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**Institutional review board statement**

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**Title: The role of rumination in the relationship between metacognition and shyness.**

**Authors List: Sara Palmieri, Giovanni Mansueto, Simona Scaini, Francesca Fiore, Sandra Sassaroli, Giovanni M Ruggiero, and Bernardo Carducci.**

Although Italian laws for this type of study mandated no institutional review board approval, the study was conducted according to the Declaration of Helsinki and the ethical guidelines established by the Italian Association of Psychology.

Milan, 24/7/2018