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Atypical imaging features of the primary spinal cord glioblastoma: A case report

Liang X et al. Atypical imaging of PSC GB

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Abstract

BACKGROUND

Primary spinal cord (PSC) glioblastoma (GB) is an extremely rare but fatal primary tumor of the central nervous system and associated with a poor prognosis. While typical tumor imaging features are generally easy to recognize, glioblastoma multiforme can have a wide range of imaging findings. Atypical GB is often misdiagnosed, which usually delays the optimal time for treatment. In this article, we discuss a clinical case of pathologically confirmed PSC GB under the guise of benign tumor imaging findings, as well as the most recent literature pertaining to PSC GB.

CASE SUMMARY

A 70-year-old female complained of limb weakness lasting more than 20 d. Irregular masses were observed inside and outside the left foramina of the spinal canal at C7-T1 on medical imaging. Based on the imaging features, radiologists diagnosed the patient with schwannoma. Tumor resection was performed under general anesthesia. The final histopathological findings revealed a final diagnosis of PSC GB, WHO Grade IV. The patient subsequently underwent a 4-wk course of radiotherapy (60 Gy in 20 fractions) combined with temozolomide chemotherapy. The patient was alive at the time of submission of this manuscript.

CONCLUSION

Atypical GB presented unusual imaging findings, which led to misdiagnosis. Therefore, a complete recognition of imaging signs may facilitate early accurate diagnosis.

Key Words: Primary spinal cord glioblastoma; Atypical imaging features; Benign-looking; Misdiagnosis; Pathology confirmed; Case report

Liang X, Chen Y, Li Q, Zhou Z. Atypical imaging features of the primary spinal cord glioblastoma: A case report and literature review. World J Clin Cases 2022;
Core Tip: This is the first literature review to summarize the imaging features of surgical and pathologically confirmed glioblastoma in the spinal cord. Lesions reported in previous cases were located in the spinal canal exclusively. Intramedullary glioma that extended beyond the spinal canal has not been reported before. In this case, the tumor grew across and beyond the spinal canal and appeared benign, which led to the misdiagnosis of neurogenic tumors. A definitive diagnosis requires histopathological confirmation. However, complete recognition of the imaging signs of the disease may facilitate early accurate diagnosis.

INTRODUCTION
Glioblastoma (GB) is the most common malignancy of the nervous system. Primary spinal cord (PSC) GB is a fairly rare tumor, accounting for 1% to 5% of all GB and 1.5% of all spinal cord neoplasms[1]. Due to its rare occurrence, most reported studies are either case reports or focused on its treatment and prognosis. Apart from histopathological findings, a precise imaging diagnosis also plays an essential role in the prognosis of GB. Furthermore, as it presents a variety of imaging features, it is difficult to differentiate this tumor from ependymoma and astrocytoma as well as neurogenic neoplasms[2,3]. To the best of our knowledge, this is the first literature review to summarize the imaging findings of this rare disease. Due to a misdiagnosed case of pathologically confirmed PSC GB with atypical imaging features in our clinical practice (Figure 1), we reviewed and summarized the imaging and clinical features of PSC GB from 2011 to 2021. By aggregating these data, we intend to improve the diagnostic accuracy of PSC GB for radiologists and clinicians.

CASE PRESENTATION

Chief complaints
A 70-year-old female, with no history of previous illnesses, complained of limb weakness and an inability to walk lasting more than 20 d.

History of present illness
The patient reported feeling weak in her limbs, especially her left arm and leg. She
described that, in the previous 2 wk, she had been unable to walk as before.

*History of past illness*

The patient had no chronic illnesses or history of surgery.

*Personal and family history*

The patient did not have any significant family history.

*Physical examination*

Physical examination revealed no deformity in the spine and limbs, with a normal cranial nerve sensation detected. However, there was decreased needling reflection below the bilateral nipples and a muscle strength score of Grade 0 in both lower limbs. Additionally, bilateral abdominal reflexes, anal sphincter reflex, bilateral knee tendon, and Achilles tendon reflexes were absent.

*Imaging examination*

In the cervical computed tomography and magnetic resonance imaging (MRI) scans (Figures 2 and 3), irregular masses were observed inside and outside of the left foramina of the spinal canal, at C7-T1. The margins between the medial part and the spinal cord were not clear, whereas the lateral margin was rough, and the foramina was enlarged, with a significantly heterogeneous enhancement.

**MULTIDISCIPLINARY EXPERT CONSULTATION**

According to the results of physical examinations and imaging features, the physicians and radiologists made an initial diagnosis of a benign tumor, like schwannoma. A section surgery was recommended.

