### OPINION REVIEW

5124  Malignant insulinoma: Can we predict the long-term outcomes?

*Cigrovski Berkovic M, Ulamec M, Marinovic S, Balen I, Mrzljak A*

### MINIREVIEWS

5133  Practical points that gastrointestinal fellows should know in management of COVID-19

*Sahin T, Simsek C, Balaban HY*

5146  Nanotechnology in diagnosis and therapy of gastrointestinal cancer

*Liang M, Li LD, Li L, Li S*

5156  Advances in the clinical application of oxycodone in the perioperative period

*Chen HY, Wang ZN, Zhang WY, Zhu T*

### ORIGINAL ARTICLE

5165  Circulating miR-627-5p and miR-199a-5p are promising diagnostic biomarkers of colorectal neoplasia

*Zhao DY, Zhou L, Yin TF, Zhou YC, Zhou GYJ, Wang QQ, Yao SK*

### Retrospective Cohort Study

5185  Management and outcome of bronchial trauma due to blunt *versus* penetrating injuries

*Gao JM, Li H, Du DY, Yang J, Kong LW, Wang JB, He P, Wei GB*

### Retrospective Study

5196  Ovarian teratoma related anti-N-methyl-D-aspartate receptor encephalitis: A case series and review of the literature

*Li SJ, Yu MH, Cheng J, Bai WX, Di W*

5208  Endoscopic surgery for intraventricular hemorrhage: A comparative study and single center surgical experience

*Wang FB, Yuan XW, Li JX, Zhang M, Xiang ZH*

5217  Protective effects of female reproductive factors on gastric signet-ring cell carcinoma

*Li Y, Zhong YX, Xu Q, Tian YT*

5230  Risk factors of mortality and severe disability in the patients with cerebrovascular diseases treated with perioperative mechanical ventilation

