Supplemently Table 1 Individual-based *Helicobacter pylori* **infection status and risk factors**

| Variables | Total | Helicob | Infection | Crude | 95%CI | P |
|------------------------|-------|----------|-----------|---------|-----------|-------|
| | | acter | rate | odds | | value |
| | | pylori-I | | ratio | | |
| | | nfected1 | | | | |
| Gender | | | | | | |
| Female | 222 | 105 | 47.3 | Referer | nce | |
| Male | 297 | 139 | 46.8 | 0.96 | 0.67-1.38 | 0.829 |
| Age(years) | | | | | | |
| ≤18 | 55 | 14 | 25.5 | Referer | nce | |
| ≤ 39 | 171 | 79 | 46.2 | 2.54 | 1.25-5.17 | 0.010 |
| ≤ 59 | 157 | 77 | 49.0 | 2.82 | 1.38-5.77 | 0.004 |
| ≥ 60 | 136 | 74 | 54.4 | 3.47 | 1.67-7.24 | 0.001 |
| Body mass index | | | | | | |
| (kg/m^2) | | | | | | |
| < 18.5 | 51 | 15 | 29.4 | Referer | nce | |
| 18.5-23.9 | 283 | 132 | 46.6 | 2.09 | 1.06-4.12 | 0.034 |
| 24-27.9 | 150 | 76 | 50.7 | 2.42 | 1.17-4.97 | 0.017 |
| > 28 | 35 | 21 | 60.0 | 3.50 | 1.34-9.15 | 0.011 |
| Nationality | | | | | | |
| The Han nationality | 507 | 238 | 46.9 | Referer | nce | |
| Others | 12 | 6 | 50.0 | 1.27 | 0.34-4.79 | 0.721 |
| Marital status | | | | | | |
| Unmarried | 115 | 46 | 40.0 | Referer | nce | |
| Married | 404 | 198 | 49.0 | 1.41 | 0.91-2.21 | 0.127 |
| Education level | | | | | | |
| Junior high school and | | 65 | 47.1 | Referer | | |

| below | | | | | | | | |
|-----------|-----------------------|-------|------------|-----|------|---------|-----------|-------|
| High | school | or | 125 | 59 | 47.2 | 1.00 | 0.59-1.68 | 0.994 |
| technica | l school | | | | | | | |
| Junior co | ollege | | 125 | 59 | 47.2 | 1.07 | 0.64-1.80 | 0.790 |
| College | and above | | 131 | 61 | 46.6 | 1.01 | 0.60-1.68 | 0.975 |
| Occupat | ion | | | | | | | |
| Blue coll | lar | | 105 | 46 | 43.8 | Referen | ice | |
| White co | ollar | | 172 | 78 | 45.3 | 1.08 | 0.64-1.83 | 0.765 |
| Student | | | 52 | 14 | 26.9 | 0.48 | 0.22-1.02 | 0.057 |
| Unempl | oyed people | 9 | 190 | 106 | 55.8 | 1.62 | 0.96-2.71 | 0.069 |
| Family s | size | | | | | | | |
| 2 | | | 188 | 103 | 54.8 | Referen | ice | |
| 3 | | | 192 | 82 | 42.7 | 0.61 | 0.38-0.97 | 0.035 |
| Four and | d above | | 139 | 59 | 42.4 | 0.59 | 0.35-1.00 | 0.049 |
| Family s | tructure ² | | | | | | | |
| Couple's | sfamily | | 114 | 62 | 54.4 | Referen | ice | |
| Nuclear | family | | 87 | 35 | 40.2 | 0.56 | 0.29-1.07 | 0.081 |
| Immedia | ate family | | 112 | 51 | 45.5 | 0.70 | 0.38-1.28 | 0.243 |
| United S | States family | , | 71 | 34 | 47.9 | 0.75 | 0.37-1.53 | 0.433 |
| Others | | | 135 | 62 | 45.9 | 0.73 | 0.41-1.28 | 0.270 |
| Househo | old income (| renr | ninbi) | | | | | |
| < 10000 | | | 129 | 62 | 48.1 | Referen | ice | |
| 10000-30 | 0000 | | 150 | 78 | 52.0 | 1.16 | 0.69-1.95 | 0.569 |
| > 30000 | | | 240 | 104 | 43.3 | 0.84 | 0.52-1.35 | 0.466 |
| Annual 1 | household l | iving | g area (m² |) | | | | |
| ≤ 30 | | | 110 | 51 | 46.4 | Referen | ice | |
| 30-60 | | | 185 | 88 | 47.6 | 1.07 | 0.63-1.81 | 0.810 |
| | | | | | | | | |

| Household hygiene | | | | | | | | | |
|--|------------|-------------|------|---------|-----------|-------|--|--|--|
| Good | 355 | 164 | 46.2 | Referer | nce | | | | |
| Fair or poor | 164 | 80 | 48.8 | 1.10 | 0.73-1.66 | 0.644 | | | |
| Eating habits | | | | | | | | | |
| Individual dining | 68 | 32 | 47.1 | Referer | nce | | | | |
| Dish sharing | 323 | 150 | 46.4 | 0.95 | 0.53-1.68 | 0.846 | | | |
| Both of the above | 128 | 62 | 48.4 | 1.03 | 0.54-1.96 | 0.932 | | | |
| Washing water for table | ware | | | | | | | | |
| Flowing water | 496 | 229 | 46.2 | Referer | nce | | | | |
| Basin wash | 23 | 15 | 65.2 | 2.20 | 0.86-5.66 | 0.100 | | | |
| Using clean agents or detergent to clean tableware | | | | | | | | | |
| Often or occasionally | 428 | 196 | 45.8 | Referer | nce | | | | |
| Everyday | 91 | 48 | 52.7 | 1.32 | 0.80-2.17 | 0.277 | | | |
| Washing hands before r | neal and a | fter defeca | tion | | | | | | |
| Often or occasionally | 421 | 192 | 45.6 | Referer | nce | | | | |
| Every day | 98 | 52 | 53.1 | 1.38 | 0.86-2.22 | 0.180 | | | |
| Sharing drinking cup | | | | | | | | | |
| Rarely | 445 | 205 | 46.1 | Referer | nce | | | | |
| Frequently | 74 | 39 | 52.7 | 1.41 | 0.82-2.44 | 0.213 | | | |
| Sharing dental equipme | nt | | | | | | | | |
| Rarely | 502 | 238 | 47.4 | Referer | nce | | | | |
| Frequently | 17 | 6 | 35.3 | 0.67 | 0.23-1.93 | 0.451 | | | |
| Sharing towels | | | | | | | | | |
| Rarely | 488 | 228 | 46.7 | Referer | nce | | | | |
| Frequently | 31 | 16 | 51.6 | 1.42 | 0.64-3.15 | 0.382 | | | |
| Sharing tableware | | | | | | | | | |
| Rarely | 321 | 146 | 45.5 | Referer | nce | | | | |
| | | | | | | | | | |

