006
Smoking	1.94 (1.23-2.06)	0.004
HTN	2.04 (1.39-2.96)	<0.001
DM	2.30 (1.59-3.33)	<0.001
	ICU admission	
Age > 65 yrs	2.09 (1.45-3.01)	<0.001
Gender (male)	1.90 (1.17-3.10)	0.009
Fever	3.30 (2.07-5.25)	<0.001
Cough	2.25 (1.50-3.37)	<0.001
Myalgias	1.52 (1.07-1.16)	0.018
HTN	2.05 (1.45-2.88)	<0.001
DM	1.76 (1.27-2.46)	0.001
	Mechanical ventilation	
Age > 65 yr	2.09 (1.43-3.04)	<0.001
Gender (male)	1.92 (1.10-3.33)	0.02
Fever	4.30 (2.39-7.4)	<0.001
Cough	2.35 (1.48-3.73)	<0.001

Shortness of breath	3.25 (2.24-4.71)	<0.001
HTN	1.91 (1.33-2.73)	<0.001
DM	1.53 (1.07-2.17)	0.018