*Zhang JZ, Chen H, Wang X, Xu K*
<table>
<thead>
<tr>
<th>Page</th>
<th>Title</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>5266</td>
<td>Long-term outcomes of high-risk percutaneous coronary interventions under extracorporeal membrane oxygenation support: An observational study</td>
<td>Huang YX, Xu ZM, Zhao L, Cao Y, Chen Y, Qiu YG, Liu YM, Zhang PY, He JC, Li TC</td>
</tr>
<tr>
<td>5275</td>
<td>Health care worker occupational experiences during the COVID-19 outbreak: A cross-sectional study</td>
<td>Li XF, Zhou XL, Zhao SX, Li YM, Pan SQ</td>
</tr>
<tr>
<td>5287</td>
<td>Enhanced recovery after surgery strategy to shorten perioperative fasting in children undergoing non-gastrointestinal surgery: A prospective study</td>
<td>Ying Y, Xu HZ, Han ML</td>
</tr>
<tr>
<td>5297</td>
<td>Orthodontic treatment combined with 3D printing guide plate implant restoration for edentulism and its influence on mastication and phonic function</td>
<td>Yan LB, Zhou YC, Wang Y, Li LX</td>
</tr>
<tr>
<td>5306</td>
<td>Effectiveness of psychosocial intervention for internalizing behavior problems among children of parents with alcohol dependence: Randomized controlled trial</td>
<td>Omkarappa DB, Rentala S, Nattala P</td>
</tr>
<tr>
<td>5317</td>
<td>Crouzon syndrome in a fraternal twin: A case report and review of the literature</td>
<td>Li XJ, Su JM, Ye XW</td>
</tr>
<tr>
<td>5324</td>
<td>Laparoscopic duodenojunostomy for malignant stenosis as a part of multimodal therapy: A case report</td>
<td>Murakami T, Matsui Y</td>
</tr>
<tr>
<td>5331</td>
<td>Chordoma of petrosal mastoid region: A case report</td>
<td>Hua JJ, Ying ML, Chen ZW, Huang C, Zheng CS, Wang YJ</td>
</tr>
<tr>
<td>5337</td>
<td>Pneumatosis intestinalis after systemic chemotherapy for colorectal cancer: A case report</td>
<td>Liu H, Hsieh CT, Sun JM</td>
</tr>
<tr>
<td>5343</td>
<td>Mammary-type myofibroblastoma with infarction and atypical mitosis-a potential diagnostic pitfall: A case report</td>
<td>Zeng YF, Dai YZ, Chen M</td>
</tr>
<tr>
<td>Page</td>
<td>Title</td>
<td>Authors</td>
</tr>
<tr>
<td>------</td>
<td>----------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------</td>
</tr>
<tr>
<td>5365</td>
<td>Neonatal hemorrhage stroke and severe coagulopathy in a late preterm infant after receiving umbilical cord milking: A case report</td>
<td>Lu Y, Zhang ZQ.</td>
</tr>
<tr>
<td>5373</td>
<td>Heel pain caused by os subcalcis: A case report</td>
<td>Saijilafu, Li SY, Yu X, Li ZQ, Yang G, Lv JH, Chen GX, Xu RJ.</td>
</tr>
<tr>
<td>5380</td>
<td>Pulmonary lymphomatoid granulomatosis in a 4-year-old girl: A case report</td>
<td>Yao JW, Qiu L, Liang P, Liu HM, Chen LN.</td>
</tr>
<tr>
<td>5387</td>
<td>Idiopathic membranous nephropathy in children: A case report</td>
<td>Cui KH, Zhang H, Tao YH.</td>
</tr>
<tr>
<td>5400</td>
<td>Renal papillary necrosis with urinary tract obstruction: A case report</td>
<td>Pan HH, Luo YJ, Zhu QG, Ye LF.</td>
</tr>
<tr>
<td>5414</td>
<td>Successful living donor liver transplantation with a graft-to-recipient weight ratio of 0.41 without portal flow modulation: A case report</td>
<td>Kim SH.</td>
</tr>
<tr>
<td>5420</td>
<td>Treatment of gastric hepatoid adenocarcinoma with pembrolizumab and bevacizumab combination chemotherapy: A case report</td>
<td>Liu M, Luo C, Xie ZZ, Li X.</td>
</tr>
<tr>
<td>5428</td>
<td>Ipsilateral synchronous papillary and clear renal cell carcinoma: A case report and review of literature</td>
<td>Yin J, Zheng M.</td>
</tr>
<tr>
<td>5441</td>
<td>PIGN mutation multiple congenital anomalies-hypotonia-seizures syndrome 1: A case report</td>
<td>Hou F, Shan S, Jin H.</td>
</tr>
</tbody>
</table>
## Contents

**World Journal of Clinical Cases**

**Thrice Monthly Volume 10 Number 16 June 6, 2022**

<table>
<thead>
<tr>
<th>Page</th>
<th>Title</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>5446</td>
<td>Pediatric acute myeloid leukemia patients with i(17)(q10) mimicking acute promyelocytic leukemia: Two case reports</td>
<td>Yan HX, Zhang WH, Wen JQ, Liu YH, Zhang BJ, Ji AD</td>
</tr>
<tr>
<td>5456</td>
<td>Fatal left atrial air embolism as a complication of percutaneous transthoracic lung biopsy: A case report</td>
<td>Li YW, Chen C, Xu Y, Weng QP, Qian SX</td>
</tr>
<tr>
<td>5463</td>
<td>Diagnostic value of bone marrow cell morphology in visceral leishmaniasis-associated hemophagocytic syndrome: Two case reports</td>
<td>Shi SL, Zhao H, Zhou BJ, Ma MB, Li XJ, Xu J, Jiang HC</td>
</tr>
<tr>
<td>5470</td>
<td>Rare case of hepatocellular carcinoma metastasis to urinary bladder: A case report</td>
<td>Kim Y, Kim YS, Yoo JJ, Kim SG, Chin S, Moon A</td>
</tr>
<tr>
<td>5479</td>
<td>Osteotomy combined with the trephine technique for invisible implant fracture: A case report</td>
<td>Chen LW, Wang M, Xia HB, Chen D</td>
</tr>
<tr>
<td>5487</td>
<td>Clinical diagnosis, treatment, and medical identification of specific pulmonary infection in naval pilots: Four case reports</td>
<td>Zeng J, Zhao GL, Yi JC, Liu DD, Jiang YQ, Lu X, Liu YB, Xue F, Dong J</td>
</tr>
<tr>
<td>5502</td>
<td>Mixed large and small cell neuroendocrine carcinoma of the stomach: A case report and review of literature</td>
<td>Li ZF, Lu HZ, Chen YT, Bai XF, Wang TB, Fei H, Zhao DB</td>
</tr>
</tbody>
</table>

