

#1

### **SPECIFIC COMMENTS TO AUTHORS**

In this study, Meta-analysis was used to evaluate the effect of early nutritional support on postoperative nutritional indicators of patients. The study presents high quality and deals with important clinical issue, such type of study is needed. I have only few small remarks that authors should address properly. I recommend to accept the manuscript after minor revision. There are only some points to correct: a. Please provide the full name of all abbreviations. b. Introduction and discussion section need improvement; please provide information on how your results will translate into clinical practice; c. In discussion section please provide study strong points and study limitation section. d. Please correct typos All abovementioned issues are crucial for the credibility of the results. The paper can be accepted only after addressing all the issues. I recommend to accept the manuscript after minor revision.

#2

### **SPECIFIC COMMENTS TO AUTHORS**

It is a well-structured manuscript and an interesting topic. Different studies have reached different conclusions about the effect of early postoperative nutritional support on the nutritional status of patients. This interesting RCT meta-analysis discusses this point. However, some improvements are needed: -Abstract should be presented within subsections i.e., background, aim, method, results, as well as conclusion. -Core tip is missing. -Please discuss about restrictions of relevant previous meta-analysis studies.

#3

### **SPECIFIC COMMENTS TO AUTHORS**

The authors explored the effectiveness of early nutritional support for the nutritional status of patients undergoing gastrointestinal surgery, providing strong evidence for early nutritional care after surgery. The authors employed Pubmed, Embase, Springer Link, Ovid, CNKI, CBM databases to conduct a meta-analysis of the articles on the relative comparison of early nutritional support with delayed nutritional support. Results of metanalysis: - patients receiving early nutritional support had higher serum

albumin levels; - patients receiving early nutritional support had shorter hospital stays; - patients receiving early nutritional support had shorter first defecation time; - patients receiving early nutritional support had fewer complications. The present study has impeccable methodology with illustrative figures, and a very concise discussion of the effect of early nutritional support on postoperative nutritional indicators of patients and the possible future possibilities for clinical application.

Answers:

I have revised the language, brief abstract background, background and references, please review.

2. All tables are revised at the end of the article document. Please review.
3. I have polished and revised some contents of the article, please review.