| Source of drinking water | er | | | | | | | | |
|---|------|-----|------|---------|-----------|-------|--|--|--|
| Tap water | 248 | 120 | 48.4 | Referer | nce | | | | |
| Purified water | 271 | 124 | 45.8 | 0.89 | 0.61-1.31 | 0.569 | | | |
| Using a refrigerator at h | iome | | | | | | | | |
| No | 19 | 8 | 42.1 | Referer | nce | | | | |
| Yes | 500 | 236 | 47.2 | 1.22 | 0.45-3.3- | 0.694 | | | |
| Storage methods for leftover food | | | | | | | | | |
| Put it in the fridge | 419 | 196 | 46.8 | Referer | nce | | | | |
| Room temperature | 41 | 25 | 61.0 | 1.77 | 0.87-3.59 | 0.112 | | | |
| Throw away | 59 | 23 | 39.0 | 0.76 | 0.41-1.39 | 0.370 | | | |
| Smoking ³ | | | | | | | | | |
| No | 446 | 206 | 46.2 | Referer | nce | | | | |
| Yes | 73 | 38 | 52.1 | 1.25 | 0.74-2.11 | 0.398 | | | |
| Passive smoking ⁴ | | | | | | | | | |
| No | 380 | 179 | 47.1 | Referer | nce | | | | |
| Yes | 139 | 65 | 46.8 | 0.99 | 0.65-1.51 | 0.949 | | | |
| Drinking wine ⁵ | | | | | | | | | |
| Rarely | 349 | 161 | 46.1 | Referer | nce | | | | |
| Frequently | 170 | 83 | 48.8 | 1.14 | 0.77-1.68 | 0.523 | | | |
| Sports condition | | | | | | | | | |
| Ideal activities | 182 | 92 | 50.5 | Referer | nce | | | | |
| Insufficient exercise | 337 | 152 | 45.1 | 0.83 | 0.55-1.23 | 0.351 | | | |
| Sleep condition | | | | | | | | | |
| No insomnia | 412 | 186 | 45.1 | Referer | nce | | | | |
| Insomnia | 107 | 58 | 54.2 | 1.45 | 0.92-2.29 | 0.108 | | | |
| T (1 11 | | | | | | | | | |
| Eating fresh vegetables | | | | | | | | | |
| Eating fresh vegetables Often or occasionally | 139 | 72 | 51.8 | Referer | nce | | | | |

| Eating fresh fruits | | | | | | |
|-------------------------|-----|-----|------|-----------|-----------|-------|
| Often or occasionally | 223 | 109 | 48.9 | Referer | nce | |
| Every day | 296 | 135 | 45.6 | 0.85 | 0.58-1.24 | 0.392 |
| Eating fried food | | | | | | |
| Never | 195 | 99 | 50.8 | Referer | nce | |
| Occasionally | 260 | 118 | 45.4 | 0.77 | 0.52-1.16 | 0.214 |
| Every day or often | 64 | 27 | 42.2 | 0.73 | 0.40-1.35 | 0.314 |
| Eating pickled food | | | | | | |
| Never | 236 | 107 | 45.3 | Referer | nce | |
| Occasionally | 249 | 124 | 49.8 | 1.21 | 0.82-1.79 | 0.333 |
| Every day or often | 34 | 13 | 38.2 | 0.77 | 0.35-1.68 | 0.504 |
| Eating too hot food | | | | | | |
| Never | 222 | 97 | 43.7 | Reference | | |
| Occasionally | 228 | 105 | 46.1 | 1.10 | 0.74-1.64 | 0.640 |
| Every day or often | 69 | 42 | 60.9 | 1.88 | 1.05-3.39 | 0.035 |
| Eating quickly | | | | | | |
| Never | 198 | 88 | 44.4 | Referer | nce | |
| Occasionally | 181 | 82 | 45.3 | 1.04 | 0.67-1.61 | 0.865 |
| Every day or often | 140 | 74 | 52.9 | 1.39 | 0.87-2.21 | 0.171 |
| Eating spicy food | | | | | | |
| Never | 162 | 76 | 46.9 | Referer | nce | |
| Occasionally | 246 | 121 | 49.2 | 1.08 | 0.70-1.67 | 0.719 |
| Every day or often | 111 | 47 | 42.3 | 0.82 | 0.48-1.38 | 0.447 |
| Eating convenience food | ls | | | | | |
| Never | 251 | 125 | 49.8 | Referer | nce | |
| Occasionally | 227 | 104 | 45.8 | 0.86 | 0.59-1.28 | 0.462 |
| Every day or often | 41 | 15 | 36.6 | 0.64 | 0.31-1.33 | 0.231 |
| Eating nuts | | | | | | |

| Never | 229 | 123 | 53.7 | Reference | | |
|---|--|-------------------------------------|--|---|---|-------|
| Occasionally | 233 | 100 | 42.9 | 0.64 | 0.43-0.96 | 0.029 |
| Every day or often | 57 | 21 | 36.8 | 0.53 | 0.28-0.99 | 0.047 |
| Eating soy products | | | | | | |
| Occasionally or never | 438 | 210 | 47.95 | Referer | nce | |
| Every day or often | 175 | 81 | 46.29 | 0.86 | 0.57-1.29 | 0.455 |
| Drinking milk | | | | | | |
| Occasionally or never | 275 | 123 | 44.7 | Referer | nce | |
| Every day or often | 244 | 121 | 49.6 | 1.14 | 0.79-1.65 | 0.493 |
| Eating yogurt | | | | | | |
| Never | 131 | 61 | 46.6 | Referer | nce | |
| Occasionally | 222 | 108 | 48.6 | 1.07 | 0.67-1.70 | 0.770 |
| Every day or often | 166 | <i>7</i> 5 | 45.2 | 0.91 | 0.55-1.50 | 0.710 |
| Drinking raw water | | | | | | |
| No | 435 | 205 | 47.1 | Referer | nce | |
| | | | | | | |
| Yes | 84 | 39 | 46.4 | 0.99 | 0.60-1.65 | 0.979 |
| Yes Drinking coffee | 84 | 39 | 46.4 | 0.99 | 0.60-1.65 | 0.979 |
| | 381 | 39 186 | 48.8 | 0.99 Referen | | 0.979 |
| Drinking coffee | | | | | | 0.979 |
| Drinking coffee No | 381 | 186 | 48.8 | Referer | nce | |
| Drinking coffee No Yes | 381 | 186 | 48.8 | Referer | nce 0.51-1.19 | |
| Drinking coffee No Yes Drinking beverages | 381 138 | 186 58 | 48.8 42.0 | Referer | nce 0.51-1.19 | |
| Drinking coffee No Yes Drinking beverages No | 381 138 298 | 186 58 151 | 48.8 42.0 50.7 | Referer 0.78 Referer | nce 0.51-1.19 nce | 0.248 |
| Drinking coffee No Yes Drinking beverages No Yes | 381 138 298 | 186 58 151 | 48.8 42.0 50.7 | Referer 0.78 Referer | 0.51-1.19 nce 0.50-1.06 | 0.248 |
| Drinking coffee No Yes Drinking beverages No Yes Drinking tea | 381 138 298 221 | 186 58 151 93 | 48.8 42.0 50.7 42.1 | Referen 0.78 Referen 0.73 | 0.51-1.19 nce 0.50-1.06 | 0.248 |
| Drinking coffee No Yes Drinking beverages No Yes Drinking tea No | 381 138 298 221 | 186 58 151 93 | 48.8 42.0 50.7 42.1 | Referen 0.78 Referen 0.73 | nce 0.51-1.19 nce 0.50-1.06 | 0.248 |
| Drinking coffee No Yes Drinking beverages No Yes Drinking tea No Yes | 381 138 298 221 | 186 58 151 93 | 48.8 42.0 50.7 42.1 | Referen 0.78 Referen 0.73 | 0.51-1.19 nce 0.50-1.06 nce 0.96-2.04 | 0.248 |
| Drinking coffee No Yes Drinking beverages No Yes Drinking tea No Yes Eating leftover food | 381 138 298 221 226 293 | 186 58 151 93 96 148 | 48.8 42.0 50.7 42.1 42.5 50.5 | Referen 0.78 Referen 0.73 Referen 1.40 | 0.51-1.19 nce 0.50-1.06 nce 0.96-2.04 | 0.248 |

