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#### **ABOUT COVER**

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#### **AIMS AND SCOPE**

The primary aim of World Journal of Gastrointestinal Oncology (WJGO, World J Gastrointest Oncol) is to provide scholars and readers from various fields of gastrointestinal oncology with a platform to publish high-quality basic and clinical research articles and communicate their research findings online.

WJGO mainly publishes articles reporting research results and findings obtained in the field of gastrointestinal oncology and covering a wide range of topics including liver cell adenoma, gastric neoplasms, appendiceal neoplasms, biliary tract neoplasms, hepatocellular carcinoma, pancreatic carcinoma, cecal neoplasms, colonic neoplasms, colorectal neoplasms, duodenal neoplasms, esophageal neoplasms, gallbladder neoplasms, etc.

#### **INDEXING/ABSTRACTING**

The WJGO is now abstracted and indexed in PubMed, PubMed Central, Science Citation Index Expanded (SCIE, also known as SciSearch®), Journal Citation Reports/Science Edition, Scopus, Reference Citation Analysis, China Science and Technology Journal Database, and Superstar Journals Database. The 2024 edition of Journal Citation Reports<sup>®</sup> cites the 2023 journal impact factor (JIF) for WJGO as 2.5; JIF without journal self cites: 2.5; 5-year JIF: 2.8; JIF Rank: 71/143 in gastroenterology and hepatology; JIF Quartile: Q2; and 5-year JIF Quartile: Q2. The WJGO's CiteScore for 2023 is 4.2 and Scopus CiteScore rank 2023: Gastroenterology is 80/167; Oncology is 196/404.

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**Basic Study** 

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ORIGINAL ARTICLE

## Weiwei Decoction alleviates gastric intestinal metaplasia through the olfactomedin 4/nucleotide-binding oligomerization domain 1/caudaltype homeobox gene 2 signaling pathway

Di-Shu Zhou, Wei-Jian Zhang, Shu-Ya Song, Xin-Xin Hong, Wei-Qin Yang, Juan-Juan Li, Jian-Qu Xu, Jian-Yuan Kang, Tian-Tian Cai, Yi-Fei Xu, Shao-Ju Guo, Hua-Feng Pan, Hai-Wen Li

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#### Abstract

#### BACKGROUND

Gastric intestinal metaplasia (IM) is a precancerous lesion that is associated with an elevated risk of gastric carcinogenesis. Weiwei Decoction (WWD) is a promising traditional Chinese herbal formula widely employed in clinical for treating IM. Previous studies suggested the potential involvement of the olfactomedin 4 (OLFM4)/nucleotide-binding oligomerization domain 1 (NOD1)/caudal-type homeobox gene 2 (CDX2) signaling pathway in IM regulation.

#### AIM

To verify the regulation of the OLFM4/NOD1/CDX2 pathway in IM, specifically investigating WWD's effectiveness on IM through this pathway.

#### METHODS

Immunohistochemistry for OLFM4, NOD1, and CDX2 was conducted on tissue microarray. GES-1 cells treated with chenodeoxycholic acid were utilized as IM cell models. OLFM4 short hairpin RNA (shRNA), NOD1 shRNA, and OLFM4



pcDNA were transfected to clarify the pathway regulatory relationships. Protein interactions were validated by coimmunoprecipitation. To explore WWD's pharmacological actions, IM rat models were induced using N-methyl-N'-nitro-N-nitrosoguanidine followed by WWD gavage. Gastric cells were treated with WWD-medicated serum. Cytokines and chemokines content were assessed by enzyme-linked immunosorbent assay and quantitative reverse transcription polymerase chain reaction.

#### RESULTS

The OLFM4/NOD1/CDX2 axis was a characteristic of IM. OLFM4 exhibited direct binding and subsequent downregulation of NOD1, thereby sustaining the activation of CDX2 and promoting the progression of IM. WWD improved gastric mucosal histological lesions while suppressing intestinal markers KLF transcription factor 4, villin 1, and MUCIN 2 expression in IM rats. Regarding pharmacological actions, WWD suppressed OLFM4 and restored NOD1 expression, consequently reducing CDX2 at the mRNA and protein levels in IM rats. Parallel regulatory mechanisms were observed at the protein level in IM cells treated with WWD-medicated serum. Furthermore, WWD-medicated serum treatment strengthened OLFM4 and NOD1 interaction. In case of antiinflammatory, WWD restrained interleukin (IL)-6, interferon-gamma, IL-17, macrophage chemoattractant protein-1, macrophage inflammatory protein 1 alpha content in IM rat serum. WWD-medicated serum inhibited tumor necrosis factor alpha, IL-6, IL-8 transcriptions in IM cells.

#### CONCLUSION

The OLFM4/NOD1/CDX2 pathway is involved in the regulation of IM. WWD exerts its therapeutic efficacy on IM through the pathway, additionally attenuating the inflammatory response.

Key Words: Gastric intestinal metaplasia; Weiwei Decoction; Olfactomedin 4; Nucleotide-binding oligomerization domain 1; Caudal-type homeobox gene 2; Gastric cancer

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Core Tip: Gastric intestinal metaplasia (IM) is a precancerous lesion that is associated with an elevated risk of gastric carcinogenesis. Weiwei Decoction (WWD) is a traditional Chinese herbal formula derived from Sijunzi Decoction that has been utilized to treat gastric disease for thousands of years. Nowadays, WWD is widely employed in clinical for treating IM. Previous studies suggested the potential involvement of the olfactomedin 4 (OLFM4)/nucleotide-binding oligomerization domain 1 (NOD1)/caudal-type homeobox gene 2 (CDX2) pathway in IM regulation. In this study, we preliminarily validated the pivotal role of the OLFM4/NOD1/CDX2 signaling pathway in regulating gastric IM. Focusing on this pathway, our investigation centered on the therapeutic effects of WWD against gastric IM.

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#### INTRODUCTION

Gastric intestinal metaplasia (IM) denotes the replacement of normal gastric epithelium with intestinal-type epithelium, often occurring concomitantly with chronic atrophic gastritis (CAG). Metaplasia is considered to serve as a protective and healing response to severe injury or inflammation. Histologically, IM is characterized by the loss of glandular lineages, particularly parietal and chief cells (atrophy), which are replaced by goblet cells, absorptive cells, and enteroendocrine cells (IM)[1]. Gastric IM is regarded as a typical precancerous lesion. Epidemiological studies have confirmed that IM accounts for 23.6% of patients with chronic gastritis[2]. The annual incidence of gastric cancer (GC) was 0.25% for patients with gastric IM[3]. As more studies have confirmed that IM increases the risk of carcinogenesis[4,5], preventing the malignant transformation of gastric IM is crucial for reducing GC incidence.

The pathogenesis of gastric IM remains elusive; however, it is commonly associated with repetitive damage caused by physical and chemical factors, bile reflux, infection by Helicobacter pylori (H. pylori), and inflammatory infiltration[6]. Nmethyl-N'-nitro-N-nitrosoguanidine (MNNG) is a mutagenic carcinogenic reagent that induces the alkylation of bases on the DNA chain[7], which was administered to create animal models of gastric IM. Additionally, chenodeoxycholic acid (CDCA) was utilized to induce intestine-like phenotypes in GES-1 cells, representing a reliable IM cell modeling approach[8].

