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biomedcentral.co

JM Bjordal, RAB Lopes-Martins... - BMC ..., 2008 - biomedcentral.com

... criterion: Lacks sufficient patient numbers in placebo control group as only 3 patients had tendinopathy. ... 5–50 mW) were used to irradiate the tendon insertion at the lateral elbow using 2 ... some tendon animal studies and in other locations such as shoulder tendinopathies [72, 73]. ...

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D Stasinopoulos, K Stasinopoulou... - British journal of sports ..., 2005 - bjsm.bmj.com

... Lateral elbow tendinopathy (LET), commonly referred to as lateral epicondylitis and/or tennis elbow, is one ... Diagnosis is simple and can be confirmed by tests that reproduce the pain, such as palpation over the facet of the lateral epicondyle, resisted wrist extension ...

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Effectiveness of low-level laser therapy for lateral elbow tendinopathy

DI Stasinopoulos, MI Johnson - Photomedicine and Laser ..., 2005 - online.liebertpub.com

... Low-level laser therapy for tendinopathy. Evidence of a dose response pat- tern. Phys. Ther. Rev. ... 2013. Tendinopathies around the elbow part 1: lateral elbow tendinopathy. Shoulder & Elbow n/an/a. [CrossRef] 3. Richard E. Rodenberg, Eric Bowman, Reno Ravindran. 2013. ...

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Autologous blood versus corticosteroid local injection in the short-term treatment of lateral elbow tendinopathy: a randomized clinical trial of efficacy

M Kazemi, K Azma, B Tavana... - American Journal of ..., 2010 - journals.lww.com

... To stabilize the elbow, the patients were instructed to flex and pronate their affected elbows on a firm ... The needle was introduced proximal to the lateral epicondyle along the supracondylar ridge and moved forward to the undersurface of the extensor carpi radialis brevis. ...

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... Lacks sufficient patient numbers in placebo control group as only 3 patients had tendinopathy. ... in some tendon animal studies and in other locations such as shoulder tendinopathies [72, 73]. ... with 904 nm wavelength aimed at the tendon insertion at the lateral elbow is emerging ...

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[HTML] An exercise programme for the management of lateral elbow tendinopathy

D Stasinopoulos, K Stasinopoulou... - British journal of sports ..., 2005 - bjsm.bmj.com

... exercises section, this information is available for home exercise programmes based on other tendinopathies similar to ... programme three times per week for 4 weeks for the management of patellar tendinopathy with resulting ... Physiotherapy and tennis elbow/lateral epicondylitis. ...

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Effectiveness of low-level laser therapy for lateral elbow tendinopathy

DI Stasinopoulos, MI Johnson - Photomedicine and Laser ..., 2005 - online.liebertpub.com

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[图书] Brukner & Khan's clinical sports medicine

P Brukner - 2012 - softtissuetherapyonline.com

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... of low-level laser therapy for lateral elbow tendinopathy - Stasinopoulos - 被引用次数: 39

Physiotherapy management of lateral epicondylalgia - ScienceDirect

www.sciencedirect.com/science/article/pii/S1836955315000910 ▾ [翻译此页](#)

作者: LM Bisset - 2015 - [相关文章](#)

Tennis elbow;; Physiotherapy;; Lateral elbow;; Physical therapy ... The contemporary evidence for treatment efficacy and directions for future research are also A prevailing notion in tendinopathy management is to regard exercise and load ...

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跳到Eccentric exercises - There are three principles of eccentric exercises. ... The Flexbar® is an effective and beneficial eccentric exercise for patients with lateral epicondylitis. ... of true "evidence-based practice" in physical therapy.

Management of Lateral Elbow Tendinopathy: One Size Does Not Fit All

www.jospt.org/doi/pdfplus/10.2519/jospt.2015.5841 ▾ [翻译此页](#)

作者: BK Coombes - 2015 - 被引用次数: 3 - [相关文章](#)

In this article, we collate evidence and expert opinion on the ... ciated with a clinical diagnosis of lateral elbow tendinopathy. (LET), also known ... journal of orthopaedic & sports physical therapy | volume 45 |