| Eating raw vegetables o | or cold dis | hes | | | | | | | | |
|-------------------------------------|-------------|----------|------|--------|-----------|-------|--|--|--|--|
| Never | 212 | 102 | 48.1 | Refere | nce | | | | | |
| Often or occasionally | 307 | 142 | 46.3 | 0.93 | 0.64-1.36 | 0.723 | | | | |
| Eating sashimi | | | | | | | | | | |
| No | 461 | 216 | 46.9 | Refere | nce | | | | | |
| Yes | 58 | 28 | 48.3 | 1.02 | 0.57-1.84 | 0.939 | | | | |
| Eating raw or partially cooked meat | | | | | | | | | | |
| No | 463 | 215 | 46.4 | Refere | nce | | | | | |
| Yes | 56 | 29 | 51.8 | 1.24 | 0.68-2.26 | 0.479 | | | | |
| Eating seafood | | | | | | | | | | |
| No | 269 | 132 | 49.1 | Refere | Reference | | | | | |
| Yes | 250 | 112 | 44.8 | 0.86 | 0.59-1.26 | 0.433 | | | | |
| Eating ginger and garli | С | | | | | | | | | |
| Never | 168 | 73 | 43.5 | Refere | nce | | | | | |
| Occasionally | 161 | 70 | 43.5 | 1.03 | 0.65-1.65 | 0.896 | | | | |
| Every day or often | 190 | 101 | 53.2 | 1.46 | 0.93-2.31 | 0.101 | | | | |
| Eating out at restaurant | ts | | | | | | | | | |
| Never | 204 | 103 | 50.5 | Refere | nce | | | | | |
| Occasionally | 228 | 99 | 43.4 | 0.77 | 0.51-1.17 | 0.224 | | | | |
| Every day or often | 87 | 42 | 48.3 | 0.94 | 0.55-1.62 | 0.833 | | | | |
| Eating regularly on tim | e | | | | | | | | | |
| Often or occasionally | 233 | 106 | 45.5 | Refere | nce | | | | | |
| Every day | 286 | 138 | 48.3 | 1.08 | 0.75-1.58 | 0.674 | | | | |
| Watching your phone of | or TV whil | e eating | | | | | | | | |
| Occasionally or never | 334 | 155 | 46.4 | Refere | nce | | | | | |
| Every day or often | 185 | 89 | 48.1 | 1.11 | 0.75-1.64 | 0.609 | | | | |
| Hypertension | | | | | | | | | | |
| No | 410 | 193 | 47.1 | Refere | nce | | | | | |

| Yes | 81 | 41 | 50.6 | 1.19 | 0.71-1.99 | 0.503 |
|---|--|---|--|--|---|----------------------------------|
| Unknown | 28 | 10 | 35.7 | 0.65 | 0.71-1.99 | 0.315 |
| Diabetes | 20 | 10 | 33.7 | 0.05 | 0.20-1.51 | 0.313 |
| | 450 | 011 | 46.0 | D. C | | |
| No | 450 | 211 | 46.9 | Refere | nce | |
| Yes | 32 | 19 | 59.4 | 1.57 | 0.73-3.42 | 0.251 |
| Unknown | 37 | 14 | 37.8 | 0.68 | 0.32-1.41 | 0.294 |
| Hyperlipidemia | | | | | | |
| No | 391 | 179 | 45.8 | Referen | nce | |
| Yes | 63 | 31 | 49.2 | 1.16 | 0.66-2.06 | 0.605 |
| Unknown | 65 | 34 | 52.3 | 1.22 | 0.69-2.14 | 0.497 |
| Coronary heart disease | | | | | | |
| No | 446 | 202 | 45.3 | Referen | nce | |
| Yes | 19 | 10 | 52.6 | 1.37 | 0.51-3.67 | 0.528 |
| Unknown | 54 | 32 | 59.3 | 1.76 | 0.95-3.26 | 0.071 |
| Iron deficiency anemia | | | | | | |
| non deficiency differing | | | | | | |
| No | 432 | 197 | 45.6 | Referer | nce | |
| • | 432 13 | 197 9 | 45.6 69.2 | Referen | nce 0.78-9.59 | 0.117 |
| No | | | | | | 0.117 0.411 |
| No Yes | 13 74 | 9 | 69.2 | 2.73 | 0.78-9.59 | |
| No Yes Unknown | 13 74 | 9 | 69.2 | 2.73 | 0.78-9.59 0.73-2.13 | |
| No Yes Unknown Nonalcoholic fatty liver | 13 74 | 9 38 | 69.2 51.4 | 2.73 1.25 | 0.78-9.59 0.73-2.13 | |
| No Yes Unknown Nonalcoholic fatty liver | 13 74 381 | 9 38 173 | 69.2 51.4 45.4 | 2.73 1.25 Referen | 0.78-9.59 0.73-2.13 | 0.411 |
| No Yes Unknown Nonalcoholic fatty liver No Yes | 13 74 381 60 | 9 38 173 27 | 69.2 51.4 45.4 45.0 | 2.73 1.25 Referen 1.02 | 0.78-9.59 0.73-2.13 nce 0.56-1.83 | 0.411 |
| No Yes Unknown Nonalcoholic fatty liver No Yes Unknown | 13 74 381 60 | 9 38 173 27 | 69.2 51.4 45.4 45.0 | 2.73 1.25 Referen 1.02 | 0.78-9.59 0.73-2.13 nce 0.56-1.83 0.88-2.52 | 0.411 |
| No Yes Unknown Nonalcoholic fatty liver No Yes Unknown Cholecystitis | 13 74 381 60 78 | 9 38 173 27 44 | 69.2 51.4 45.4 45.0 56.4 | 2.73 1.25 Referen 1.02 1.49 | 0.78-9.59 0.73-2.13 nce 0.56-1.83 0.88-2.52 | 0.411 |
| No Yes Unknown Nonalcoholic fatty liver No Yes Unknown Cholecystitis No | 13 74 381 60 78 | 9 38 173 27 44 | 69.2 51.4 45.4 45.0 56.4 | 2.73 1.25 Referen 1.02 1.49 Referen | 0.78-9.59 0.73-2.13 nce 0.56-1.83 0.88-2.52 | 0.411 0.958 0.142 |
| No Yes Unknown Nonalcoholic fatty liver No Yes Unknown Cholecystitis No Yes | 13 74 381 60 78 418 42 | 9 38 173 27 44 194 16 | 69.2 51.4 45.4 45.0 56.4 46.4 38.1 | 2.73 1.25 Referen 1.02 1.49 Referen 0.66 | 0.78-9.59 0.73-2.13 nce 0.56-1.83 0.88-2.52 | 0.411 0.958 0.142 0.233 |

