

Appendix 1. Patient Questionnaire

IR	: *** B: ***
Tit	tle: Durability of Smoking Cessation for Elective Total Joint Surgery
M	RN:
Na	nme:
1)	Did you use tobacco within the year preceding your total joint surgery? (Y/N)
2)	What type of tobacco products did you use?
3)	Did you receive tobacco cessation request prior to your total joint surgery? (Y/N)
4)	How much tobacco did you use preoperatively prior to any cessation efforts?
5)	Were you able to successfully cut back on your to bacco usage prior to surgery? (Y/N) $$
	a) If Yes:



	i) How much tobacco did you use preoperatively after cessation efforts?
	ii) How long after your surgery did you sustain from tobacco use?
	iii) What methods did you use to help with tobacco cessation?
6)	Are you currently using to bacco products on a regular basis (i.e. more than 1 time per month) (Y/N)
	a) If Yes:
	i) How much tobacco are you currently using?
7)	Have you had any complications from your joint replacement surgery and what were they?
8)	Have you had revision surgery on your joint replacement?



The next questions are about the function of your joint replacement:



	Excellent	Very Good	Good	Fair	Poor
1. In general, would you say your health is:	<u>+5</u>	<u>+4</u>	<u></u> +3	<u>+2</u>	+1
2. In general, would you say your quality of life is:	<u>+5</u>	<u>+4</u>	<u></u> +3	<u>+2</u>	+1
3. In general, how would you rate your physical health?	<u>+5</u>	<u>+4</u>	<u></u> +3	<u>+2</u>	+1
4. In general, how would you rate your mental health, including your mood and your ability to think?	<u></u> +5	□ +4	□ +3	☐+2	□+1
5. In general, how would you rate your satisfaction with your social activities and relationships?	+5	<u>+4</u>	+3	<u>+2</u>	+1
9r. In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.)	□+ 5	□ +4	□ +3	<u>+2</u>	□+1
		91	20	-	
	Completely	Mostly	Moderately	A little	Not at all
6. To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?	Completely	Mostly	Moderately	A little	Not at all ☐ +1
carry out your everyday physical activities such as walking, climbing stairs, carrying	55 - 55	87.80		5 8	
carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?	55 - 55	87.80		5 8	
carry out your everyday physical activities such as walking, climbing stairs, carrying	<u></u> +5	<u>+4</u>	+3	+2	+1
carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? 10r. How often have you been bothered by emotional problems such as feeling anxious, depressed or	+5+5+5	Rarely	Sometimes +3	☐ +2 Often ☐ +2	☐+1 Always ☐+1
carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? 10r. How often have you been bothered by emotional problems such as feeling anxious, depressed or irritable?	□+5	□+4 Rarely	+3	□+2 Often	+1
carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? 10r. How often have you been bothered by emotional problems such as feeling anxious, depressed or	+5+5+5	Rarely	Sometimes +3	☐ +2 Often ☐ +2	☐+1 Always ☐+1
carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? 10r. How often have you been bothered by emotional problems such as feeling anxious, depressed or irritable? 8r. How would you rate your fatigue	+5 Never +5 None +5	Rarely	Sometimes	☐ +2 Often ☐ +2 Severe ☐ +2	Always +1 Very Severe +1
carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? 10r. How often have you been bothered by emotional problems such as feeling anxious, depressed or irritable? 8r. How would you rate your fatigue	Never	Rarely	Sometimes	☐ +2 Often ☐ +2 Severe ☐ +2	Always

If they had a Knee Replacement:



Knee injury and Osteoarthritis Outcome Score for Joint Replacement (KOOS, JR.)

Stiffness The following question concerns the amount of joint stiffness you have experienced during the last week in your knee. Stiffness is a sensation of restriction or slowness in the ease of which you move your knee joint.										
1.	 How severe is your knee stiffness after first wakening in the morning? 									
	None		Mild		Moderate		Severe		Extreme	
Pain What amount of knee pain have you experienced in the last week during the following activities?										
		10 - 10 - 100			penencea in	uie ias	i week dui	ing the it	Dilowing activ	iues :
2.	Twisting	g/pivoting	g on you	ır knee						
	None		Mild		Moderate		Severe		Extreme	
3.	Straight	tening kn	ee fully							
	None		Mild		Moderate		Severe		Extreme	
4.	4. Going up or down stairs									
	None		Mild		Moderate		Severe		Extreme	
5.	Standin	g upright	t							
	None		Mild		Moderate		Severe		Extreme	
Func	tion, da	aily livir	ng							
The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities please indicate the degree of difficulty you have experienced in the last week due to your knee.										
6.	6. Rising from sitting									
	None [Mild		Moderate		Severe		Extreme	
7.	Bending	to floor/p	oick up a	an object						
	None [Mild		Moderate		Severe		Extreme	

If they had a hip replacement:



Hip dysfunction and Osteoarthritis Outcome Score for Joint Replacement (HOOS, JR.)

Pain										
What amount of hip pain have you experienced the last week during the following activities?										
1.	. Going up or down stairs									
	None	Mild		Moderate		Severe		Extreme		
2.	Walking on an u	uneven	surface							
	None	Mild		Moderate		Severe		Extreme		
Fund	Function, daily living									
and to	The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities please indicate the degree of difficulty you have experienced in the last week due to your hip.									
3.	Rising from sitting									
	None	Mild		Moderate		Severe		Extreme		
4.	Bending to floor	r/pick up	an objed	ct						
	None	Mild		Moderate		Severe		Extreme		
5.	Lying in bed (tu	rning ov	er, maint	aining hip po	sition)					
	None	Mild		Moderate		Severe		Extreme		
6.	Sitting									
	None	Mild		Moderate		Severe		Extreme		