Traditional Chinese medicines (TCMs) have a unique potential in treating chronic gastric diseases[9]. Numerous researchers have reported TCM formulas and compounds exhibiting potential in treating IM[10,11]. According to TCM



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theory, IM and CAG are highly correlated with "Spleen Qi deficiency" [12]. Weiwei Decoction (WWD) is a traditional herbal formula approved for the preparation of medical institutions in Guangdong Province [Weiwei granule (Z20070548)]; its components and dosages are shown in Table 1. WWD is a derivative of the Sijunzi Decoction, which has been utilized to treat gastric disease and prevent GC for thousands of years in China. Based on the theory of TCM, WWD may alleviate gastric IM by strengthening the spleen, dispersing blood stasis, and detoxifying[13]. Previous clinical trials have indicated that WWD may ameliorate the symptoms of IM in combination with standard quadruple therapy, partially eradicate *H. pylori*, and improve the pathological manifestations of IM[14,15]. Experimentally, WWD effectively reduces spasmolytic polypeptide-expressing metaplasia (SPEM) markers expression in H. pylori-infected mice and  $ATP4\pi^{-}$  mice, meanwhile inhibiting the transcription of key markers associated with intestinal-type gastric adenocarcinoma. In addition, it partially restores the expression of markers for chief and parietal cells, indicating its potential antimetaplastic effects[13].

Earlier, we conducted quality control of WWD and identified 9 representative chemical constituents[13]. Some individuals exhibit anti-metaplastic activity. Ginsenoside Rb1 and astragaloside IV are capable of alleviating gastric IM[16, 17]. In addition, astragaloside IV acts as an antitumor agent for various digestive system neoplasms, including GC[18]. Among flavonoids, quercetin is a powerful antioxidant. It reduces inflammation, protects the gastric epithelium, and possesses anti-H. pylori capacity [19]. High dietary quercetin intake is inversely associated with gastric adenocarcinoma risk[20]. Neohesperidin and naringin are citrus flavonoids that ameliorate inflammation, remodel the gastrointestinal barrier, and inhibit tumorigenesis[21,22]. However, further investigation is necessary to elucidate the mechanisms underlying the therapeutic effects of WWD on gastric IM.

Olfactomedin 4 (OLFM4), also known as GW112 or HGC-1, is a secreted glycoprotein belonging to the olfactomedin family[23]. Notably, OLFM4 is significantly up-regulated in gastric IM and is considered a sensitive biomarker of early GC[24,25]. Caudal-type homeobox gene 2 (CDX2) is a pivotal transcription factor that directs the transformation of gastric IM by promoting the expression of intestinal markers, including KLF transcription factor 4 (KLF4), villin 1 (VIL1), MUCIN 2 (MUC2), and sucrase-isomaltase (SI)[8]. While the importance of CDX2 in regulating intestinal differentiation is widely accepted, the mechanism underlying CDX2 activation in IM remains incompletely explored. OLFM4 may mediate gastric IM preceding CDX2 and is involved in the regulation of CDX2 expression[25]. Specifically, OLFM4 expression is detected in gastric-type glands surrounding IM before CDX2 expression. Additionally, a positive correlation between OLFM4 and CDX2 has been identified in non-tumorous gastric tissue[26]. Furthermore, nucleotide-binding oligomerization domain 1 (NOD1) inhibits gastric IM progression by down-regulating CDX2. In cases of persistent H. pylori infection, CDX2 induction relies on the activation of the nuclear factor-kappaB (NF-κB) P65 subunit, whereas NF-κB is suppressed by NOD1-mediated activation of tumor necrosis factor (TNF) receptor associated factor 3[27]. In addition, OLFM4 may interact with NOD1 during IM transformation. OLFM4 is a target gene of the H. pylori-activated NF-KB signaling, which has a negative feedback effect on NF-KB in turn through direct interaction with NOD1[28]. In this study, we preliminarily validated the pivotal role of the OLFM4/NOD1/CDX2 signaling pathway in regulating gastric IM. Focusing on this pathway, our investigation centered on the therapeutic effects of WWD against gastric IM.

#### MATERIALS AND METHODS

#### Tissue microarrays

A total of 26 cases of normal tissue and 35 cases of IM tissue were saved from the gastroscopic biopsy remaining tissue at Shenzhen Traditional Chinese Medicine Hospital between June 2022 and April 2023, which were used for the paraffinembedded slides of human gastric tissue microarrays. Pathology results were evaluated by two expert pathologists independently, and all the samples were shown to be correctly labeled clinically and histologically. Written informed consent was obtained from all patients. The studies involving clinical research conformed to the Ethics Committee at Shenzhen Traditional Chinese Medicine Hospital and were approved by the Ethics Committee of the Shenzhen Traditional Chinese Medicine Hospital, The Fourth Clinical Medical College of Guangzhou University of Chinese Medicine (No. K2022-011-02).

#### Reagents and antibodies

WWD herbal formula was prepared by the Pharmacy Department of Shenzhen Traditional Chinese Medicine Hospital. The components and dosages of WWD are described in Table 1. Folic acid (FA, Lot: 22012311) was purchased from Changzhou Pharmaceutical Co., Ltd (Changzhou, China). CDCA (purity 98%, CAS. No. 474-25-9) was purchased from Macklin Biochemical Technology Co., Ltd (Shanghai, China), dissolved in DMSO solution, and diluted to the corresponding concentration when disposed to GES-1. MNNG (purity 95%, CAS. No. 70-25-7) purchased from Rhawn Technology Development Co. Ltd (Shanghai, China) was utilized to establish IM rat models. Other unspecified chemicals were of analytical grade.

Antibodies against OLFM4 (ab105861), MUC2 (ab134119), VIL1 (ab97512), and GAPDH (ab8245) were purchased from Abcam (Cambridge, MA); antibody against CDX2 (D11D10) was obtained from Cell Signaling Technology (Beverly, MA); antibody against NOD1 (sc-398696) was gained from Santa Cruz (Dallas, TX) (For samples of human origin). Antibodies against CDX2 (GB121501) and MUC2 (GB11344) were purchased from Servicebio (Wuhan, China); antibodies against NOD1 (ab217798), VIL1 (ab97512), KLF4 (ab214666), and GAPDH (ab8245) were purchased from Abcam (Cambridge, MA); antibody against OLFM4 (PA5-115687) was obtained from Thermo Fisher Scientific (Waltham, MA) (for samples of rat origin). Normal IgG (#2729) was gained from Cell Signaling Technology (Beverly, MA). Secondary antibodies (ab205718, ab205719, ab131368, #5127) were obtained from Abcam (Cambridge, MA) and Cell Signaling Technology



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Table 1 The compositions of Weiwei Decoction							
Latin name	Local name	Material	Quantities (g)				
Astragalus mongholicus Bunge	Huangqi	Root	30				
Codonopsis pilosula Nannf.	Dangshen	Root	30				
Sparganium stoloniferum (BuchHam. ex Graebn.) BuchHam. ex Juz	Sanleng	Tuber	15				
Curcuma phaeocaulis Valeton	Ezhu	Rhizoma	15				
Panax notoginseng (Burkill) F.H.Chen	Sanqi	Radix and rhizoma	10				
Lycium barbarum L.	Gouqizi	Fruit	20				
Ophiopogon japonicus (Thunb.) Ker Gawl.	Maidong	Tuberous root	15				
Dendrobium nobile Lindl.	Shihu	Stem	15				
Scleromitrion diffusum (Willd.) R.J.Wang	Baihuasheshecao	Herb	20				
Scutellaria barbata D.Don	Banzhilian	Herb	20				
Atractylodes macrocephala Koidz.	Baizhu	Rhizoma	15				
Glycyrrhiza uralensis Fisch	Zhigancao	Radix and rhizoma	5				

(Beverly, MA).

