

## Supplementary material 1

### : Bowel Preparation Instructions

#### Moviprep

- **4 pm - First dose:** mix sachets A and B in 1L of water and stir until dissolved. Chill if preferred. Drink mixture slowly but completely. This should be followed by two glasses (250 ml per glass) of approved clear liquids.
- **8 pm- Second dose:** mix sachets A and B in 1L of water and stir until dissolved, divide into two jugs, each 500mls. Drink one glass every 15 minutes of one jug of moviprep until completed. Leave the other jug to drink tomorrow morning (See point below) Drink slowly. Slow down but persevere if you feel nauseous. This should be followed by two glasses of approved clear liquids.
- **4am on the day of procedure if morning list - Third dose:** Drink one glass every 15 minutes of the second jug of moviprep (See Point 2) until completed. Drink mixture slowly but completely. This should be followed by two glasses of clear liquids.

#### PrepKit-C

- **4 pm - First dose:** mix one sachet of Picoprep in a glass of water (approximately 250ml) and stir until dissolved. Chill if preferred. Drink mixture slowly but completely. This should be followed by two glasses (250ml per glass) of approved clear liquids.
- **8 pm- Second dose:** Make up Glycoprep C into 1 Litre of water. Drink one glass every 15 minutes until completed. Drink slowly. Slow down but persevere if you feel nauseous. This should be followed by two glasses of approved clear liquids.
- **4am on the day of procedure if morning list - Third dose:** mix one sachet of Picoprep in a glass of water (approximately 250ml) and stir until dissolved. Drink mixture slowly but completely. This should be followed by two glasses of clear liquids.

## Supplementary material 2: Tolerability question

1. Which bowel preparation did you use? (please tick one)

A

B

2. How much bowel preparation have you finished? (please tick)

0%

25%

50%

75%

100%

3. Were you passing clear liquid at the end of bowel preparation? (please tick)

Yes

No

4. Have you had a colonoscopy before?

Yes

No

5. If you have had a colonoscopy before, did you have difficulty finishing the bowel preparation?

Yes

No

6. What do you think about the bowel preparation (in score 0-5, where 0 is the worst and 5 is the best) – please circle the number

a. Taste?



0

1

2

3

4

5



b. How easy is it to drink the preparation?



0

1

2

3

4

5



c. Overall palatability



0

1

2

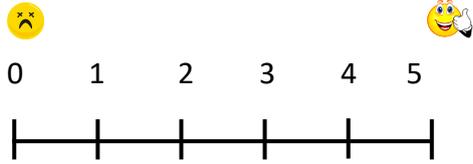
3

4

5

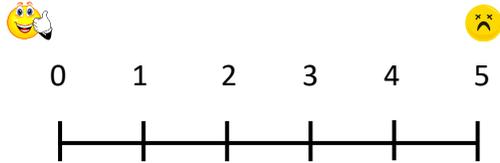


d. Is the amount of preparation tolerable/acceptable?

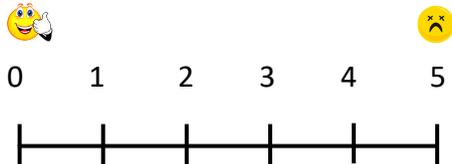


Did you have any of the following problems during bowel preparation: (s worst) – **please circle a number.**

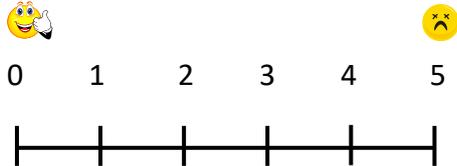
e. Abdominal discomfort



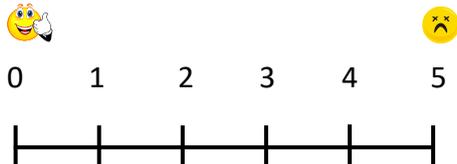
f. Abdominal pain



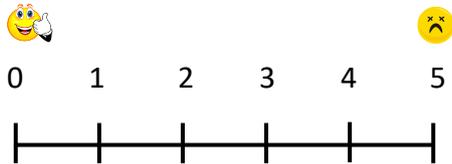
g. Nausea



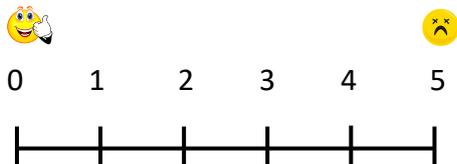
h. Vomiting



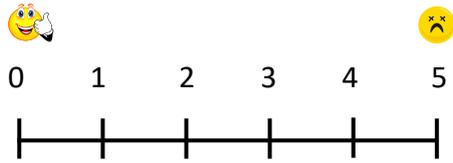
i. Abdominal distension



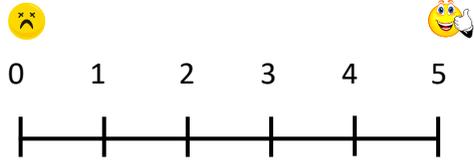
j. Dizziness



k. Shortness of Breath



l. Other pain (please specify where pain occurred)



m. Other problems (please specify) .

n. Would you use this bowel preparation again?

Yes

No

o. Would you use this bowel preparation again?

Yes

No