### LETTER TO THE EDITOR

<table>
<thead>
<tr>
<th>Page</th>
<th>Title</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>5510</td>
<td>Pleural involvement in cryptococcal infection</td>
<td>Georgakopoulou VE, Damaskos C, Sklapani P, Trakas N, Gkoufa A</td>
</tr>
<tr>
<td>5515</td>
<td>Electroconvulsive therapy plays an irreplaceable role in treatment of major depressive disorder</td>
<td>Ma ML, He LP</td>
</tr>
</tbody>
</table>
ABOUT COVER
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WJCC mainly publishes articles reporting research results and findings obtained in the field of clinical medicine and covering a wide range of topics, including case control studies, retrospective cohort studies, retrospective studies, clinical trials studies, observational studies, prospective studies, randomized controlled trials, randomized clinical trials, systematic reviews, meta-analysis, and case reports.

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RESPONSIBLE EDITORS FOR THIS ISSUE
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Ectopic peritoneal paragonimiasis mimicking tuberculous peritonitis: A care report

Jung Woo Choi, Chang Min Lee, Seong Je Kim, Se In Hah, Ji Yoon Kwak, Hyun Chin Cho, Chang Yoon Ha, Woon Tae Jung, Ok Jae Lee

BACKGROUND
The most common site of paragonimiasis is in the lungs. The migratory route passes through the duodenal wall, peritoneum, and diaphragm to the lungs; thus, the thoracic cavity and central nervous system, as well as the liver, intestine, and abdominal cavity may be involved. Here, we present a case of intraperitoneal paragonimiasis without other organ involvement, mimicking tuberculous peritonitis.

CASE SUMMARY
A 57-year-old man presented with recurrent abdominal pain for 4 wk. Physical examination revealed tenderness in the right lower quadrant. Laboratory findings showed complete blood counts within the normal range without eosinophilia. Multiple reactive lymph nodes and diffuse peritoneal infiltration were noted on abdominal computed tomography (CT). There were no abnormalities on chest CT or colonoscopy. Intraoperative findings of diagnostic laparoscopy for the differential diagnosis of tuberculous peritonitis and peritoneal carcinomatosis included multiple small whitish nodules and an abscess in the peritoneum. Pathological reports confirmed the presence of numerous eggs of Paragonimus westermani (P. westermani). A postoperative serum enzyme-linked immunosorbent assay revealed P. westermani positivity. Persistent and repetitive history-taking led him to retrospectively recall the consumption of freshwater crab. After 3 d of treatment with praziquantel (1800 mg; 25 mg/kg), he recovered from all symptoms.
CONCLUSION
In patients who require diagnostic laparoscopy for the differential diagnosis of tuberculous peritonitis and peritoneal carcinomatosis, repetitive history-taking and preoperative serologic antibody tests against *Paragonimus* may be helpful in diagnosing intraperitoneal paragonimiasis without other organ involvement.

Key Words: Differential diagnoses; Intraperitoneal abscess; Paragonimiasis; *Paragonimus westermani*; Peritonitis; Tuberculosis; Case report

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Core Tip: Intraperitoneal *Paragonimus* without lung involvement can be misdiagnosed for tuberculous peritonitis, even with a negative stool test and normal eosinophil counts. In this case, a positive result on the preoperative serum antibody test for *P. westmani* may help patients recall history of crustacean consumption and prevent unnecessary surgery.