#### Cell culture and determination of drug concentration

Human gastric mucosal epithelial cell-line GES-1 (Procell, Wuhan, China) and human gastric adenocarcinoma cell-line AGS (ATCC, Manassas, VA) were cultured in RPMI-1640 medium (Gibco, United States) supplemented with 10% (V/V) fetal bovine serum (Gibco, United States) in a humidified incubator at 37 °C and 50 mL/L CO,.

For CDCA treatment, GES-1 cells were seeded into culture dishes and then treated with 0, 50, 100, 150, 200, 400, and 600 μM of CDCA for 24 h. The control group was treated with an equal concentration of DMSO. Cell counting kit-8 (CCK-8) solution was added to each well and incubated for 1 h according to the instructions. Absorbance at 450 nm was recorded by a microplate reader (Thermo Fisher Scientific, Waltham, MA) to calculate the cell viability rate. As for WWDmedicated serum groups, CDCA-pre-treated GES-1 cells, and AGS cells were cultured for 0, 6, 12, 24, and 48 h in a medium supplemented with 10% (V/V) serum of rats that were treated with corresponding WWD dosages, and the cell viability rates were determined. Cell viability rate (%) = (OD of test sample/OD of control sample) × 100.

#### Co-immunoprecipitation

GES-1 cells were washed twice with cold phosphate buffered saline (PBS) and homogenized in IP lysis buffer (Beyotime, Shanghai, China) with 1% protease inhibitors. Co-immunoprecipitation (Co-IP) experiment was then performed using the protein A + G agarose beads (Beyotime, Shanghai, China) according to the manufacturer's instructions. Normal IgG was used as a negative control antibody. OLFM4, NOD1, and CDX2 antibodies were used as the capture antibodies. 30 µL beads were incubated with 1 µL antibody at room temperature for 1 h. Then mix the lysate with the beads-antibody complex and incubate at 4 °C overnight. Beads were washed three times with lysis buffer. Inputs and the bound proteins eluted from the beads were detected by western blot.

#### Cell transfection

Short hairpin RNAs (shRNAs) against OLFM4 and NOD1, OLFM4 (NM\_006418.5) overexpression plasmid, and the corresponding negative control were designed and constructed by Hanbio (Wuhan, China), which are listed in Supplementary Table 1. Transfection reagent GO3000 HiTrans Reagent was obtained from ECOTOP SCIENTIFIC Biotechnology Co., Ltd (Guangzhou, China). For transfection, plasmids and transfection reagent hybrid were added to Opti-MEM to generate the transfection medium. Subsequently, cells were cultured in the transfection medium, which was replaced with a fresh medium after 6 h. Then, the cells were cultured for an additional 48 h before being collected. The transfection reagent was used following the manufacturer's instructions.

#### Preparation of WWD

The herbs were weighed, soaked, and then extracted in distilled water twice (first in water 8 times the amount of the herbs; second in water 5 times the amount of the herbs, extracted for 1 h respectively). The two extracts were merged, filtered, and then centrifuged before retaining the supernatant, 55 °C 140 rpm rotary evaporate until the concentration was about 4 g/mL. For in vivo management, volumes of drugs were calculated based on the body weight of the rats.

#### Animal handing

Male Sprague-Dawley rats (200-250 g) were obtained from the Laboratory Animal Centre of the Guangzhou University of Chinese Medicine [permission No. SCXK-(Yue) 2018-0034], the rats were housed in the animal facilities of the specific pathogen-free animal laboratory. Rats were raised commonly 2 wk before the experiments and maintained under stan-



dard laboratory conditions, including a stable temperature ( $25.0 \pm 0.5 \text{ °C}$ ), continuous humidity ( $55.0\% \pm 5.0\%$ ), alternating light (12 h/12 h light/dark), and free access to food and water. The studies involving animal experiments were approved by the Animal Ethics Committee of the Center of Science and Technology Innovation, Guangzhou University of Chinese Medicine (No. 20211105008).

#### Animal grouping, modeling, and treatment

A total of 48 rats were randomly divided into six groups, including the control group, model group, WWD low-dose (9.45 g/kg) group (WWD-L), WWD medium-dose (18.9 g/kg) group (WWD-M), WWD high-dose (37.8 g/kg) group (WWD-H) and the FA (2.7 mg/kg) group. Rats in the control group were conventional feeding, whereas the rest were administered an MNNG solution (200 µg/mL) with free drinking water for 18 wk to establish the IM models. Next, all rats were treated with the corresponding drugs once daily for 9 wk. The control group was given an equal amount of distilled water. By the end of the experiment, 7 rats remained in the model group (1 rat was lost), and 8 rats in each group in the other groups. Blood samples were collected under isoflurane anesthesia. Subsequently, rats were euthanized by isoflurane overdose, and gastric tissues were collected for further experiments.

#### Histological staining

Rats' stomach tissues were fixed in 40 g/L paraformaldehyde, dehydrated before being embedded in paraffin wax, then cut into 4 µm slices. Serial sections were stained with hematoxylin and eosin (H&E) and Alcian blue-Periodic acid-Schiff (AB-PAS) following the standard protocols for light microscopy. All the relevant chemicals and reagents were purchased from Servicebio Technology Co., Ltd (Wuhan, China). The histological alternations and IM manifestations were assessed.

#### Immunohistochemistry

Immunohistochemistry (IHC) staining was performed using the IHC Application Solutions Kit (cell signaling technology, Beverly, MA). Stomach tissue sections were deparaffinized, antigens retrieved, and then antigens blocked. Primary antibodies were incubated at 4 °C overnight, and HRP-conjugated secondary antibodies were incubated for 1 h. Diaminobenzidine and hematoxylin were finally stained.

In case of tissue microarray, the percentage of positive cells was divided into four categories as follows: 0 (< 5%), 1 (5%-25%), 2 (25%-50%), 3 (50%-75%), and 4 (> 75%). The intensity of staining was divided into four categories as follows: 0 (negative), 1 (weakly positive), 2 (moderately positive) and 3 (strongly positive). Results were evaluated by two expert pathologists independently. The immunoreactivity score = the percentage score × the intensity score.

In case of rat gastric mucosa, the expression of OLFM4, NOD1, CDX2, and MUC2 was evaluated with integrated option density (IOD). 5 images were captured from each sample and analyzed using Image-Pro-Plus 7.0 (Rockville, MD), the IOD was measured for each sample of each group.

#### Quantitative reverse transcription polymerase chain reaction

Total RNAs were extracted from samples using TRIzol Reagent, which were subsequently reverse transcripted to cDNAs. Quantitative reverse transcription polymerase chain reaction (RT-qPCR) was performed by SYBR Green Premix qPCR Kit (the reagents above were obtained from Accurate Biotech Co., Ltd., Hunan, China) and analyzed on CFX Connect™ Real-Time PCR Detection System (Bio-Rad, Hercules, CA). The primer sequences are shown in Supplementary Table 2. The procedures were conducted according to the instructions, and the relative mRNA expressions were calculated by the 2-<sup>ACC</sup> method.

