Supplementary Table1 Results of exploratory factor analysis and common method bias test

	KMO	Barlett's test	Variance explained by a single factor (%)
MSPSS	0.84	672.78[a]	49.75
SDS	0.74	703.91[a]	28.64
SAS	0.83	757.83[a]	32.38
BIS-11	0.63	1179.29[a]	18.84
ROSI-addition	0.82	217.31[a]	48.85

[a]$P < 0.001$.

MSPSS: Multidimensional Scale of Perceived Social Support; SDS: Self-Rating Depression Scale; SAS: Self-Rating Anxiety Scale; BIS-11: Barratt Impulsiveness Scale; ROSI-addiction: Addiction subscale of the Revised Chinese Version of Ottawa Self-injury Inventory.