| Yes | 28 | 16 | 57.1 | 1.63 | 0.72-3.68 | 0.242 |
|--------------------------|-------------------------|-----|------|-----------|------------|-------|
| Unknown | 57 | 32 | 56.1 | 1.57 | 0.86-2.85 | 0.143 |
| Dental caries | | | | | | |
| No | 358 | 164 | 45.8 | Referer | nce | |
| Yes | 98 | 48 | 49.0 | 1.11 | 0.68-1.81 | 0.687 |
| Unknown | 63 | 32 | 50.8 | 1.21 | 0.67-2.16 | 0.526 |
| Allergic asthma | | | | | | |
| No | 461 | 213 | 46.2 | Referen | nce | |
| Yes | 7 | 5 | 71.4 | 3.20 | 0.57-18.01 | 0.186 |
| Unknown | 51 | 26 | 51.0 | 1.19 | 0.63-2.23 | 0.593 |
| Allergic rhinitis | | | | | | |
| No | 415 | 194 | 46.7 | Reference | | |
| Yes | 55 | 25 | 45.5 | 1.00 | 0.55-1.83 | 0.997 |
| Unknown | 49 | 25 | 51.0 | 1.22 | 0.64-2.30 | 0.546 |
| Acid reflux | | | | | | |
| Never or rarely | 309 | 133 | 43.0 | Referer | nce | |
| Often or occasionally | 210 | 111 | 52.9 | 1.46 | 1.00-2.14 | 0.049 |
| Heartburn | | | | | | |
| Never or rarely | 380 | 172 | 45.3 | Referer | nce | |
| Often or occasionally | 139 | 72 | 51.8 | 1.27 | 0.84-1.93 | 0.257 |
| Nausea | | | | | | |
| Never or rarely | 391 | 173 | 44.2 | Referen | nce | |
| Often or occasionally | 128 | 71 | 55.5 | 1.51 | 0.98-2.31 | 0.062 |
| Epigastric pain | | | | | | |
| Never or rarely | 405 | 183 | 45.2 | Referer | nce | |
| Often or occasionally | 114 | 61 | 53.5 | 1.33 | 0.85-2.07 | 0.213 |
| Postprandial fullness di | · · · · C - · · · · · · | | | | | |
| | scomfort | | | | | |

| Often or occasionally | 170 | 85 | 50.0 | 1.13 | 0.76-1.68 | 0.542 | |
|-----------------------|-----|-----|------|-----------|-----------|-------|--|
| Early satiety | | | | | | | |
| Never or rarely | 417 | 197 | 47.2 | Reference | | | |
| Often or occasionally | 102 | 47 | 46.1 | 0.93 | 0.58-1.48 | 0.758 | |
| Hiccup | | | | | | | |
| Never or rarely | 389 | 179 | 46.0 | Referer | nce | | |
| Often or occasionally | 130 | 65 | 50.0 | 1.16 | 0.75-1.78 | 0.503 | |
| Anorexia | | | | | | | |
| Never or rarely | 385 | 173 | 44.9 | Referer | nce | | |
| Often or occasionally | 134 | 71 | 53.0 | 1.33 | 0.87-2.03 | 0.187 | |
| Constipation | | | | | | | |
| Never or rarely | 352 | 156 | 44.3 | Referer | Reference | | |
| Often or occasionally | 167 | 88 | 52.7 | 1.45 | 0.98-2.16 | 0.064 | |
| Diarrhea | | | | | | | |
| Never or rarely | 403 | 180 | 44.7 | Referer | nce | | |
| Often or occasionally | 116 | 64 | 55.2 | 1.51 | 0.97-2.36 | 0.069 | |
| Abdominal distension | | | | | | | |
| Never or rarely | 383 | 168 | 43.9 | Referer | nce | | |
| Often or occasionally | 136 | 76 | 55.9 | 1.56 | 1.03-2.38 | 0.037 | |
| Halitosis | | | | | | | |
| Never or rarely | 342 | 146 | 42.7 | Referer | nce | | |
| Often or occasionally | 177 | 98 | 55.4 | 1.72 | 1.16-2.55 | 0.007 | |
| Family history | | | | | | | |
| No | 462 | 213 | 46.1 | Referer | nce | | |
| Yes | 57 | 31 | 54.4 | 1.72 | 1.16-2.55 | 0.007 | |

P value was calculated by univariate logistic regression, P<0.05 indicates that infection risk increase/decrease significantly compared with the reference groups.

¹*H. pylori*-Infected: *Helicobacter pylori* (*H. pylori*)-infected individuals were infected in 2021.

²Family structure refers to the relationships between the family members who make up the family. The couple's family is composed of only two individuals: a husband and a wife. Nuclear family is a family composed of parents and unmarried children. Immediate family is a family consisting of two or more generations of married couples, with no more than one couple per generation and no intergenerational gap between them. United States family refers to a family in which any generation contains two or more couples. Others include single-parent families, intergenerational families, cohabiting families, homosexual families, and single families.

³Smoking is defined as participants smoking at least one cigarette per day for at least 1 month.

⁴Passive smoking is defined as non-smokers inhaling smoke exhaled by smokers for at least 15 minutes on at least 1 day in 1 week.

⁵Drinking wine is defined as ≥ 1 drinking per week for more than 6 months.