#### Preparation of serum containing the tested drugs

A total of 12 rats were randomly divided into 4 groups (n = 3). Rats in WWD serum groups were treated with intragastrical administration of WWD twice daily for 1 wk, respectively [WWD-L group (9.45 g/kg), WWD-M (18.9 g/kg) group, WWD-H (37.8 g/kg) group]. The control group was given an equal amount of distilled water. Blood was aseptically obtained from the abdominal aorta of rats 30 min after the last administration. The tubes containing blood were allowed to stand for about 1 h at 4 °C before the serum was acquired by centrifugation at 3000 rpm for 10 min. The serum from the same group was merged, then calefied in a 56 °C water bath for 30 min, filtered twice with 0.22 µm cellulose acetate membrane, followed by bottled and stored at -80 °C.

#### Western blot

Samples were washed twice with cold PBS and homogenized in RIPA Lysis Buffer (Beyotime, Shanghai, China) with 1% protease and phosphatase inhibitors. The samples were quantified by BCA Protein Assay reagent (Thermo Scientific, Waltham, MA). Equal amounts of proteins were resolved by sodium-dodecyl sulfate gel electrophoresis and transferred to polyvinylidene fluoride membranes (Millipore, Billerica, MA). Antigens were blocked and then incubated with primary antibodies overnight, further incubating HRP-conjugated secondary antibodies for 1 h. Signals were detected using enhanced chemiluminescence (Millipore, Billerica, MA). Moreover, data was analyzed by Image J (Bethesda, MD).

#### Enzyme-linked immunosorbent assay

Serum cytokines and chemokines levels of rats were detected, including interferon-gamma (IFN-γ), interleukin (IL)-6, IL-17, macrophage chemoattractant protein-1 (MCP-1), and macrophage inflammatory protein 1 alpha (MIP-1α). The enzyme-linked immunosorbent assay kits were from Jianglai Biotechnology Co., Ltd (Shanghai, China). All measurements were conducted under the manufacturer's instructions. The content of the cytokines and chemokines was calculated according to the standard curves.



#### Statistical analyses

All data is presented as mean  $\pm$  SE and analyzed with the SPSS 23 (Chicago, IL). Differences between the two groups were examined using the independent *t*-test or the Mann-Whitney *U* test. Variances among multiple groups were compared using the one-way analysis of variance followed by the least significant difference or Dunnett's T3 tests. The correlation between OLFM4, NOD1, and CDX2 expression was examined using Spearman's correlation analysis. *P* < 0.05 was considered statistically significant. Graph pad Prism 9.3 (San Diego, CA) was utilized to present the results visually.

#### RESULTS

#### The OLFM4/NOD1/CDX2 pathway is a characteristic of human gastric IM tissues

To ascertain the clinical relevance of the OLFM4/NOD1/CDX2 pathway regulation in gastric IM, immunohistochemical staining for OLFM4, NOD1, and CDX2 was conducted on the gastric tissue microarray. Comparative analysis revealed elevated OLFM4 levels (P < 0.01) and reduced NOD1 levels (P < 0.001) in IM tissues when compared to normal tissues. Notably, CDX2 expression was extremely low in normal gastric tissues, but its presence was significantly increased in IM tissues (P < 0.001) (Figure 1A and B). Further analysis demonstrated a positive correlation between CDX2 and OLFM4 expressions (P < 0.001), while a negative correlation was observed between CDX2 and NOD1 expressions (P < 0.001). Additionally, a negative correlation between OLFM4 and NOD1 expressions in gastric tissues was also identified (P < 0.05) (Figure 1C). These findings underscore the characteristics of the OLFM4/NOD1/CDX2 axis in human gastric IM.

## OLFM4 exhibits direct binding and subsequent down-regulation of NOD1, thereby sustaining the activation of CDX2 and promoting the progression of IM

To validate the regulatory effect of the OLFM4/NOD1/CDX2 pathway on gastric IM, we first established IM cell models, GES-1 cells were exposed to 0, 50, 100, 150, 200, 400, and 600  $\mu$ M of CDCA for 24 h. Cell viability rates were determined using CCK-8 assays. Substantial inhibition of cellular viability at CDCA doses exceeding 100  $\mu$ M when compared to the control group (P < 0.001) (Supplementary Figure 1A). Consequently, GES-1 cells were subsequently treated with CDCA at a concentration  $\leq 100 \ \mu$ M for 24 h. The mRNA expression of intestinal markers was examined using RT-qPCR after CDCA treatment. The results revealed that the mRNA level of MUC2, VIL1, and CDX2 significantly elevated in a dose-dependent manner. The transcription was mostly activated when CDCA was 100  $\mu$ M (CDX2, VIL1, P < 0.001; MUC2, P < 0.01) (Figure 2A). Western blot results further corroborated these findings, demonstrating elevated expression of MUC2, VIL1, and CDX2 proteins (Figure 2B). Hence, we established the pattern for the gastric IM cell model in subsequent experiments by treating GES-1 cells with 100  $\mu$ M CDCA for 24 h.

Following the experimental procedures (Figure 2C), GES-1 cells were exposed to CDCA after being transfected with shRNAs targeting OLFM4. IM cell models displayed up-regulated OLFM4, down-regulated NOD1, and enhanced CDX2 and MUC2 protein levels. The introduction of OLFM4 shRNAs effectively reversed these alterations in downstream proteins (Figure 2D). In addition, transfection of AGS cells with OLFM4 shRNAs led to an increase in NOD1 expression, accompanied by the suppression of CDX2, MUC2, and VIL1 (Figure 2E). After GES-1 cells were transfected with OLFM4-pcDNAs, NOD1 protein level decreased as the CDX2 and VIL1 levels increased (Figure 2F). These findings indicated that OLFM4 may induce CDX2 through NOD1 and promote the progression of gastric IM. Further, we performed Co-IP assays using protein extracted from GES-1 cells and verified that OLFM4 directly interacted with NOD1. However, no interaction between OLFM4 and CDX2 was observed (Figure 2G). The results certified that OLFM4 induces CDX2 by interacting with NOD1, rather than activating CDX2 directly. Moreover, OLFM4 and NOD1 shRNAs were co-transfected to IM cell models, The introduction of NOD1 shRNAs restored the CDX2 and MUC2 down-regulation mediated by OLFM4 shRNA transfection (Figure 2H). These findings demonstrate that OLFM4 may activate CDX2 through the down-regulation of NOD1. Taken together, our findings suggest that OLFM4 exhibits direct binding and subsequent down-regulation of NOD1, thereby sustaining the activation of CDX2 at the protein level and promoting the progression of IM.

