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Name of Journal: *World Journal of Gastroenterology*

Manuscript NO: 43200

Manuscript Type: ORIGINAL ARTICLE

Clinical Trials Study

Comprehensive lifestyle intervention vs soy protein-based meal regimen in non-alcoholic steatohepatitis

Deibert P *et al.* Reducing liver fat in NASH

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Abstract

BACKGROUND

Non-alcoholic steatohepatitis (NASH) has become one of the leading causes of liver disease in the western world. In obese patients weight reduction is recommended. Up to

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作者 : A Kargulewicz - 2014 - 被引用次数 : 14 - 相关文章

2014年3月1日 - Changes to **patients' lifestyle**, especially a modified dietary approach, play a key role in **Food products rich** in MUFAs include olive oil, rapeseed oil, sunflower, **soy**, nuts and avocado. **Protein content – diet in nonalcoholic fatty liver disease** ... **Food** should be boiled, steamed **or** baked without added fat.

Isocaloric Dietary Changes and Non-Alcoholic Fatty Liver Disease in ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5691682/> - 翻译此页

作者 : G Della Pepa - 2017 - 被引用次数 : 6 - 相关文章

2017年9月26日 - Currently, **lifestyle intervention** including strategies to reduce body weight only a minority of **patients** with **NAFLD** progress to **NASH or cirrhosis** [1]. ... Management of **NAFLD**: Hypocaloric **Diet** and Physical Activity ... MUFA are mainly found in plant-**based** foods such as olive oil, canola oil, nuts, **soy** and ...

Dietary approach in the treatment of nonalcoholic fatty liver disease

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4621466/> - 翻译此页

作者 : SM Ferolla - 2015 - 被引用次数 : 28 - 相关文章

2015年10月28日 - Furthermore, the **NAFLD/NASH patients** seem to have a dietary pattern ... **Lifestyle** changes include acquiring healthy dietary pattern, increasing ... We also discuss the chief aspects on the role of **diet** in **NAFLD** development. ... herbal medicines, supplements as probiotics, multivitamins **or** whey **protein**.

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2018年7月31日 - A comprehensive search was conducted using key terms, such as ...

and/or treatment of obesity-related non-alcoholic fatty liver disease in adults. ...

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An Overview of Dietary Interventions and Strategies to Optimize the ...

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作者: BJ Perumpail - 2017 - 被引用次数: 6 - 相关文章

2017年10月22日 - A comprehensive search was conducted using key terms, such as ...

Keywords: nonalcoholic fatty liver disease—NAFLD, lifestyle ... inflammation, and fibrosis (nonalcoholic steatohepatitis or NASH) in the absence from protein diet, the effects on NAFLD from a protein-based diet are not fully understood.

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