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**Effects of cereal fiber on bowel function: Intervention trials systematically reviewed**

de Vries J *et al.* Cereal fiber and bowel function

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AC Ford, NJ Talley, BMR Spiegel, AE Foxx-Orenstein... - Bmj, 2008 - bmj.com

... The efficacy of peppermint oil may arise from **effects** on smooth muscle, again reducing colonic ... its calcium channel blocking activity.14 We were unable to examine the **effect** of different ... Hungin APS, Whorwell PJ, Tack J, Mearin F. The prevalence, patterns and **impact** of irritable ...

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CS Fuchs, EL Giovannucci, GA Colditz... - ... England Journal of ..., 1999 - Mass Medical Soc

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A Schatzkin, E Lanza, D Corle, P Lance... - ... England Journal of ..., 2000 - Mass Medical Soc

... 36. Liu S, Stampfer MJ, Hu FB, et al. Whole-grain consumption and risk of coronary heart disease: **results** from the Nurses' Health Study. ... (2012) Long-term **effect** of resistant starch ... (2012) Chemopreventive **effects** of in vitro digested and fermented bread in human colon cells. ...

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