#### WWD improves gastric mucosal histological lesions

Following the experimental procedures (Figure 3A), the pharmacodynamic actions of WWD were evaluated in the MNNG-induced IM rats. According to the H&E staining, the epithelium of the gastric mucosa in the model group showed substantial vacuolation changes, with goblet cell formation (IM). Epithelial cells were observed with pyknotic and hyperchromatic nuclei in the lamina propria (dysplasia). Other observed features included glandular cavity dilatation, lamina propria atrophy, basement membrane hyperplasia, and irregular gland fusion (atrophy). In contrast, the WWD and FA groups displayed fewer vacuolation changes. Particularly in the WWD group, the gastric mucosa exhibited a more regular glandular cavity morphology, richer inherent glands, and reduced pyknotic and hyperchromatic nuclei. The most significant therapeutic effect was observed in the WWD-H group, indicating that WWD effectively ameliorated IM in rats. Additionally, both atrophy and dysplasia severity were attenuated in the WWD-treated groups (Figure 3B).

Furthermore, AB-PAS staining showed that the mucous vacuoles in the model group were stained blue, particularly noticeable at the neck of the gastric gland, suggesting acidic sialomucin secretion. The gastric mucous membranes of the WWD and FA groups appeared to have lighter bluish staining. Notably, the staining was visibly weaker in the WWD-M and WWD-H groups than in the WWD-L group, demonstrating the attenuation of IM in rats following WWD treatment (Figure 3C).

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Figure 1 The olfactomedin 4/nucleotide-binding oligomerization domain 1/caudal-type homeobox gene 2 pathway is a characteristic of gastric intestinal metaplasia tissues. A: The representative images of Immunohistochemistry (IHC) staining for olfactomedin 4 (OLFM4), nucleotide-binding oligomerization domain 1 (NOD1), and caudal-type homeobox gene 2 (CDX2) in normal and intestinal metaplasia (IM) tissues; B: OLFM4, NOD1, and CDX2 immunoreactivity scores in normal and IM tissues were compared; C: Correlation of OLFM4 with CDX2, NOD1 with CDX2, and OLFM4 with NOD1 in gastric tissues by Spearman's correlation analysis.  $^{a}P < 0.01$ ,  $^{b}P < 0.001$  vs control group. OLFM4: Olfactomedin 4; NOD1: Nucleotide-binding oligomerization domain 1; CDX2: Caudal-type homeobox gene 2; IM: Intestinal metaplasia.

#### WWD reduces the expression of intestinal markers KLF4, VIL1, and MUC2 in IM rats

To further clarify the ameliorative effect of WWD on IM in rats, we measured intestinal markers regulated by CDX2. In the model group, the expression of VIL1 protein was significantly higher than that in the control group (P < 0.001). This elevation was effectively reversed by the administration of WWD-M, WWD-H, and FA (P < 0.001). Furthermore, exposure to MNNG enhanced KLF4 protein expressions; however, the difference was not statistically significant. WWD-M, WWD-H, and FA (P < 0.01) inhibited KLF4 protein levels compared to the model group (Figure 4A and B). Additionally, MNNG potently elevated VIL1 and MUC2 mRNA expressions (P < 0.001), whereas WWD (P < 0.001) and FA (VIL1, P < 0.01; MUC2, P < 0.001) inhibited these effects. Notably, the inhibitory effect of WWD on VIL1 was dose-dependent (Figure 4C). IHC was conducted to examine MUC2 secretion in gastric mucosa. In the present study, MNNG increased MUC2 secretions (P < 0.01), whereas WWD treatment markedly reversed these increases (WWD-L, P < 0.05; WWD-H, P < 0.01) (Figure 4D and E). These findings demonstrate that WWD reduces VIL1 and MUC2 at the mRNA and protein levels while suppressing KLF4 protein levels in IM rats.



Figure 2 Olfactomedin 4 exhibited direct binding and subsequent down-regulation of nucleotide-binding oligomerization domain 1, thereby sustaining the activation of caudal-type homeobox gene 2 and promoting the progression of intestinal metaplasia. A: Relative

mRNA expressions of caudal-type homeobox gene 2 (CDX2), MUCIN 2 (MUC2), and villin 1 (VIL1) on stimulation of chenodeoxycholic acid (CDCA) in GES-1 cells (n = 3); B: Western blot (WB) detection of MUC2, VIL1, and CDX2 in GES-1 cells treated with CDCA (100 µM) for 24 h; C: Timeline of the cell experiments design for pathway regulatory verification; D: Short hairpin RNAs (shRNAs) targeting olfactomedin 4 (OLFM4) were transfected to GES-1 cells. Subsequently, the cells were treated with CDCA (100 µM) for 24 h. WB detection of OLFM4, nucleotide-binding oligomerization domain 1 (NOD1), CDX2, and MUC2; E: AGS cells were transfected with OLFM4 shRNAs. WB detection of OLFM4, NOD1, CDX2, MUC2, and VIL1; F: OLFM4-pcDNAs were transfected to GES-1 cells. WB detection of OLFM4, NOD1, CDX2, and VIL1; G: Co-immunoprecipitation detection of the interaction between OLFM4 and NOD1, and the interaction between OLFM4 and CDX2 in GES-1 cells; H: OLFM4 and NOD1 shRNAs were co-transfected to GES-1 cells. Subsequently, the cells were treated with CDCA (100 µM) for 24 h. WB detection of OLFM4, NOD1, CDX2, and MUC2. aP < 0.05, bP < 0.01, cP < 0.001 vs control group. OLFM4: Olfactomedin 4; NOD1: Nucleotide-binding oligomerization domain 1; CDX2: Caudal-type homeobox gene 2; MUC2: MUCIN 2; VIL1: Villin 1; CDCA: Chenodeoxycholic acid.



Figure 3 Weiwei Decoction improves gastric mucosal histological lesions. A: Timeline of the animal experiments design for Weiwei Decoction treatment; B: Representative hematoxylin and eosin-stained images of the gastric mucosa in each group (n = 3). Vacuolation changes (orange arrow), pyknotic and hyperchromatic nuclei (blue arrow); C: Representative Alcian blue-Periodic acid-Schiff-stained images of the gastric mucosa in each group (n = 3). Blue-stained cavities (yellow arrow). Scale bar: 100 µm. WWD: Weiwei Decoction; FA: Folic acid; HE: Hematoxylin and eosin; AB-PAS: Alcian blue-Periodic acid-Schiff.

#### WWD suppresses OLFM4 expression and restores NOD1 level, consequently reducing CDX2 in IM rats

To further visualize the effect of WWD on the regulation of the OLFM4/NOD1/CDX2 pathway in gastric IM, we determined the expression of each molecule in IM rats at the mRNA and protein levels. IHC revealed that OLFM4 and CDX2 expressions were extremely low in the control group samples, but the presences were significantly increased in the model group (P < 0.01). Correspondingly, WWD treatment suppressed OLFM4 (WWD-M, WWD-H, P < 0.01) and CDX2 (WWD-M, P < 0.05; WWD-H, P < 0.01) expressions. The most significant therapeutic effects were observed in the WWD-H group (Figure 5A, C, and D). Compared to the control group, significant NOD1 restraint was noted in MNNG-treated



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Figure 4 Weiwei Decoction reduces the expression of intestinal markers KLF transcription factor 4, villin 1, and MUCIN 2 in intestinal metaplasia rats. A: Western blot detection of villin 1 (VIL1) and KLF transcription factor 4 (KLF4) in rat gastric mucosa; B: Relative protein expression of VIL1 and KLF4 (n = 4); C: Relative mRNA expression of MUCIN 2 (MUC2) and VIL1 in gastric mucosa (n = 5); D: Immunohistochemistry detection of MUC2, representative images of the gastric mucosa in each group. Scale bar: 100 μm; E: Quantitative analysis of MUC2 protein expression in gastric tissues (n = 3). <sup>a</sup>P < 0.01, <sup>b</sup>P < 0.001 vs control group; °P < 0.05, <sup>4</sup>P < 0.01, <sup>e</sup>P < 0.001 vs model group; <sup>f</sup>P < 0.05, <sup>g</sup>P < 0.01, <sup>h</sup>P < 0.001 vs folic acid group. VIL1: Villin 1; KLF4: KLF transcription factor 4; WWD: Weiwei Decoction; FA: Folic acid; MUC2: MUCIN 2.

rats (P < 0.001). WWD (WWD-L, WWD-M, P < 0.001; WWD-H, P < 0.05) and FA (P < 0.001) interventions demonstrated up-regulatory effects on NOD1. The WWD-M group had remarkable potency among the WWD treatment groups (Figure 5B and D).

