



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/ Page
Title	1	The words“case report”should be in the title along with the area of focus	04/01
Key Words	2	Four to seven keywords—include“case report” as one of thekeywords	14/01
Abstract	3a	Background: What does this case report add to the medical literature?	21/01
	3b	Case summary: chief complaint, diagnoses, interventions, and out comes	03/01
	3c	Conclusion:What is the main“take-away” lesson from this case?	11/02
Introduction	4	The current standard of care and contributions of this case—with references(1-2paragraphs)	01/03
Timeline	5	Informationfromthiscasereportorganizedintoatimeline(tableorfigure)	
Patient Information	6a	De-identifieddemographicandotherpatientorclientspecificinformation	
	6b	Chiefcomplaint—whatpromptedthisvisit?	01/04
	6c	Relevant history including past interventions and outcomes	13/04
Physical Exam	7	Relevant physical examination findings	19/04
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	21/04
	8b	Diagnostic reasoning including other diagnoses considered and challenges	11/05
	8c	Consider tables or figures linking assessment, diagnoses and interventions	11/05
	8d	Prognostic characteristics where applicable	11/05
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	24/06
	9b	Intervention administration such as dosage, frequency and duration	
	9c	Note changes inintervention with explanation	
	9d	Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment(and patient or client assessed outcomes when appropriate)	01/07
	10b	Important follow-up diagnostic evaluations	01/07
	10c	Assessment of intervention adherence and tolerability, including adverseevents	01/07
Discussion	11a	Strengths and limitations in your approach to this case	05/07
	11b	Specify how this case report informs practiceor Clinical Practice Guidelines(CPG)	
	11c	How does this case report suggeststates table hypothesis?	05/07
	11d	Conclusions andrationale	
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	19/12
Additional Information	14	Acknowledgement section;CompetingI nterests; IRB approval when required	