INTRODUCTION
Infestation with *Paragonimus* species is the diagnosis of paragonimiasis. Although *Paragonimus westermani* (*P. westermani*) infested the lungs most commonly, in rare cases, they can be found only in other organs without the involvement of the lungs. In the case of involvement of the lungs, it is diagnosed by the identification of *P. westermani* eggs in stool or sputum examination. The diagnosis of ectopic infection can be made when worms or eggs of characteristic shape are found on tissue. Enzyme-linked immunosorbent assay (ELISA) for antibodies or molecular identification by polymerase chain reaction (PCR) can be helpful for diagnosis.

The nervous system and gastrointestinal system are other areas that can be infested other than the lungs. Humans are infected with *P. westermani* in form of metacercariae by eating raw freshwater crustaceans. The metacercariae exocyst in the duodenum, and then pass through the intestinal wall, peritoneal cavity, diaphragm, and pleural cavity to the lung. Due to this migratory route, ectopic infections can occur such as peritoneum. Intraperitoneal paragonimiasis without lung involvement may be misdiagnosed as tuberculous peritonitis. However, in most cases, it can be differentiated through eosinophilia, a positive stool test, and typical medical history of crustacean consumption.

Here, we present a case of intraperitoneal paragonimiasis mimicking tuberculous peritonitis with no involvement of lungs, no eosinophilia, and a negative stool test.

CASE PRESENTATION

Chief complaints
A 57-year-old man was admitted for the evaluation of recurrent lower abdominal pain that had persisted for 2 mo.

History of present illness
He received intermittent medications for abdominal pain in a private clinic for 2 mo. Two days before the visit, he underwent abdominal computed tomography (CT) at another hospital and was transferred for the differential diagnosis of tuberculous peritonitis and peritoneal carcinomatosis.

History of past illness
He received a diagnosis of a 5-mm-sized rectal neuroendocrine tumor at another hospital one year prior and underwent endoscopic mucosal resection.

Personal and family history
He has smoked 1 pack a day for 30 years. He has consumed approximately 57 g of alcohol per week.
Physical examination
Physical examination revealed mild tenderness in the right lower quadrant. The patient’s temperature was 36.4 °C, heart rate was 72 bpm, respiratory rate was 18 breaths per minute, blood pressure was 125/85 mmHg.

Laboratory examinations
The white blood cell count was 4960/mm³ (reference, 4000-10000/mm³), the proportion of eosinophils was 4.4% (reference, 1%-5%), and there were no abnormal findings in the laboratory findings. The C-reactive protein level was 1.7 mg/L, which was within the normal range (reference, 0-5 mg/L). The carcinoembryonic antigen was 1.43 ng/mL (reference, 0-3.4 ng/mL) and carbohydrate antigen 19-9 was 13.98 U/mL (reference, 0-34 U/mL). The interferon-gamma release assay test result was negative, and the results of tuberculosis tests, including sputum stain, culture, and PCR, were all negative. The stool examination result was negative.

Imaging examinations
Diffuse peritoneal infiltration and subtle wall thickening of the right colon with multiple reactive lymph nodes were found on abdominal CT (Figure 1). Meanwhile, no lung lesions were observed on chest CT, and no enlarged lymph nodes were observed. On colonoscopy, a scar caused by a previous mucosal resection was observed 2 cm above the anal valve, and there was no evidence of recurrence. Only atrophic gastritis was found on esophagogastroduodenoscopy.

Further diagnostic work-up
Exploratory laparoscopy was performed to determine the cause of the peritoneal lesions. Intraoperative findings showed multiple small whitish nodules and an abscess in the peritoneum (Figure 2). Peritoneal nodules 1-2 mm in size were observed throughout the abdominal cavity, and excisional biopsy was performed. During right pelvic wall dissection, abscess pockets with pus surrounded by the omentum were observed. Omentectomy was performed for some of the omentum. An incidental appendectomy was also performed.

Based on the pathological reports, numerous eggs of *P. westermani* were confirmed in all specimens of the excisional biopsy, omentectomy, and appendectomy (Figure 3).

A postoperative ELISA revealed positivity for antibodies against *P. westermani* in the serum. There were no specific findings on brain CT.