Supplemently Table 2 Individual-based *Helicobacter pylori* new infection status and risk factors

| Variables | Total | New | New | Crude | 95%CI | P |
|------------------------|----------------|----------|-----------|---------|------------|-------|
| | | Helicob | infection | odds | | value |
| | | acter | rate | ratio | | |
| | | pylori-i | | | | |
| | | nfected1 | | | | |
| Gender | | | | | | |
| Female | 100 | 18 | 18.0 | Referen | ce | |
| Male | 141 | 37 | 26.2 | 1.81 | 0.89-3.65 | 0.100 |
| Age(years) | | | | | | |
| ≤ 18 | 37 | 5 | 13.5 | Referen | ce | |
| ≤ 39 | 81 | 19 | 23.5 | 2.02 | 0.61-6.68 | 0.251 |
| ≤ 59 | 72 | 18 | 25.0 | 2.34 | 0.70-7.83 | 0.167 |
| ≥ 60 | 51 | 13 | 25.5 | 2.16 | 0.61-7.64 | 0.233 |
| Body mass index (kg/m | ²) | | | | | |
| < 18.5 | 33 | 3 | 9.1 | Referen | ce | |
| 18.5-23.9 | 129 | 30 | 23.3 | 3.07 | 0.79-11.92 | 0.105 |
| 24-27.9 | 67 | 18 | 26.9 | 4.21 | 1.01-17.58 | 0.048 |
| > 28 | 12 | 4 | 33.3 | 4.47 | 0.68-29.25 | 0.117 |
| Marital status | | | | | | |
| Unmarried | 62 | 11 | 17.7 | Referen | ce | |
| Married | 179 | 44 | 24.6 | 1.63 | 0.71-3.73 | 0.248 |
| Education level | | | | | | |
| Junior high school and | 65 | 16 | 24.6 | Referen | ce | |
| below | | | | | | |
| High school or | 56 | 14 | 25.0 | 1.16 | 0.45-2.97 | 0.757 |
| technical school | | | | | | |

| Junior college | 59 | 15 | 25.4 | 1.01 | 0.40-2.56 | 0.977 | |
|-------------------------------|------------|---------|------|---------|------------|-------|--|
| College and above | 61 | 10 | 16.4 | 0.59 | 0.22-1.60 | 0.295 | |
| Occupation | | | | | | | |
| Blue collar | 55 | 18 | 32.7 | Referer | ice | | |
| White collar | 78 | 15 | 19.2 | 0.48 | 0.19-1.20 | 0.116 | |
| Student | 34 | 4 | 11.8 | 0.28 | 0.07-1.04 | 0.057 | |
| Unemployed people | 74 | 18 | 24.3 | 0.73 | 0.30-1.79 | 0.494 | |
| Family size | | | | | | | |
| 2 | 79 | 14 | 17.7 | Referer | ice | | |
| 3 | 96 | 18 | 18.8 | 1.03 | 0.42-2.50 | 0.952 | |
| Four and above | 66 | 23 | 34.8 | 2.27 | 0.88-5.81 | 0.088 | |
| Family structure ² | | | | | | | |
| Couple's family | 48 | 5 | 10.4 | Referer | Reference | | |
| Nuclear family | 44 | 6 | 13.6 | 1.21 | 0.29-5.07 | 0.795 | |
| Immediate family | 47 | 12 | 25.5 | 2.62 | 0.71-9.71 | 0.149 | |
| United States family | 35 | 10 | 28.6 | 3.17 | 0.77-13.04 | 0.109 | |
| Others | 67 | 22 | 32.8 | 4.09 | 1.23-13.60 | 0.022 | |
| Household income (the | ousand yu | an) | | | | | |
| < 100 | 58 | 9 | 15.5 | Referer | nce | | |
| 100-300 | 64 | 19 | 29.7 | 2.06 | 0.75-5.66 | 0.158 | |
| > 300 | 119 | 27 | 22.7 | 1.32 | 0.51-3.40 | 0.567 | |
| Annual household livir | ng area (m | 1^2) | | | | | |
| ≤ 30 | 53 | 8 | 15.1 | Referer | nce | | |
| 30-60 | 87 | 18 | 20.7 | 1.53 | 0.54-4.34 | 0.422 | |
| ≥ 60 | 101 | 29 | 28.7 | 2.35 | 0.87-6.37 | 0.092 | |
| Household hygiene | | | | | | | |
| Good | 166 | 37 | 22.3 | Referer | nce | | |
| Fair or poor | 75 | 18 | 24.0 | 1.08 | 0.51-2.31 | 0.834 | |
| | | | | | | | |

| Eating habits | | | | | | | |
|---|-----------------------------|---|---|--------------------------------------|---|----------------|--|
| Individual dining | 29 | 5 | 17.2 | Referen | ce | | |
| Dish sharing | 150 | 40 | 26.7 | 1.94 | 0.59-6.38 | 0.277 | |
| Both of the above | 62 | 10 | 16.1 | 1.09 | 0.28-4.17 | 0.904 | |
| Using clean agents or de | tergent to | clean table | eware | | | | |
| Often or occasionally | 210 | 50 | 23.8 | Referen | ce | | |
| Everyday | 31 | 5 | 16.1 | 0.60 | 0.19-1.88 | 0.375 | |
| Washing hands before m | neal and a | fter defeca | tion | | | | |
| Often or occasionally | 201 | 47 | 23.4 | Referen | ce | | |
| Every day | 40 | 8 | 20.0 | 0.89 | 0.35-2.26 | 0.806 | |
| Sharing drinking cup | | | | | | | |
| Rarely | 215 | 49 | 22.8 | Referen | ce | | |
| Frequently | 26 | 6 | 23.1 | 0.70 | 0.21-2.35 | 0.562 | |
| Sharing dental equipment | | | | | | | |
| | | | | | | | |
| Rarely | 232 | 54 | 23.3 | Referen | ce | | |
| Rarely Frequently | 232 9 | 54 1 | 23.311.1 | Reference 0.27 | ce 0.03-2.89 | 0.275 | |
| ž | | | | | | 0.275 | |
| Frequently | | | | | 0.03-2.89 | 0.275 | |
| Frequently Sharing towels | 9 | 1 | 11.1 | 0.27 | 0.03-2.89 | 0.275 | |
| Frequently Sharing towels Rarely | 9 229 | 153 | 23.1 | 0.27 | 0.03-2.89 ce | | |
| Frequently Sharing towels Rarely Frequently | 9 229 | 153 | 23.1 | 0.27 | 0.03-2.89 ce 0.07-2.93 | | |
| Frequently Sharing towels Rarely Frequently Sharing tableware | 9 229 12 | 532 | 11.123.116.7 | 0.27 Reference 0.44 | 0.03-2.89 ce 0.07-2.93 | | |
| Frequently Sharing towels Rarely Frequently Sharing tableware Rarely | 9 229 12 156 85 | 53236 | 11.123.116.723.1 | 0.27 Reference 0.44 Reference | 0.03-2.89 ce 0.07-2.93 | 0.397 | |
| Frequently Sharing towels Rarely Frequently Sharing tableware Rarely Frequently | 9 229 12 156 85 | 53236 | 11.123.116.723.1 | 0.27 Reference 0.44 Reference | 0.03-2.89 ce 0.07-2.93 ce 0.45-1.98 | 0.397 | |
| Frequently Sharing towels Rarely Frequently Sharing tableware Rarely Frequently Source of drinking water | 9 229 12 156 85 | 15323619 | 11.123.116.723.122.4 | 0.27 Reference 0.44 Reference 0.95 | 0.03-2.89 ce 0.07-2.93 ce 0.45-1.98 | 0.397 | |
| Frequently Sharing towels Rarely Frequently Sharing tableware Rarely Frequently Source of drinking water Tap water | 9 229 12 156 85 r 114 127 | 1532361917 | 11.123.116.723.122.414.9 | 0.27 Reference 0.44 Reference 0.95 | 0.03-2.89 ce 0.07-2.93 ce 0.45-1.98 | 0.397 0.880 | |
| Frequently Sharing towels Rarely Frequently Sharing tableware Rarely Frequently Source of drinking water Tap water Purified water | 9 229 12 156 85 r 114 127 | 1532361917 | 11.123.116.723.122.414.9 | 0.27 Reference 0.44 Reference 0.95 | 0.03-2.89 ce 0.07-2.93 ce 0.45-1.98 ce 1.11-4.72 | 0.397 0.880 | |

| Storage methods for left | over food | | | | | |
|--|------------------------|---------------------|--|-------------------------------------|---|----------------|
| Put it in the fridge | 199 | 45 | 22.6 | Referen | ice | |
| Room temperature | 14 | 5 | 35.7 | 1.93 | 0.52-7.20 | 0.327 |
| Throw away | 28 | 5 | 17.9 | 0.88 | 0.27-2.86 | 0.830 |
| Smoking ³ | | | | | | |
| No | 212 | 52 | 24.5 | Reference | | |
| Yes | 29 | 3 | 10.3 | 0.36 | 0.10-1.35 | 0.129 |
| Passive smoking ⁴ | | | | | | |
| No | 174 | 43 | 24.7 | Referen | ice | |
| Yes | 67 | 12 | 17.9 | 0.71 | 0.32-1.56 | 0.388 |
| Drinking wine ⁵ | | | | | | |
| Rarely | 167 | 40 | 24.0 | Referen | ice | |
| Frequently | 74 | 15 | 20.3 | 0.71 | 0.32-1.56 | 0.388 |
| Sports condition | | | | | | |
| Ideal activities | 84 | 16 | 19.0 | Referen | ice | |
| | | | | | | |
| Insufficient exercise | 157 | 39 | 24.8 | 1.28 | 0.59-2.74 | 0.531 |
| Insufficient exercise Sleep condition | 157 | 39 | 24.8 | 1.28 | 0.59-2.74 | 0.531 |
| | 157 197 | 39 49 | 24.8 | 1.28 Referen | | 0.531 |
| Sleep condition | | | | | | 0.531 |
| Sleep condition No insomnia | 197 | 49 | 24.9 | Referen | ce | |
| Sleep condition No insomnia Insomnia | 197 | 49 | 24.9 | Referen | ce 0.17-1.26 | |
| Sleep condition No insomnia Insomnia Eating fresh vegetables | 197 44 | 49 6 | 24.9 13.6 | Referen 0.47 | ce 0.17-1.26 | |
| Sleep condition No insomnia Insomnia Eating fresh vegetables Often or occasionally | 197 44 56 | 49 6 17 | 24.9 13.6 30.4 | Referen 0.47 Referen | oce 0.17-1.26 oce | 0.133 |
| Sleep condition No insomnia Insomnia Eating fresh vegetables Often or occasionally Every day | 197 44 56 | 49 6 17 | 24.9 13.6 30.4 | Referen 0.47 Referen | 0.17-1.26 ce 0.28-1.32 | 0.133 |
| Sleep condition No insomnia Insomnia Eating fresh vegetables Often or occasionally Every day Eating fresh fruits | 197 44 56 185 | 49 6 17 38 | 24.9 13.6 30.4 20.5 | Referen 0.47 Referen 0.61 | 0.17-1.26 ce 0.28-1.32 | 0.133 |
| Sleep condition No insomnia Insomnia Eating fresh vegetables Often or occasionally Every day Eating fresh fruits Often or occasionally | 197 44 56 185 | 49 6 17 38 | 24.913.630.420.527.1 | Referen 0.47 Referen 0.61 Referen | 0.17-1.26 ce 0.28-1.32 | 0.133 0.207 |
| Sleep condition No insomnia Insomnia Eating fresh vegetables Often or occasionally Every day Eating fresh fruits Often or occasionally Every day | 197 44 56 185 | 49 6 17 38 | 24.913.630.420.527.1 | Referen 0.47 Referen 0.61 Referen | 0.17-1.26 oce 0.28-1.32 oce 0.32-1.29 | 0.133 0.207 |

| Every day or often | 32 | 9 | 28.1 | 1.44 | 0.50-4.14 | 0.498 |
|---|--|---|--|--|--|-------------------------|
| Eating pickled food | | | | | | |
| Never | 113 | 25 | 22.1 | Referen | ce | |
| Occasionally | 110 | 23 | 20.9 | 0.90 | 0.44-1.86 | 0.777 |
| Every day or often | 18 | 7 | 38.9 | 2.02 | 0.60-6.79 | 0.256 |
| Eating too hot food | | | | | | |
| Never | 109 | 25 | 22.9 | Referen | ce | |
| Occasionally | 108 | 26 | 24.1 | 1.06 | 0.52-2.16 | 0.874 |
| Every day or often | 24 | 4 | 16.7 | 0.75 | 0.21-2.72 | 0.659 |
| Eating quickly | | | | | | |
| Never | 97 | 22 | 22.7 | Referen | ce | |
| Occasionally | 89 | 20 | 22.5 | 1.00 | 0.46-2.17 | 0.993 |
| Every day or often | 55 | 13 | 23.6 | 1.09 | 0.45-2.60 | 0.854 |
| Eating spicy food | | | | | | |
| | | | | | | |
| Never | 77 | 23 | 29.9 | Referen | ice | |
| Never Occasionally | 77 108 | 2320 | 29.9 18.5 | Referen | 0.24-1.18 | 0.119 |
| | | | | | | 0.119 0.388 |
| Occasionally | 108 56 | 20 | 18.5 | 0.53 | 0.24-1.18 | |
| Occasionally Every day or often | 108 56 | 20 | 18.5 | 0.53 | 0.24-1.18 0.27-1.67 | |
| Occasionally Every day or often Eating convenience food | 108 56 ds | 20 12 | 18.5 21.4 | 0.53 0.67 | 0.24-1.18 0.27-1.67 | |
| Occasionally Every day or often Eating convenience food Never | 108 56 ds 109 | 201225 | 18.5 21.4 22.9 | 0.53 0.67 Referen | 0.24-1.18 0.27-1.67 | 0.388 |
| Occasionally Every day or often Eating convenience food Never Occasionally | 108 56 ds 109 107 | 20122522 | 18.5 21.4 22.9 20.6 | 0.53 0.67 Referen 0.88 | 0.24-1.18 0.27-1.67 ace 0.42-1.84 | 0.388 |
| Occasionally Every day or often Eating convenience food Never Occasionally Every day or often | 108 56 ds 109 107 | 20122522 | 18.5 21.4 22.9 20.6 | 0.53 0.67 Referen 0.88 | 0.24-1.18 0.27-1.67 ace 0.42-1.84 0.53-4.73 | 0.388 |
| Occasionally Every day or often Eating convenience food Never Occasionally Every day or often Eating nuts | 108 56 ds 109 107 25 | 201225228 | 18.5 21.4 22.9 20.6 32.0 | 0.53 0.67 Referen 0.88 1.58 | 0.24-1.18 0.27-1.67 ace 0.42-1.84 0.53-4.73 | 0.388 |
| Occasionally Every day or often Eating convenience food Never Occasionally Every day or often Eating nuts Never | 108 56 ds 109 107 25 | 20122522823 | 18.5 21.4 22.9 20.6 32.0 | 0.53 0.67 Referen 0.88 1.58 | 0.24-1.18 0.27-1.67 ace 0.42-1.84 0.53-4.73 | 0.388 0.728 0.411 |
| Occasionally Every day or often Eating convenience food Never Occasionally Every day or often Eating nuts Never Occasionally | 108 56 ds 109 107 25 87 121 | 20 12 25 22 8 23 28 | 18.5 21.4 22.9 20.6 32.0 26.4 23.1 | 0.53 0.67 Referen 0.88 1.58 Referen 0.84 | 0.24-1.18 0.27-1.67 ce 0.42-1.84 0.53-4.73 | 0.388 0.728 0.411 |
| Occasionally Every day or often Eating convenience food Never Occasionally Every day or often Eating nuts Never Occasionally Every day or often | 108 56 ds 109 107 25 87 121 | 20 12 25 22 8 23 28 | 18.5 21.4 22.9 20.6 32.0 26.4 23.1 | 0.53 0.67 Referen 0.88 1.58 Referen 0.84 | 0.24-1.18 0.27-1.67 ace 0.42-1.84 0.53-4.73 ace 0.40-1.75 0.12-1.43 | 0.388 0.728 0.411 |