**FINAL DIAGNOSIS**

Based on the imaging features, radiologists, and multidisciplinary expert conclusion, the final diagnosis was schwannoma.
TREATMENT
After the primary diagnosis, C7-T1 spinal canal tumor resection was performed under general anesthesia. During the procedure, the surgeons noticed edema from the C7-T1 spinal cord, with the residing tumor on the left side, which was obscuring the boundary of the spinal cord. The tumor crossed the foramina and was in proximity to the vertebral and internal carotid arteries and left lung tip. The C7 nerve root was observed passing through it, with a visible small amount of subarachnoid hemorrhage. After resection of the tumor (Figure 4A), histopathological findings revealed a primary spinal cord glioblastoma, WHO Grade IV (Figure 4B and 4C).

The patient underwent MRI re-examination 1 wk after surgery (Figure 5). She subsequently underwent a 4-wk course of radiotherapy (60 Gy in 20 fractions) combined with temozolomide chemotherapy.

OUTCOME AND FOLLOW-UP
For the next 6 mo, the patient’s upper limb muscle strength was Grade II, although lower limb muscle strength was Grade 0, with no relief in incontinence. However, the patient is still alive at this time (day of submission of this manuscript).

SIGNIFICANCE
This is one of the rare cases of PSC GB that was characterized by tumor growth across and beyond the spinal canal, like a benign tumor, which led to the misdiagnosis of neurogenic tumors. To the best of our knowledge, an intramedullary glioma that extends beyond the spinal canal has not been reported before. Also, lesions reported previously were located in the spinal canal exclusively.

LITERATURE REVIEW
For conducting the extensive literature review, articles were selected in PubMed and Google Scholar for the most recent 10 years (2011-2021) by using search terms of “spinal cord glioblastoma,” “spinal cord malignant glioma,” and “spinal cord malignant neoplasm.” The search resulted in 79 publications, which were carefully screened by two authors (XL and ZZ) based on the following criteria: (1) Patients with
surgically and pathologically confirmed PSC GB; 2) Patients with whole clinical information and high-quality preoperative computed tomography/MR images; and (3) Only literature available in English language. However, publications were excluded from the study if they reported: (1) PSC GB with other malignant or benign tumors; (2) Patients with secondary spinal cord GB who had previously undergone low-grade glioma resection; or (3) Patients who had been diagnosed with primary cerebral GB secondary metastases. The publications were also examined for patient clinical details and reported department to rule out duplicates. After the screening, 8 studies (involving 11 patients) fulfilled our requirements and were included in the analysis. The clinical and imaging characteristics of these 11 lesions are listed in Table 1. The detailed screening flow chart is shown in Figure 6.

**DISCUSSION**

**Imaging features**

Generally, the typical imaging features of GB can be easily recognized by most radiologists. However, benign-looking masses, cystic lesions, multifocal/multicentric tumors, and spinal cord abnormalities may all represent features of GB. Therefore, a precise preoperative neuroimaging diagnosis is much more difficult, owing to the high variability of PSC GB. MRI is widely used in early diagnosis and preoperative evaluation of PSC GBs as a non-destructive and high-qualified imaging modality. Usually, PSC GBs appear as infiltrative and expansile intramedullary lesions, with T2 hyperintensity and T1 isointensity or hypointensity with different heterogeneous enhancement post-contrast on T1. Both the location and shape of the tumor play significant roles in the radiological differential diagnosis of intramedullary lesions.

In our case, the tumor was detected as a dumbbell mass, spanning the intramedullary and extramedullary region through the foramina. This disguised appearance led us to an erroneous diagnosis of the neurogenic tumor. However, in the reviewed publications, the tumor had an appearance of nodular, elongated lesions, growing along the spinal cord and confined to the intramedullary area.

The distinction of PSC GB from pathologies like myelitis or other types of intramedullary tumors, such as astrocytomas or ependymomas, are most difficult due
to its nonspecific and often very similar manifestations. The majority of ependymomas are often hyperintense on T2-weighted imaging with inhomogeneous enhancement after injection of gadolinium. Usually, ependymomas show high uptake of 18F-fluorodeoxyglucose, while myxopapillary ependymomas have low uptake of fluorodeoxyglucose\(^4\). Pilocytic astrocytomas often appear as a well-circumscribed mass with a highly enhanced T2 signal. Nonconventional MRI sequences, such as diffusion tensor images and dynamic susceptibility contrast perfusion weighted imaging, may provide more comprehensive information, which can be useful to differentiate and grade the lesion\(^8\).

