



## PEER-REVIEW REPORT

**Name of journal:** *World Journal of Gastroenterology*

**Manuscript NO:** 94321

**Title:** What aspects do we overlook in the rehabilitation of patients with inflammatory bowel disease?

**Provenance and peer review:** Invited Manuscript; Externally peer reviewed

**Peer-review model:** Single blind

**Reviewer's code:** 06301995

**Position:** Peer Reviewer

**Academic degree:** Doctor, MD

**Professional title:** Affiliate Associate Professor, Doctor

**Reviewer's Country/Territory:** China

**Author's Country/Territory:** Türkiye

**Manuscript submission date:** 2024-03-15

**Reviewer chosen by:** Jia-Ru Fan

**Reviewer accepted review:** 2024-05-07 00:50

**Reviewer performed review:** 2024-05-07 02:01

**Review time:** 1 Hour

<b>Scientific quality</b>	<input type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Very good <input checked="" type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
<b>Novelty of this manuscript</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No novelty
<b>Creativity or innovation of this manuscript</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No creativity or innovation



<b>Scientific significance of the conclusion in this manuscript</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No scientific significance
<b>Language quality</b>	<input type="checkbox"/> Grade A: Priority publishing <input checked="" type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
<b>Conclusion</b>	<input type="checkbox"/> Accept (High priority) <input checked="" type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
<b>Re-review</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Peer-reviewer statements</b>	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous
	Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

Muscular atrophy and bone loss are important complications of inflammatory bowel disease, but they have received little attention. The discussion points selected by the author are novel and have important clinical significance. The authors discuss the effect of moderate exercise on osteoporosis and muscular atrophy induced by IBD complications. But I know that the depth of the discussion can be further strengthened to increase the mechanism by which exercise alleviates osteoporosis and muscular atrophy.



**PEER-REVIEW REPORT**

**Name of journal:** *World Journal of Gastroenterology*

**Manuscript NO:** 94321

**Title:** What aspects do we overlook in the rehabilitation of patients with inflammatory bowel disease?

**Provenance and peer review:** Invited Manuscript; Externally peer reviewed

**Peer-review model:** Single blind

**Reviewer’s code:** 03475595

**Position:** Peer Reviewer

**Academic degree:** Doctor, MD, PhD

**Professional title:** Academic Fellow, Associate Chief Physician, