

Supplementary Table 1 Responses to Each Item of the MMAS-8 Scale (n = 102)

Item	Question	Response	n (%)
1	Do you sometimes forget to take your medication?	Yes	40 (39.2%)
		No	62 (60.8%)
2	Over the past two weeks, how many days did you forget to take your medication?	0 days	51 (50.0%)
		<1 day	16 (15.7%)
		1–2 days	28 (27.5%)
		3–4 days	4 (3.9%)
		5–6 days	3 (2.9%)
		Every day	0 (0%)
3	When you go out, do you sometimes forget to bring your medication?	Yes	43 (42.2%)
		No	59 (57.8%)
4	Did you take your medication yesterday?	Yes	77 (75.5%)
		No	25 (24.5%)
5	Do you sometimes stop taking your medication when you feel your symptoms improve?	Yes	36 (35.3%)
		No	66 (64.7%)
6	Do you sometimes stop taking your medication when you feel your symptoms get worse?	Yes	22 (21.6%)
		No	80 (78.4%)
7	Do you find it difficult to adhere to a long-term treatment plan?	Yes	55 (53.9%)

		No	47 (46.1%)
8	In the past two weeks, did you stop taking your medication because of side effects?	Yes	32 (31.4%)
		No	70 (68.6%)

Note: MMAS-8 = 8-item Morisky Medication Adherence Scale.