The transcription of OLFM4 and CDX2 was dramatically elevated in the model group (P < 0.001). Conversely, WWD and FA administrations decreased these trends (P < 0.001). Moreover, the inhibitory effects of WWD were dosedependent. Additionally, a decrease in NOD1 transcription was observed in the model group compared to the control

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Figure 5 Weiwei Decoction suppresses olfactomedin 4 expression and restores nucleotide-binding oligomerization domain 1 level, consequently reducing caudal-type homeobox gene 2 in intestinal metaplasia rats. A-C: Immunohistochemistry detection of olfactomedin 4 (OLFM4), nucleotide-binding oligomerization domain 1 (NOD1), and caudal-type homeobox gene 2 (CDX2), representative images of gastric mucosa in each group. Scale bar: 100  $\mu$ m; D: Quantitative analysis of OLFM4, NOD1, and CDX2 protein expression in gastric mucosa (n = 3); E: Relative mRNA expression of OLFM4, NOD1, and CDX2 in gastric mucosa (n = 5).  $^{a}P < 0.05$ ,  $^{b}P < 0.01$ ,  $^{c}P < 0.001$  vs control group;  $^{d}P < 0.05$ ,  $^{e}P < 0.01$ ,  $^{t}P < 0.001$  vs model group;  $^{g}P < 0.05$ ,  $^{b}P < 0.01$ ,  $^{i}P < 0.01$ ,

group (P < 0.05). WWD (WWD-L, WWD-H, P < 0.01; WWD-M, P < 0.001) and FA (P < 0.05) significantly stimulated NOD1 transcription (Figure 5E). These results illustrate that WWD suppresses OLFM4 expression and restores NOD1 level, consequently reducing CDX2 at both the mRNA and protein levels in IM rats.

## WWD-medicated serum attenuates OLFM4 level and simultaneously strengthens OLFM4 and NOD1 binding, thereby enhancing NOD1 expression and consequently mitigating CDX2 in gastric cells

To explore the possible pharmacological actions of WWD-medicated serum in treating gastric IM, we examined the effects of WWD-medicated serum on the expression of relevant proteins of the OLFM4/NOD1/CDX2 pathway in gastric cells. To screen for the culture valid time of WWD-medicated serum, CDCA-pre-treated GES-1 cells, and AGS cells were incubated with the serum of rats treated with the corresponding WWD dosages. Light absorption values were measured at 0, 6, 12, 24, and 48 h, and cell viability rates were calculated. The results showed that WWD-medicated serum at each intragastric administration dose restrained GES-1 and AGS cells in a time-dependent manner respectively. Inhibition was the strongest at 48 h (P < 0.001), which was chosen as the culture-valid time for further investigation (Supplementary Figure 1B and C).

Following the experimental procedures (Figure 6A), the expression of OLFM4 (P < 0.01), CDX2 (P < 0.01), and MUC2 (P < 0.05) in GES-1 cells was dramatically elevated in the model group, while WWD-medicated serum was capable of reversing these upward trends. The WWD-L (P < 0.05) and WWD-H (P < 0.01) groups exerted OLFM4 attenuation, whereas the WWD-M (CDX2, P < 0.01; MUC2, P < 0.05) and WWD-H (P < 0.01) groups exhibited CDX2 and MUC2 inhibitions. Additionally, the WWD-H group demonstrated the most significant therapeutic effects. In contrast, there was a substantial decrease in NOD1 expression in the model group (P < 0.05). The WWD-medicated serum groups showed augmented NOD1 expression, and each WWD-medicated serum group exhibited similarly enhancing levels compared to the model group (WWD-L, WWD-M, P < 0.01; WWD-H, P < 0.05) (Figure 6B and C).

WWD-medicated serum markedly diminished the level of OLFM4 in AGS cells (WWD-L, P < 0.05; WWD-H, P < 0.01), while the expression of NOD1 was remarkably enhanced (WWD-M, WWD-H, P < 0.01). In addition, WWD-medicated serum mitigated the expression of CDX2 and VIL1, and the therapeutic effects in the WWD-H group were optimal (CDX2, P < 0.01; VIL1, P < 0.05). Notably, a decreasing trend for MUC2 was observed in the WWD groups compared to that in the control group; however, the differences were not statistically significant (Figure 6A, D, and E).

Subsequently, to validate the impact of WWD-medicated serum on intracellular OLFM4 and NOD1 interactions, we performed Co-IP assays using protein extracted from GES-1 cells. The results addressed that the WWD-H group strengthened OLFM4 and NOD1 interaction slightly compared to the model group. Whereas no interaction between OLFM4 and CDX2 was observed in either group (Figure 6F). Together, these results demonstrate that WWD-medicated serum attenuates OLFM4 level and simultaneously slightly strengthens OLFM4 and NOD1 binding, thereby enhancing NOD1 expression and consequently mitigating CDX2 and intestinal markers downstream at the protein level in gastric cells.

#### WWD inhibits cytokines and chemokines in gastric IM

To determine the anti-inflammatory effect of WWD, we assessed cytokines and chemokines in rats and GES-1 cells, respectively. The content of cytokines such as IL-6, IFN- $\gamma$ , IL-17, and chemokines such as MCP-1 and MIP-1 $\alpha$  was tested in the serum of IM rats. Biomarker levels in the MNNG group were significantly higher than those in the control group (IL-6, *P* < 0.05; IL-17, MIP-1 $\alpha$ , *P* < 0.001; MCP-1, IFN- $\gamma$ , *P* < 0.01). Conversely, the WWD administration diminished these trends. The WWD-M (MIP-1 $\alpha$ , *P* < 0.05; MCP-1, *P* < 0.01) and WWD-H (MIP-1 $\alpha$ , *P* < 0.01) groups dramatically decreased the content of MIP-1 $\alpha$  and MCP-1, whereas the WWD-M group inhibited the content of IFN- $\gamma$  (*P* < 0.05). Additionally, the WWD-H group showed reduced IL-17 levels (*P* < 0.05). WWD suppressed IL-6 levels in all dose groups (WWD-L, WWD-H, *P* < 0.001; WWD-M, *P* < 0.01). Likewise, markedly attenuation of IL-17 and MIP-1 $\alpha$  levels



