Paraneoplastic neurological syndrome with positive anti-Hu and anti-Yo antibodies:
A case report

Li ZC et al. Paraneoplastic neurological syndrome with positive anti-Hu and anti-Yo antibodies

Zi-Chao Li, Hong-Bin Cai, Zhen-Zhen Fan, Xiao-Bin Zhai, Zhao-Ming Ge

Abstract
BACKGROUND
Paraneoplastic neurological syndrome (PNS) is a rare complication in patients with cancer. PNS can affect the central, peripheral, autonomic nervous system, neuromuscular junction, or muscles and cause various neurological symptoms. Anti-Yo antibody-positive neurological paraneoplasms and anti-Hu antibody-positive neurological paraneoplasms are common, but coexistence of both types has not been described in the literature.

CASE SUMMARY
Here we present a rare case of paraneoplastic neuropathy occurring in both breast and lung cancers. A 55-year-old woman was admitted to our hospital with unsteadiness while walking. The patient had a history of breast cancer two years previously. Chest computed tomography revealed a 4.6 cm × 3.6 cm mass in the right lung, which was diagnosed as small-cell lung cancer (SCLC). Blood test was positive for anti-Yo antibodies, and the cerebrospinal fluid was positive for both anti-Yo and anti-Hu
antibodies, and the neurological symptoms were considered to be related to the paraneoplasms. The patient was treated with a course of intravenous immunoglobulin, without noticeable improvement. After being discharged from hospital, the patient underwent regular chemotherapy for SCLC and periodic reviews. The patient’s neurological symptoms continued to deteriorate at the follow-up visit in April 2021.

CONCLUSION
This case suggests the possibility of two types of tumors appearing simultaneously with two paraneoplastic antibodies. The clinical appearance of two or more paraneoplastic tumors requires additional attention.

INTRODUCTION
Paraneoplastic neurological syndromes (PNS) are rare immune-mediated disorders that occur in 3.5%–5.0% of patients with small-cell lung cancer (SCLC). Breast cancer is also a disease characterized by immune-mediated syndromes occurring in less than 1.0% of patients[1,2]. With the continuous progress in cancer research, the paraneoplastic syndrome of the nervous system caused by cancer has attracted increasing attention. PNS is characterized by diverse neurological syndromes caused by cancer and always antedate its diagnosis. PNS is associated with various cancers, such as lung cancer, Hodgkin’s lymphoma, testicular cancer, breast cancer, and gynecologic malignancies.

PNS can affect the central, peripheral, autonomic nervous system, neuromuscular junction or muscles and cause various neurological symptoms. Because of the underlying neoplasm, PNS has often been misdiagnosed as other nervous system diseases such as viral encephalitis or myasthenia gravis, which may delay therapy and result in the deterioration of patients’ conditions, causing ataxia, rapid progressive dementia, status epileptics, and even coma. Antibodies and T cells share epitope expression responses to the nervous system and tumors, which may be the main cause of most PNS[3].
Although the coexistence of two or more different tumors in the same patient with PNS is rare, the tumors and multiple paraneoplastic antibodies can appear at the same time. Only a few such cases have been reported.

Here we describe a patient with PNS, involving both SCLC and breast cancer.

CASE PRESENTATION

Chief complaints
The patient was a 55-year-old Chinese woman who was admitted to hospital with numbness and weakness of limbs in July 2020.

History of present illness
She experienced numbness and discomfort in the extremities without any obvious cause, with limited movement and inability to walk on their own for ten days. In the following days, her gait gradually became unsteady, and she developed weakness of her lower limbs.

History of past illness
The patient presented to the local oncology hospital with a history of breast cancer 2 years ago and underwent radical mastectomy after 8 chemotherapy sessions at that time. The patient was reviewed regularly for two years after surgery, and no recurrence was observed.

Personal and family history
There was no family history of neurological or autoimmune disorders.

Physical examination
Neurological examination revealed weakness of proximal muscles of lower limb at grade 3 on the Medical Research Council scale, and she had signs associated with
cerebellar degeneration, such as mild dysarthria and clear ataxia, especially with prolonged speech. However, her cranial nerves and cognitive function were normal.

Laboratory examinations

Cerebrospinal fluid examination and routine hematological, biochemical, and serological tests were normal. The neuron-specific enolase in blood was 45.90 ng/mL and the precursor of gastrin-releasing peptide was 976 pg/mL, suggesting the possibility of SCLC. Indirect immunofluorescence test (IIFT), for blood paraneoplastic anti-Hu antibody IgG was negative, and anti-Yo antibody IgG was positive (+ +, 1:10). Cerebrospinal fluid paraneoplastic anti-Hu antibody IgG was negative and anti-Yo antibody IgG was positive (+ +, 1:3.2). BLOT test for blood paraneoplastic anti-Hu antibody IgG and anti-Yo antibody IgG was positive (both + + +), and cerebrospinal fluid paraneoplastic anti-Hu antibody IgG was positive (+) and anti-Yo antibody IgG was strongly positive (+ + +). No tumor cells were detected in microscopic examination of cerebrospinal fluid (Figure 1A-D).

The patient had two paraneoplastic antibodies examined in the cerebrospinal fluid, but no associated tumor cells were detected, and no significant meningeal enhancement was seen on the cranial magnetic resonance imaging (MRI), so there was insufficient evidence for the diagnosis of leptomeningeal disease. However, considering the low positive rate of tumor cells in cerebrospinal fluid of patients with carcinomatous meningocele and related neurological paraneoplastic syndrome, the possibility of leptomeningeal disease was not excluded.