| Drinking milk | | | | | | |
|--|--|---|--|-------------------------------------|------------------------------|----------------|
| Occasionally or never | 132 | 32 | 24.2 | Referen | ce | |
| Every day or often | 109 | 23 | 21.1 | 0.74 | 0.37-1.48 | 0.386 |
| Eating yogurt | | | | | | |
| Never | 62 | 11 | 17.7 | Referen | ce | |
| Occasionally | 96 | 26 | 27.1 | 1.80 | 0.74-4.39 | 0.194 |
| Every day or often | 83 | 18 | 21.7 | 1.10 | 0.43-2.83 | 0.845 |
| Drinking raw water | | | | | | |
| No | 200 | 48 | 24.0 | Referen | ce | |
| Yes | 41 | 7 | 17.1 | 0.59 | 0.22-1.58 | 0.289 |
| Drinking coffee | | | | | | |
| No | 171 | 35 | 20.5 | Referen | ce | |
| Yes | 70 | 20 | 28.6 | 1.37 | 0.65-2.86 | 0.403 |
| Drinking beverages | | | | | | |
| No | 130 | 36 | 27.7 | Referen | ce | |
| | | | | | | |
| Yes | 111 | 19 | 17.1 | 0.50 | 0.25-1.03 | 0.061 |
| Yes Drinking tea | 111 | 19 | 17.1 | 0.50 | 0.25-1.03 | 0.061 |
| | 111118 | 19 31 | 17.1 26.3 | 0.50 Referen | | 0.061 |
| Drinking tea | | | | | | 0.061 |
| Drinking tea | 118 | 31 | 26.3 | Referen | ce | |
| Drinking tea No Yes | 118 | 31 | 26.3 | Referen | oce 0.33-1.31 | |
| Drinking tea No Yes Eating leftover food | 118 123 | 31 24 | 26.3 19.5 | Referen 0.65 | oce 0.33-1.31 | |
| Drinking tea No Yes Eating leftover food Never | 118 123 95 146 | 31242134 | 26.319.522.1 | Referen 0.65 Referen | 0.33-1.31 cce | 0.226 |
| Drinking tea No Yes Eating leftover food Never Often or occasionally | 118 123 95 146 | 31242134 | 26.319.522.1 | Referen 0.65 Referen | 0.33-1.31 ce 0.57-2.33 | 0.226 |
| Drinking tea No Yes Eating leftover food Never Often or occasionally Eating raw vegetables of | 118 123 95 146 r cold disl | 31 24 21 34 hes | 26.319.522.123.3 | Referen 0.65 Referen 1.16 | 0.33-1.31 ce 0.57-2.33 | 0.226 |
| Drinking tea No Yes Eating leftover food Never Often or occasionally Eating raw vegetables of Never | 118 123 95 146 r cold disl | 31 24 21 34 hes 23 | 26.319.522.123.324.5 | Referen 0.65 Referen 1.16 Referen | 0.33-1.31 ce 0.57-2.33 | 0.226 0.683 |
| Drinking tea No Yes Eating leftover food Never Often or occasionally Eating raw vegetables of Never Often or occasionally | 118 123 95 146 r cold disl | 31 24 21 34 hes 23 | 26.319.522.123.324.5 | Referen 0.65 Referen 1.16 Referen | 0.33-1.31 ce 0.57-2.33 | 0.226 0.683 |

| Eating raw or partially o | ooked me | eat | | | | |
|---------------------------|----------|----------|------|-----------|-----------|-------|
| No | 221 | 50 | 22.6 | Referen | ce | |
| Yes | 20 | 5 | 25.0 | 1.21 | 0.36-4.07 | 0.756 |
| Eating seafood | | | | | | |
| No | 121 | 29 | 24.0 | Referen | ce | |
| Yes | 120 | 26 | 21.7 | 0.97 | 0.49-19.4 | 0.929 |
| Eating ginger and garlic | | | | | | |
| Never | 83 | 23 | 27.7 | Referen | ce | |
| Occasionally | 83 | 20 | 24.1 | 0.83 | 0.37-1.83 | 0.635 |
| Every day or often | 75 | 12 | 16.0 | 0.50 | 0.20-1.23 | 0.131 |
| Eating out at restaurants | 5 | | | | | |
| Never | 90 | 26 | 28.9 | Reference | | |
| Occasionally | 113 | 20 | 17.7 | 0.49 | 0.22-1.06 | 0.069 |
| Every day or often | 38 | 9 | 23.7 | 0.75 | 0.28-2.05 | 0.576 |
| Eating regularly on time | ! | | | | | |
| Often or occasionally | 110 | 32 | 29.1 | Referen | ce | |
| Every day | 131 | 23 | 17.6 | 0.49 | 0.25-0.97 | 0.041 |
| Watching your phone or | TV while | e eating | | | | |
| Occasionally or never | 155 | 35 | 22.6 | Referen | ce | |
| Every day or often | 86 | 20 | 23.3 | 0.93 | 0.45-1.89 | 0.830 |
| Hypertension | | | | | | |
| No | 190 | 42 | 22.1 | Referen | ce | |
| Yes | 35 | 11 | 31.4 | 1.57 | 0.63-3.93 | 0.334 |
| Unknown | 16 | 2 | 12.5 | 0.49 | 0.09-2.57 | 0.398 |
| Diabetes | | | | | | |
| No | 210 | 48 | 22.9 | Referen | ce | |
| | | | | | | 0.447 |
| Yes | 11 | 3 | 27.3 | 1.47 | 0.32-6.67 | 0.617 |