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Figure 6 Weiwei Decoction-medicated serum attenuates olfactomedin 4 level and simultaneously strengthens olfactomedin 4 and nucleotide-binding oligomerization domain 1 binding, thereby enhancing nucleotide-binding oligomerization domain 1 expression and consequently mitigating caudal-type homeobox gene 2 in gastric cells. A: Timeline of the cell experiments design for Weiwei Decoction (WWD)-medicated serum treatment; B: GES-1 cells were treated with chenodeoxycholic acid (CDCA) for 24 h and then disposed to 10% (V/V) of the corresponding WWD-medicated serum for 48 h. WB detection of olfactomedin 4 (OLFM4), nucleotide-binding oligomerization domain 1 (NOD1), caudal-type homeobox gene 2 (CDX2), and MUCIN 2 (MUC2); C: Relative protein expression of OLFM4, NOD1, CDX2, and MUC2 in GES-1 cells (n = 3); D: AGS cells were disposed to 10% (V/V) of the corresponding WWD-medicated serum for 48 h. WB detection of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, CDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, cDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, NOD1, cDX2, MUC2, and villin 1 (VIL1); E: Relative protein expression of OLFM4, N

homeobox gene 2; WWD: Weiwei Decoction; MUC2: MUCIN 2; VIL1: Villin 1.

upon FA intervention was also noted (IL-17, P < 0.001; MIP-1 $\alpha$ , P < 0.05) (Figure 7A).

TNF- $\alpha$ , IL-6, and IL-8 are crucial biomarkers mediating gastric epithelial cell inflammatory injuries. In the present study, we investigated the transcription of these genes in GES-1 cells. TNF- $\alpha$ , IL-6, and IL-8 showed enhanced transcription levels in the model group (TNF- $\alpha$ , *P* < 0.01; IL-6, *P* < 0.001; IL-8, *P* < 0.05). In contrast, WWD-medicated serum intervention attenuated IL-8 transcription (*P* < 0.01). Moreover, WWD-medicated serum could effectively diminish the transcription of TNF- $\alpha$  (WWD-L, *P* < 0.05; WWD-M, WWD-H, *P* < 0.01) and IL-6 (WWD-L, *P* < 0.01; WWD-M, WWD-H, *P* < 0.001) in a dose-dependent manner (Figure 7B). In brief, WWD exerts anti-inflammatory effects during the treatment of gastric IM.

#### DISCUSSION

The incidence and mortality rate of GC have generally decreased in recent years globally, but it is still one of the major cancer types worldwide. Most cases are diagnosed in advanced stages with poor prognoses[29]. Intestinal-type adenocarcinoma is the most common type of GC, there is substantial evidence suggesting that it is preceded by precancerous lesions, including atrophy and IM[30]. Hence, improving the treatment of gastric precancerous lesions and thereby preventing GC is an essential public health issue that demands prompt solutions. Correspondingly, our study showed that WWD exerts a therapeutic effect on gastric IM. Clinically, it was found that WWD could attenuate IM symptoms in combination with standard quadruple therapy while improving IM pathological manifestations[14,15]. Experimentally, WWD was capable of improving histological alterations, simultaneously reducing the expression of the specific markers in advanced SPEM and IM[13]. Therefore, our research mainly investigated the pharmacological actions underlying the therapeutic effects of WWD on gastric IM.

CDX2, a crucial transcription factor that promotes intestinal differentiation, also considered a pivotal marker of gastric IM, is capable of inducing the expression of various intestinal markers downstream, including KLF4, VIL1, MUC2, SI, and cadherin 17 (CDH17). CDX2 is an intestinal-specific homeobox gene, which is one of the pivotal transcription factors in regulating the homeostasis of the adult gastrointestinal epithelium. Histological expression of CDX2 in proximal organs, such as the stomach and esophagus, causes metaplasia. Currently, the importance of CDX2 in regulating intestinal differentiation has been widely accepted. VIL1 and SI are the markers of intestinal columnar epithelial cells, whereas MUC2 is a marker of goblet cells. KLF4 is an important transcription factor involved in the development of intestinal mucosa similar to CDX2. KLF4 is up-regulated in metaplasia and induces the production of MUC2[31]. In gastric IM, CDX2 is elevated and directs the transformation by promoting the expression of intestinal markers, such as KLF4, VIL1, MUC2, and SI[8]. Furthermore, overexpression of CDX2 induces intestinal crypt-like structure differentiation in human gastric organoids while enhancing the expression of intestinal genes, namely MUC2 and CDH17[32].

In the present study, GES-1 cells treated with CDCA were utilized as cell models of IM. IM rat models were induced using MNNG. Pathogenic factors of gastric IM, such as *H. pylori* infection, bile reflux, and exposure to N-nitroso compounds, can promote the expression of CDX2[8,33]. Our assay confirmed that CDX2, MUC2, and VIL1 were up-regulated at the mRNA and protein levels in both *in vivo* and *in vitro* models of IM. Together with previous research, these findings indicate that CDX2 induces the transformation of IM and the expression of relevant intestinal markers.

In case of pharmacodynamic actions, it is noted that WWD could inhibit CDX2 elevation in IM and suppress the intestinal-like phenotype. Our study confirmed that WWD administration improved IM histological alternations in rat models. In addition, WWD reduced CDX2, VIL1, and MUC2 at the mRNA and protein levels while suppressing KLF4 protein level. Moreover, treatment of IM cell models with WWD-medicated serum reduced CDX2 and MUC2 proteins. Likewise, incubation of AGS cells in WWD-medicated serum reduced CDX2 and VIL1 proteins. These findings have corroborated this hypothesis *in vitro*. Beyond that, a clinical trial has indicated that *Panax notoginseng* (Burkill) F.H.Chen in this formula, together with Chinese herbal compounds, alleviates atrophy and IM in the treatment of CAG with erosion, which might help to explain the efficacious material basis of WWD against the intestinal-like phenotype[34].

Notably, current evidence suggests that OLFM4 is a biomarker of gastric IM, and has a strong connection to gastric IM that progresses to GC[35]. OLFM4 is remarkably increased in IM compared to that in chronic gastritis[25]. It is a robust marker of intestinal stem cells in both normal and metaplastic contexts[30]. Consistently, OLFM4 is co-expressed with intestinal stem cell markers, such as leucine rich repeat containing G protein-coupled receptor 5, EPH receptor B2, and achaete-scute family bHLH transcription factor 2. Thus, we presume that OLFM4 may be involved in the evolution and progression of metaplastic lineages in stomach[26]. OLFM4 is capable of mediating various cellular processes such as cell adhesion, migration, apoptosis, cell cycling, and proliferation. It is also regarded as a highly sensitive biomarker of early GC. The expression of OLFM4 is more frequently positive in stages I/II than in stages III/IV[24]. Here, we employed it as an entry point to study the pathogenic mechanisms of IM and the pharmacological actions of WWD.