Imaging examinations

The MRI of cranial and cervical spine did not reveal any significant abnormalities, and electromyography showed that the motor nerve wave amplitude of both upper limbs was reduced proximally. Chest computed tomography (CT) suggested a space-occupying lesion in the right lung (Figure 2). Tracheoscopic biopsy confirmed SCLC (Figure 3).
**FINAL DIAGNOSIS**
After completing the examinations, she was eventually diagnosed with PNS, involving SCLC and breast cancer.

**TREATMENT**
The patient was treated with a course of intravenous immunoglobulin without noticeable improvement. During the month of onset at that time, the patient's limb numbness and cerebellar symptoms did not improve significantly. After being discharged from hospital, the patient underwent regular chemotherapy for SCLC and was reviewed periodically.

**OUTCOME AND FOLLOW-UP**
The size of her lung tumor has become significantly smaller over the past ten months and no recurrent breast cancer was seen. However, her numbness in the extremities and cerebellar symptoms did not resolve, and the neurological symptoms continued to deteriorate at the follow-up visit in April 2021.

**DISCUSSION**
Current research suggests that the main etiology of PNS is immune-related, with the presence of tumor-associated antigens in neurons, which causes a cross-immune reaction between antibodies produced by the body’s immune response, consequently neural tissue-damaging symptoms appear. The clinical symptoms include mainly subacute cerebellar ataxia, abnormal mental behavior, and seizures. Anti-Hu and anti-Yo antibodies are the most common markers, with the former being seen in SCLC and the latter in patients with gynecological tumors or breast cancer\(^4\).

SCLC can cause a variety of paraneoplastic syndromes. One of the most common paraneoplastic syndromes in patients with SCLC is anti-Hu peripheral neuropathy or encephalitis\(^5\)\(^6\). Anti-Hu is also known as type IIA neuronal antibodies and type I anti-
European nuclear antibodies, originally named Hu by Graus et al[7]. Anti-Hu antigen is expressed in the nucleus and cytoplasm of neuronal cells and cancerous cells[8,9]. In patients with positive anti-Hu antibodies, the most common clinical features are sensorimotor neuropathy, and typical electrophysiological features are predominantly sensory nerve conduction block with normal motor nerve conduction. Anti-Hu antibodies have also been reported to cause damage to the enteric nervous system (ENS), but its pathogenic role is unclear and is presumed to be related to activation of the immune system and promotion of immune cell infiltration into the ENS microenvironment[10]. There have also been cases of pupillary toxicity, suggesting that the anti-Hu antibodies associated with neuropathy may be heterogeneous[11]. Small-cell lung cancers tend to have multiple autoantibodies and can be recognized several years after the onset of the disease in some patients.

PNS in breast cancer are rare (1%), and the spectrum of syndromes includes subacute cerebellar degeneration, myoclonic ataxia, limbic encephalitis, and subacute sensory and motor neuropathies, most of the syndromes have a subacute and progressive course. However, the primary tumor is usually insidious, and neurological diseases usually precede the diagnosis of the tumor[12,13]. Anti-Yo antibody is the most common antibody involved in breast cancer, and paraneoplastic cerebellar degeneration (PCD) is the most common clinical presentation of anti-Yo-positive PNS. The final outcomes are better for patients with paraneoplastic syndrome than in those without paraneoplastic syndrome. Compared to other paraneoplastic antibodies, PCD associated with anti-Yo antibodies has a poorer prognosis[14,15].

Both anti-Hu and anti-Yo antibodies were detected in blood and cerebrospinal fluid in the present case, suggesting the coexistence of the two antibodies. Small-cell lung cancer was revealed on chest CT, but there was no imaging evidence of breast cancer metastasis at this time. Small-cell lung cancer is a tumor that is most likely to cause neurological paraneoplastic syndrome, and patients may present with two or more antibodies, but the incidence is low[16-20]. Considering the patient’s history of breast cancer, and the IIFT and BLOT both suggested positive anti-Yo antibodies with high
titers, the neurological paraneoplastic syndrome may occur earlier than solid tumors, the possibility of potential breast cancer in the patient is high and the prognosis is unknown.

CONCLUSION

Anti-Hu antibody is associated with SCLC. Anti-Yo antibody positivity is mostly observed in gynecological and breast tumors. As the neurological paraneoplastic syndrome often precedes the appearance of solid tumors, patients with a history of tumors might have recurrent tumors, and whole-body imaging and pathology should be completed to clarify whether the patient has recurrent tumors or new and different tumors. Therefore, clinicians should consider the possibility of two malignancies when these two paraneoplastic antibodies are both positive. Early diagnosis and treatment of PNS and the tumors can significantly improve the prognosis of patients.

REFERENCES


Figure Legends

Figure 1 Paraneoplastic antibodies. A, B: Paraneoplastic antibodies in cerebrospinal fluid on July 20, 2020 (Fluorescent picture, monkey cerebellum); C, D: Paraneoplastic antibodies in blood on July 20, 2020 (Fluorescent picture, monkey cerebellum).

Figure 2 Computed tomography findings on July 18, 2020. A-C: The bronchial lumen in the lower lobe of the right lung was unevenly narrowed, and irregular nodular shadow of about 4.6 cm × 3.6 cm was seen, and the superficial lobar sign was visible.

Figure 3 Bronchial biopsy pathology report on July 30, 2020. A, B: The bronchial biopsy pathology report showed small cell lung cancer.
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