| Hyperlipidemia | | | | | | |
|--------------------------|-----|----|------|---------|-----------|-------|
| No | 184 | 42 | 22.8 | Referen | ce | |
| Yes | 29 | 8 | 27.6 | 1.32 | 0.49-3.58 | 0.582 |
| Unknown | 28 | 5 | 17.9 | 0.75 | 0.24-2.39 | 0.628 |
| Coronary heart disease | | | | | | |
| No | 215 | 50 | 23.3 | Referen | ce | |
| Yes | 7 | 2 | 28.6 | 1.26 | 0.19-8.46 | 0.813 |
| Unknown | 19 | 3 | 15.8 | 0.64 | 0.16-2.62 | 0.531 |
| Nonalcoholic fatty liver | | | | | | |
| No | 181 | 43 | 23.8 | Referen | ce | |
| Yes | 28 | 8 | 28.6 | 1.54 | 0.56-4.25 | 0.399 |
| Unknown | 32 | 4 | 12.5 | 0.50 | 0.15-1.68 | 0.263 |
| Cholecystitis | | | | | | |
| No | 195 | 44 | 22.6 | Referen | ce | |
| Yes | 24 | 8 | 33.3 | 1.86 | 0.65-5.29 | 0.246 |
| Unknown | 22 | 3 | 13.6 | 0.48 | 0.12-1.92 | 0.297 |
| Cholecystolithiasis | | | | | | |
| No | 207 | 49 | 23.7 | Referen | ce | |
| Yes | 12 | 4 | 33.3 | 1.68 | 0.41-6.96 | 0.471 |
| Unknown | 22 | 2 | 9.1 | 0.29 | 0.06-1.43 | 0.128 |
| Dental caries | | | | | | |
| No | 172 | 42 | 24.4 | Referen | ce | |
| Yes | 41 | 7 | 17.1 | 0.70 | 0.26-1.86 | 0.470 |
| Unknown | 28 | 6 | 21.4 | 0.83 | 0.28-2.50 | 0.745 |
| Allergic rhinitis | | | | | | |
| No | 197 | 48 | 24.4 | Referen | ce | |
| Yes | 23 | 5 | 21.7 | 0.93 | 0.29-3.01 | 0.906 |
| Unknown | 21 | 2 | 9.5 | 0.35 | 0.07-1.71 | 0.193 |

| Acid reflux | | | | | | |
|--------------------------|----------|----|------|---------|-----------|-------|
| Never or rarely | 157 | 30 | 19.1 | Referen | ice | |
| Often or occasionally | 84 | 25 | 29.8 | 1.82 | 0.89-3.72 | 0.099 |
| Heartburn | | | | | | |
| Never or rarely | 183 | 33 | 18.0 | Referen | ice | |
| Often or occasionally | 58 | 22 | 37.9 | 2.86 | 1.35-6.08 | 0.006 |
| Nausea | | | | | | |
| Never or rarely | 192 | 38 | 19.8 | Referen | ice | |
| Often or occasionally | 49 | 17 | 34.7 | 2.11 | 0.96-4.61 | 0.062 |
| Epigastric pain | | | | | | |
| Never or rarely | 195 | 44 | 22.6 | Referen | ice | |
| Often or occasionally | 46 | 11 | 23.9 | 1.07 | 0.46-2.49 | 0.879 |
| Postprandial fullness di | scomfort | | | | | |
| Never or rarely | 167 | 38 | 22.8 | Referen | ice | |
| Often or occasionally | 74 | 17 | 23.0 | 1.06 | 0.51-2.20 | 0.869 |
| Early satiety | | | | | | |
| Never or rarely | 194 | 47 | 24.2 | Referen | ice | |
| Often or occasionally | 47 | 8 | 17.0 | 0.69 | 0.28-1.72 | 0.430 |
| Hiccup | | | | | | |
| Never or rarely | 185 | 40 | 21.6 | Referen | ice | |
| Often or occasionally | 56 | 15 | 26.8 | 1.39 | 0.64-3.04 | 0.402 |
| Anorexia | | | | | | |
| Never or rarely | 188 | 47 | 25.0 | Referen | ice | |
| Often or occasionally | 53 | 8 | 15.1 | 0.60 | 0.24-1.47 | 0.262 |
| Constipation | | | | | | |
| Never or rarely | 172 | 39 | 22.7 | Referen | ice | |
| Often or occasionally | 69 | 16 | 23.2 | 1.04 | 0.49-2.20 | 0.913 |
| Diarrhea | | | | | | |

| Never or rarely | 197 | 44 | 22.3 | Reference | | |
|-----------------------|-----|----|------|-----------|-----------|-------|
| Often or occasionally | 44 | 11 | 25.0 | 1.26 | 0.53-2.96 | 0.600 |
| Abdominal distension | | | | | | |
| Never or rarely | 189 | 41 | 21.7 | Reference | | |
| Often or occasionally | 52 | 14 | 26.9 | 1.56 | 0.70-3.47 | 0.275 |
| Halitosis | | | | | | |
| Never or rarely | 168 | 41 | 24.4 | Reference | | |
| Often or occasionally | 73 | 14 | 19.2 | 0.76 | 0.36-1.63 | 0.482 |
| Family history | | | | | | |
| No | 217 | 52 | 24.0 | Referen | ce | |
| Yes | 24 | 3 | 12.5 | 0.40 | 0.10-1.58 | 0.189 |

P value was calculated by univariate logistic regression, P < 0.05 indicates that infection risk increase/decrease significantly compared with the reference groups.

¹New *H. pylori*-infected: New *Helicobacter pylori* (*H. pylori*)-infected individuals were not infected in 2021 but were infected in 2023.

²Family structure refers to the relationships between the family members who make up the family. The couple's family is composed of only two individuals: A husband and a wife. Nuclear family is a family composed of parents and unmarried children. Immediate family is a family consisting of two or more generations of married couples, with no more than one couple per generation and no intergenerational gap between them. United States family refers to a family in which any generation contains two or more couples. Others include single-parent families, intergenerational families, cohabiting families, homosexual families, and single families.

³Smoking is defined as participants smoking at least one cigarette per day for at least 1 month.

⁴Passive smoking is defined as non-smokers inhaling smoke exhaled by smokers for at least 15 minutes on at least 1 day in 1 week.

 5 Drinking wine is defined as ≥ 1 drinking per week for more than 6 months.