During retrograde history-taking, it was reported that he often consumed food consisting of raw freshwater crab several months prior.

FINAL DIAGNOSIS
The final diagnosis was intraperitoneal paragonimiasis without other organ involvement.

TREATMENT
He was given a total of 1800 mg (25 mg/kg) of praziquantel in 3 divided doses per day for 3 d and he recovered from all symptoms. He was discharged on the 10th day of hospitalization.

OUTCOME AND FOLLOW-UP
Recurrence was not observed in the subsequent 2 years.

DISCUSSION
This case was intraperitoneal paragonimiasis, which was difficult to differentiate from tuberculous peritonitis and peritoneal carcinomatosis. This is because he denied crustacean consumption during his first history-taking, the stool test result was negative, and there was no eosinophilia or lung involvement.

There have been previous reports of intraperitoneal paragonimiasis, but with differentiating points, such as intrathoracic lesions[1], intraperitoneal calcifications[2,3], and eosinophilia[4], whereas no signs of paragonimiasis, such as calcification or eosinophilia, were observed in the present case. In a Korean case report[5], similar to the present case, a 57-year-old woman presented with paragonimiasis mimicking omental seeding nodules and transverse colonic wall thickening without eosinophilia and...
Choi JW et al. Ectopic peritoneal paragonimiasis mimicking tuberculous peritonitis

Figure 1 Abdominal computed tomography. There are diffuse omental infiltrates and some peritoneal thickening with small lymph nodes in common hepatic, hepaticoduodenal, small bowel mesenteric, and para-aortic areas. A: Axial view; B: Coronal view.

Figure 2 Laparoscopic findings. A: Peritoneal nodules mimicked tuberculous nodules; B: Abscess pocket of the omentum is noted in the right pelvic wall around the anterollic area.

lung involvement, and an intraoperative frozen biopsy was performed for diagnosis. She was treated with praziquantel for 2 d.

In addition, despite the denial of the possibility of parasitic infestation at the time of history-taking in the present case, he recalled that he had consumed soy sauce crab several months before being diagnosed with paragonimiasis through surgery. Soy sauce crab is a dish that commonly causes paragonimiasis in Korea.

For the differential diagnosis of tuberculous peritonitis mimicking peritoneal infiltration without eosinophilia and other involvement, especially with a negative latent tuberculosis test result, serologic ELISAs for antibodies against *Paragonimus* can be helpful. If serologic antibody tests for parasitic infestations had been performed before diagnostic laparoscopy, unnecessary surgery may have been avoided through repeated medical history taking. He was treated with praziquantel for 3 d after receiving the diagnosis of intraperitoneal paragonimiasis, and no recurrence was observed for 2 years thereafter.

CONCLUSION

Even with normal stool tests and eosinophil counts on complete blood count, preoperative serologic antibody tests against *Paragonimus* may be helpful in diagnosing intraperitoneal paragonimiasis without other organ involvement in patients who require diagnostic laparoscopy for the differential diagnosis of tuberculous peritonitis and peritoneal carcinomatosis.
Choi JW et al. Ectopic peritoneal paragonimiasis mimicking tuberculous peritonitis

Figure 3 Pathological finding. The parasite eggs are shown (hematoxylin and eosin stain, × 50).

FOOTNOTES

Author contributions: Lee CM contributed to the collection and organization of data; Choi JW wrote the draft; Kim SJ, Hah SI, and Kwak JY, Cho HC, Ha CY, Jung WT, and Lee OJ revised the manuscript for important intellectual content; All authors have read and approved the final manuscript.

Informed consent statement: A patient was not required to give informed consent for the study because this is a study that analyzed data retrospectively at a specific point that had already been completed in the treatment process. In the entire research process, including clinical data collection, analysis, and manuscript preparation, the possibility of infringing on the human rights of the subject patient is judged to be minimal, and the confidentiality of the subject patient’s personal information has been thoroughly maintained. Therefore, it is considered that the procedure for obtaining written consent from the subject patient can be omitted.

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Choi JW et al. Ectopic peritoneal paragonimiasis mimicking tuberculous peritonitis

