

Supplementary Table 1. Discharge Criteria Score

Criteria	Score
Level of Consciousness	
Alert and oriented	2
Arousable with minimal stimulation	1
Responsive only to tactile stimulation	0
Physical Activity:	
Able to move all extremities on command (unless patient has a pre-existing condition or nerve block)	2
Some weakness in movement of extremities	1
Unable to voluntarily move extremities	0
Hemodynamic Stability	
BP within 20% of baseline	2
BP within 20-40% of baseline	1
BP greater than 50% of baseline	0
Respiratory Stability	
Able to deep breathe and cough	2
Dyspneic or limited breathing	1
Apneic	0
Oxygen Saturation	
Maintains value 92% on room air for a minimum of 15 minutes	2
Requires supplemental oxygen to maintain oxygen saturation > 92%	1
Saturation < 92% with supplemental oxygen	0
Pain	
None/mild discomfort	2
Moderate to severe, controlled with IV analgesics	1
Persistent to severe	0
Total Score	/12

SURGICAL PROCEDURE REQUEST

- ☐ SURGICENTRE
- ☐ ONE DAY STAY (VH)
- ☐ SAME DAY ADMISSION (VH)

Patient Information

AGE:

*Please send chart to Pre-Admit 2 weeks prior to surgical date

SURGEON:		LENGTH:	Hr(s)
DIAGNOSIS:			
PROCEDURE:			
EQUIPMENT:	☐ Fluoroscopy		
☐ PRE-OP	☐ MEDICINE CONSULT Reason:	☐ ANESTHESIA CONSULT Reason:	

<u>SURGICENTRE:</u> <u>Use this section for patients who will need Pre-Admit consults prior to their surgical date</u> Anesthesia Consult Reason for SC: ☐ Hematologic/bleeding Disorder ☐ History of anesthetic complications ☐ Neuromuscular/neurologic disorder ☐ Potential difficult airway ☐ Concerns with Block Medicine Consult Reason for SC: ☐ Anticoagulation/antiplatelet therapy ☐ Cardiac Arrhythmia ☐ Chronic Steroid Therapy ☐ Diabetes Control and Complications Consider booking the following patients in the morning: • Anxiety • BMI > 40 • Spinal anesthesia • Painful procedures, block refusal • Postoperative nausea and vomiting	SURGICENTRE: Eligibility Criteria *IF ANY OF THESE CONDITIONS APPLY DO NOT BOOK AT SURGICENTRE ☐ Difficult to intubate ☐ Malignant hyperthermia ☐ Poorly controlled coronary diseases with symptoms, heart attack, coronary bypass surgery or coronary artery stent done in the last 12 months ☐ Pacemaker or defibrillator ☐ Active congestive heart failure ☐ Moderate to severe valvular heart disease ☐ History of organ transplant ☐ Moderate or severe COPD, not able to walk more than two city blocks, any history of COPD exacerbation, emphysema or chronic bronchitis within the last 3 months ☐ Symptomatic OSA; treated OSA accepted for procedures not expected to require perioperative long-acting opioids ☐ Blood clotting disorder ☐ Blood clot lung (PE) or leg (DVT) within the last 3 months ☐ Insulin dependent diabetes or poorly controlled diabetes (sugar frequently >13) ☐ Multiple Sclerosis, Guillain Barre Syndrome or Myasthenia Gravis ☐ Likely to have difficulty with safe ambulation following nerve block or surgery or will require more than 2-people assistance for ambulation ☐ Seizures within last 12 months ☐ History of Stroke or TIA within the last 12 months ☐ Consumption of 3 alcoholic drinks per day or 20 per week ☐ History of alcohol withdraw or related seizures within last 12 months ☐ Chance of pregnancy ☐ Acute or chronic kidney disease ☐ Acute or chronic liver disease ☐ Risk for violent behavior ☐ BMI greater than 45 ☐ Use of illicit substance within the past 3 months *CPAP patients who do not require GA and will not be treated with long lasting opioids are accepted
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FOR SECRETARY USE:

PATIENT EMAIL ADDRESS			
DATE OF REFERRAL	DATE OF CONSULTATION	DATE OF DECISION TO TREAT	
DATE OF SURGERY	TIME OF SURGERY	PATIENT NOTIFIED	E-MAILED/MAILED