NOD1 is a prominent pathogen-recognition molecule in epithelial cells. It may activate the immune reaction, prevent excessive inflammation, and protect against malignant transformation of gastric IM. The inflammation in response to *H. pylori* infection has been demonstrated to be more severe in NOD1-deficient mice of different genetic backgrounds[36]. Prolonged infection of NOD1-deficient mice with *H. pylori* leads to CDX2 up-regulation and aggravation of IM[27]. In INS-GAS FVB/N mouse stomach cancer models, NOD1 knockout increases the prevalence of dysplasia and accelerates gastric carcinogenesis[36]. Previous studies have also indicated that *H. pylori* activates NOD1 to promote the production

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Figure 7 Weiwei Decoction inhibits cytokines and chemokines in gastric intestinal metaplasia. A: Enzyme-linked immunosorbent assay was utilized to detect interferon-gamma, interleukin (IL)-6, IL-17, macrophage chemoattractant protein-1, and macrophage inflammatory protein 1 alpha in intestinal metaplasia rats serum (n = 6); B: Relative mRNA expression of tumor necrosis factor alpha, IL-6, and IL-8 in GES-1 cells (n = 3). \*P < 0.05, \*P < 0.01, \*P < 0.001 vs control group; <sup>d</sup>P < 0.05, <sup>e</sup>P < 0.01, <sup>f</sup>P < 0.001 vs model group; <sup>g</sup>P < 0.05, <sup>h</sup>P < 0.01, <sup>i</sup>P < 0.001 vs folic acid group. IL: Interleukin; MIP: Macrophage inflammatory protein; MCP: Macrophage chemoattractant protein; IFN: Interferon; WWD: Weiwei Decoction; FA: Folic acid; TNF: Tumor necrosis factor.

of IL-33 in gastric epithelial cells, which functions as an anti-inflammatory cytokine that mediates tissue repair[37]. In contrast, analysis of NOD1 in human GC and normal tissues illustrated that the epithelial staining intensity of NOD1 is diminished in human malignant tissues[38].

In terms of pathogenic mechanisms, our study confirmed OLFM4 elevation and NOD1 reduction in IM progression, which is consistent with the dominant view of the current research that OLFM4 plays a promoting role in IM progression and carcinogenesis, whereas NOD1 effectively protects against IM malignant transformation.

Regarding WWD's pharmacological actions in the treatment of gastric IM, our study demonstrated that WWD administration suppressed OLFM4 and enhanced NOD1 at the mRNA and protein levels in IM rat models. A parallel regulatory mechanism was demonstrated at the protein level in IM cell models and AGS cells treated with WWDmedicated serum, suggesting that WWD may exert a therapeutic effect by suppressing OLFM4 and enhancing NOD1 in gastric IM. TCM formula has the characteristics of multi-target, multi-pathway, and multi-mechanism. Our study has confirmed that OLFM4 is a vital target of WWD in the treatment of IM, revealing that TCM compounds could alleviate gastric IM by targeting OLFM4. On the other hand, functional components of WWD, such as naringin, ginsenoside Rb1, quercetin, and astragaloside IV, possess the potential capacity to modulate NOD-like receptors and coordinate immunoinflammatory responses [39-42]. These findings provide evidence for the regulation of OLFM4 and NOD1 expressions by WWD in the process of treating gastric IM.

Another important issue is, what is the specific regulatory relationship between OLFM4, NOD1, and CDX2 in IM? Previous studies showed that OLFM4 may mediate gastric IM preceding CDX2, and is involved in the indirect regulation of CDX2 expression[25]. In addition, OLFM4 may interact with NOD1 during IM transformation. OLFM4 is a target gene of *H. pylori*-activated NF-κB signaling, which has a negative feedback effect on NF-κB in turn through direct interaction

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with NOD1, thus promoting persistent H. pylori colonization [28]. Furthermore, NOD1 inhibits gastric IM progression by down-regulating CDX2[27]. The OLFM4/NOD1/CDX2 signaling pathway may exert a regulatory role in gastric IM.

In this study, we performed tissue microarray IHC assays and showed that the OLFM4/NOD1/CDX2 axis is a characteristic of human gastric IM tissues. Further, we indicated that OLFM4 may induce CDX2 through NOD1 and promote the progression of gastric IM. The transfection of IM cell models and AGS cells with shRNAs targeting OLFM4 enhanced NOD1 expression and suppressed CDX2 protein levels. In contrast, the reversed protein alternations were observed in GES-1 cells overexpressing OLFM4. Subsequently, we elucidated that OLFM4 induces CDX2 by interacting with NOD1, rather than activating CDX2 directly. Our Co-IP assays showed that OLFM4 directly interacts with NOD1 in gastric cells. Despite WWD inhibited OLFM4 expression, WWD treatment slightly strengthened OLFM4 and NOD1 interaction. Thus, we confirmed that OLFM4 may play an important regulatory role by interacting with NOD1 in IM progression, whereas WWD attenuates IM by strengthening the interaction of OLFM4 and NOD1. Moreover, we provide further insight into the potential mechanism of OLFM4 regulating CDX2 through the down-regulation of NOD1. The introduction of NOD1 shRNA restored the CDX2 and MUC2 protein down-regulation mediated by OLFM4 shRNA transfection in IM cell models. Taken together, we conclude that OLFM4 exhibits direct binding and subsequent down-regulation of NOD1, thereby sustaining the activation of CDX2 and promoting the progression of IM. In contrast, WWD exerts a therapeutic effect by suppressing OLFM4 expression and simultaneously strengthening the interaction of OLFM4 and NOD1, thereby restoring NOD1 levels and consequently reducing CDX2 in gastric IM. Our study results preliminarily demonstrate that the OLFM4/NOD1/CDX2 signaling pathway is involved in the regulation of IM, and WWD exerts its therapeutic efficacy on IM by modulating this pathway (Figure 8). Results from our research provide valuable insights into the pharmacological mechanisms underlying the effectiveness of WWD in IM treatment. Further offering a new perspective on the treatment of gastric IM and prevention of GC with TCM.



Figure 8 A schematic model of the olfactomedin 4/nucleotide-binding oligomerization domain 1/caudal-type homeobox gene 2 pathway in gastric intestinal metaplasia cells and the mechanism of Weiwei Decoction in the treatment of gastric intestinal metaplasia through this pathway. OLFM4: Olfactomedin 4; NOD1: Nucleotide-binding oligomerization domain 1; CDX2: Caudal-type homeobox gene 2; VIL1: Villin 1; KLF4: KLF transcription factor 4; WWD: Weiwei Decoction; MUC2: MUCIN 2.

Gastric IM is triggered by chronic inflammatory cell infiltration and repeated epithelial cell damage. Inhibiting the inflammatory actions would effectively limit the transformation of IM and lower the risk of GC accumulation[1]. WWD treatment restrained IL-6, IFN-γ, IL-17, MCP-1, and MIP-1α content in the serum of IM rats. We tested several vital cytokines and chemokines that induce inflammatory injuries in the gastric epithelial cells. WWD-medicated serum could significantly inhibit the transcription of TNF-a, IL-6, and IL-8 in IM cell models. We previously conducted a study that illustrated WWD administration tends to reduce the transcription of cytokines in the gastric mucosa of H. pylori-infected mice, but the differences were not statistically significant. This may be brought on by the more severe inflammatory reactions in gastric IM caused by *H. pylori* infection compared to those induced by MNNG administration[13]. Taken together, WWD reduces the expression of cytokines and chemokines and limits inflammatory reactions in gastric IM to some extent.

#### CONCLUSION

The OLFM4/NOD1/CDX2 signaling pathway is involved in the regulation of IM. WWD exerts its therapeutic efficacy on IM by modulating this pathway. Additionally, WWD attenuates the inflammatory response of IM. These findings provide valuable insights into the pharmacological mechanisms underlying the effectiveness of WWD in IM treatment.

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