A normalized (referenced to brain region of interest) relative cerebral blood volume (nRCBV) threshold of 1.75 has been used to predict GB progression. An increase in normalized relative cerebral blood volume (> 1.75) with a decrease in fractional anisotropy of the corresponding region of the tumor might suggest a high-grade glioma\(^8\). In our case, the tumor demonstrated atypical MRI and computed tomography appearances of PSC GB, although prior familiarity with these imaging features may help to differentiate from other intramedullary tumors.

***Clinical characteristics***

PSC GB is extremely rare, reported in about 1.5% of all the spinal cord tumors\(^9\). Due to its rare occurrence, few studies focus on it. Most of the published literature on PSC GB are case reports. Therefore, due to the lack of properly related literature, the clinical features, optimal therapy, and prognosis of PSC GB remain controversial\(^10\). This tumor is more prone to grow in the cervical or cervicothoracic region and is associated with severe disability and poor prognosis in most patients\(^11\). The early symptoms of these patients are usually weakness of unilateral or bilateral limbs\(^11,12\), sensorimotor disorders, and incontinence\(^6,12,13\). However, when accompanied by metastasis of other parts, the symptoms are usually different.

To the best of our knowledge, the largest sample study involving 190 PSC GB patients was reported by Moinuddin et al\(^14\). They found that PSC GB had a higher incidence in the younger age group (age < 18). In contrast, our patient’s age (70 years) contributes to the rarity of the present case. They also reported a better overall
survival in the 18-year-old to 65-year-old group (13.2 mo)[14]. Previous studies have also suggested that genetic mutations may be a contributing factor for the onset of the disease. It has been observed that patients with constitutional mismatch repair deficiency are more prone to develop high-grade gliomas in the central nervous system[15].

Pathology diagnosis
Due to its diverse and heterogeneous nature, PSC GB is difficult to diagnose merely by imaging techniques. Most PSC GB are confirmed by histopathological parameters, including nuclear atypia, mitotic activity, vascular proliferation, and necrosis[16,17], along with immunohistochemical parameters, such as glial fibrillary acidic protein and S-100 positivity with a high Ki-67 index[16-18].

The tissue section of our patient revealed many pleomorphic astrocytic cells with marked nuclear atypia and brisk mitotic activity, which was accompanied by necrosis and microvascular proliferation. The diagnosis of WHO grade IV GB is mainly based on the routine histopathological findings[16]. Immunohistochemically, the cells were slightly positive for glial fibrillary acidic protein, p53, and vimentin but were negative for S-100, isocitrate dehydrogenase, and H3K27M. The proliferation index (measured by Ki67) was about 30% in the resected tumor. High-grade glioma with isocitrate dehydrogenase gene mutation and positive for H3K27M is reported to have a significantly better prognosis[17,19,20]. However, H3K27M-positive PSC GBs are also at risk of developing local hemorrhage[18]. Before the submission of the current manuscript, our patient was still alive after surgery and radio-/chemotherapy. The survival of our patient might be attributed to an H3K27M mutation.

Treatments and prognosis
Although not implying causation, there is a trend towards improved overall survival with the use of chemotherapy and surgical resection for patients suffering from GB[21]. Despite the advancement in surgical techniques and postoperative adjuvant therapies, PSC GB still has an overall poor prognosis[9,21]. The overall survival in patients with PSC GB is approximately 10-14 mo[9]. The disease often leads to severe neurological
deficits and poor quality of life, even after treatment.

In our case, the patient underwent surgical resection with subsequent radiotherapy and chemotherapy. Unfortunately, neither treatment alleviated or improved her symptoms nor improved her quality of life. According to a single-center retrospective study by Cheng et al[23], the extent of surgical resection did not have any significance, but radiotherapy accompanied with postoperative chemotherapy was the major prognostic factor for longer survival in adult GB patients. However, the previous study reported that gross-total resection followed by radiotherapy had beneficial effects on the overall outcome of PSC GB in the pediatric age group[23]. More effective and targeted therapies need specific investigation in the future for helping patients with unique gene mutations achieve better prognosis. Further, broadening treatment avenues would help improve the efficacy of therapies and help in recovery for these patients.

Limitations
Due to the large mass in C7-T1, the conventional cervical MR field of view was not able to cover the whole lesion.

CONCLUSION
A definitive PSC GB diagnosis requires histopathological confirmation. However, complete recognition of the imaging signs of the disease may facilitate early accurate diagnosis.

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### PRIMARY SOURCES

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