

Supplemental Table 1. Disease scoring table. The disease score is represented as the total number of points divided by the total points possible for the measures completed by the therapists.

Range of Motion			Hip Left Flexion			Spinal Decreased Passive ROM			Cervical- MF restrictions			Women ONLY		
Trunk Flexion	80	0	125	0	Sum of positives	0-1 positive vertebrae	0	None	0	Vaginal	none	0		
	60-79	1	94-124	1	for Cervial, Thoracic,	2-4 positive	1	1 area	1	Introitus	mild	1		
	40-59	2	63-93	2	Lumbar & Sacrum	5-10 postive	2	2-3 areas	2		moderate	2		
	39 or lower	3	62 or lower	3		11 or more positive	3	4 or more areas	3		severe	3		
Trunk Extension	25	0	Hip Left Extention			Sacral dysfunction			Thoracic/Lumbar/ Hip MF restrictions			Cervix		
	19-24	1	30	0	Negative	0	None	0	none	0	none	0		
	13-18	2	23-29	1	positive/ any dysfunction noted	1	1-2	1	dysfunction	1				
	12 or lower	3	15-22	2			3-4	2						
Trunk Left sidebending	45	0	14 or lower	3	Coccyx position/ mobility			Digestive System			Prostate			
	34-44	1	Hip Left Abduction			Normal			none			none		
	23-33	2	45	0	positive/ dysfunction	1	mild	1	**Sum of all organs	mild	1	dysfunction	1	
	22 or lower	3	34-44	1			mild	1	17 organs evaluated	moderate	2			
Trunk Right sidebeding	45	0	23-33	2	Cervical longitudinal glide			Urogential System						
	34-44	1	22 or lower	3	normal	0	moderate	2	**Sum of all organs	mild	1			
	23-33	2	Hip Left External Rotation			severe			19 organs women					
	22 or lower	3	60	0			19 organs men/hysterectomy	3	severe	3				
Trunk L rotation	45	0	45-59	1	Cervical decreased side glide			Pelvic floor-pubococcygeus						
	34-44	1	30-44	2	None	0	left or right (1-2 segments)	1	mild	1				
	23-33	2	20-29	2	left or right (1-2 segments)	1	Sum sections: upper/ lower/left/right	2	moderate	2				
	22 or lower	3	19 or lower	3	3 or 4 segments	2		3	severe	3				
Trunk R rotation	45	0	Hip Left Internal Rotation			Biomechanical hypomobility			Pelvic floor-ischicoccygeus					
	34-44	1	40	0	Left leg	0	External rotation	0	mild	1				
	23-33	2	30-39	1	Neutral	1	Internal rotation	2	moderate	2				
	22 or lower	3	20-29	2	Internal rotation	2		2	severe	3				
Trunk General Listening	Negative	0	19 or lower	3	Right leg			Pelvic floor-iliococcygeus						
	Positive (any)	1	Hip Left Single Leg Raise			External rotation			mild					
Cervical Flexion	60	0	90	0	External rotation	0	Neutral	1	moderate	2				
	45-59	1	68-89	1	Neutral	1	Internal rotation	2	severe	3				
	30-44	2	45-67	2	Internal rotation	2		2						
	29 or lower	3	44 or lower	3	Pelvis			Pelvic floor-obturator internus						
Cervical Extension	45	0	Hip Right Flexion			No dysfunction			none					
	34-44	1	125	0	No dysfunction	0	Any 1 positive	1	mild	1				
	23-33	2	94-124	1	Any 1 positive	1	Any 2 positive	2	moderate	2				
	22 or lower	3	63-93	2	Any 2 positive	2	3 or more positive	3	severe	3				
Cervical Left sidebending	45	0	62 or lower	3	Squish test			Pelvic ligament-sacrospinous						
	34-44	1	Hip Right Extention			Negative			none					
	23-33	2	30	0	positive/ any dysfunction noted	1		1	dysfunction	1				
	22 or lower	3	23-29	1			Slump test							
Cervical Right sidebending	45	0	15-22	2	Thomas hip flex			Negative						
	34-44	1	14 or lower	3	Negative	0	positive/ any dysfunction noted	1	positive/ any dysfunction noted	1				
	23-33	2	Hip Right Abductic			SLR			Negative					
	22 or lower	3	45	0	Negative	0	positive/ any dysfunction noted	1	positive/ any dysfunction noted	1				
Cervical Left Rotation	80	0	34-44	1	Cranial- dural tube mobility			Normal						
	60-79	1	23-33	2	Mild restriction	1		1	Mild restriction	1				
	39 or lower	3	23-33	2	Moderate restriction	2		2	Moderate restriction	2				
Cervical Right Rotation	80	0	22 or lower	3	Severe restriction	3		3	Severe restriction	3				
	60-79	1	Hip Right External Rotation			Cranial- osseous mobility			Normal					
	40-59	2	60	0	Normal	0		0	Mild restriction	1				
	39 or lower	3	45-59	1	Mild restriction	1		1	Moderate restriction	2				
			30-44	2	Moderate restriction	2		2	Severe restriction	3				
			29 or lower	3	Severe restriction	3		3						
			Hip Right Internal Rotation			Cranial- Mastoid			Negative					
			40	0	Negative	0	positive/ any dysfunction noted	1	positive/ any dysfunction noted	1				
			30-39	1										
			20-29	2										
			19 or lower	3										
			Hip Right Single Leg Raise			Cranial- Zygomatic arch			Negative					
			90	0	Negative	0	positive/ any dysfunction noted	1	positive/ any dysfunction noted	1				
			68-89	1										
			45-67	2										
			44 or lower	3										

Organ	Normal	Mild	Moderate	Severe
esophagus				
stomach (lesser curvature)				
duodenum D1				
duodenum D2				
duodenum D3				
duodenum D4				
small intestine				
mesenteric root				
cecum				
ascending colon				
hepatic flexure				
transverse colon				
spenic flexure				
descending colon				
sigmoid colon				
parietal peritoneum				
liver				
left kidney				
right kidney				
bladder				
left pubovesical ligament				
right pubovesical ligament				
left medial umbilical ligament				
right medial umbilical ligament				
urachus				
vesicouterine pouch				
Douglas' pouch				
uterus				
left round ligament				
right round ligament				
left broad ligament				
right broad ligament				
left ovary				
right ovary				
left fallopian tube				
right fallopian tube				