

Supplementary material 1: PATIENT'S PERSPECTIVE

I had a pain in my right buttock, kind of like a deep ache. It would even travel down the back of my thigh. This whole thing started way back when I was just a teenager, and for no reason I could figure out. Back then, I was on and off medications that made me better for a while. The pain itself got worse the more I walked, but it chilled out whenever I rested or sat for a long time.

I went to a bunch of different clinics but nothing really worked. Finally, my orthopaedic doctor sent me to a rehab center. I did this whole program for almost two months; with exercises I could do at home too. In the end, the pain barely even bothered me anymore, and I felt way better overall.

Supplementary material 2: Case report figures

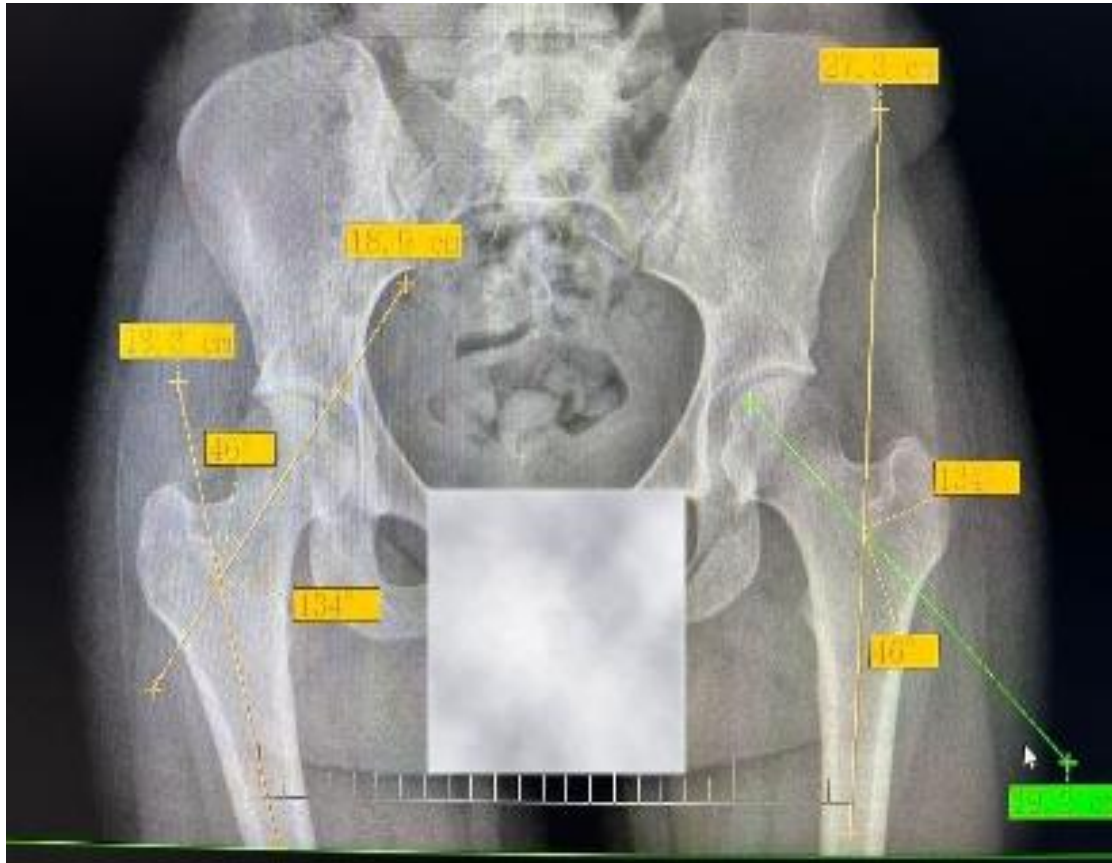


Figure 1: Valgus alignment with femoral neck-shaft angles.



Figure 2: Reduction of ischiofemoral space (IFS).

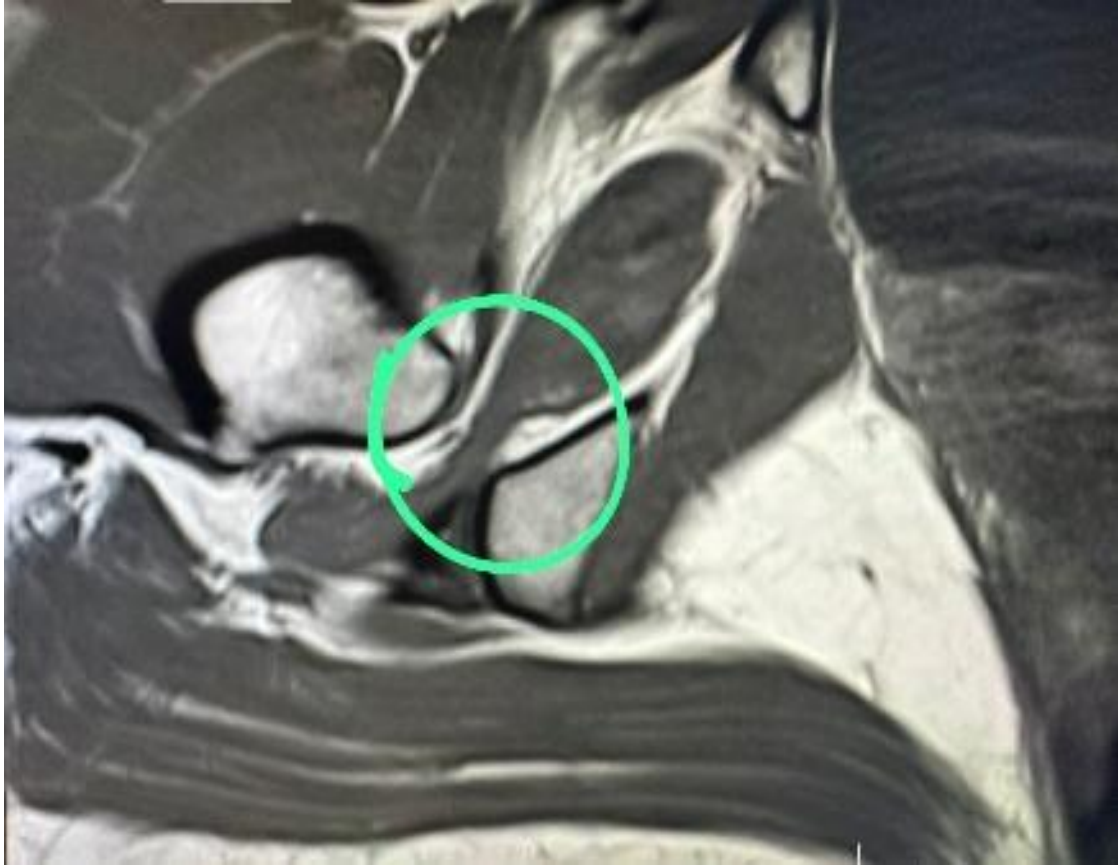


Figure 3: Quadrates femoris muscular edema.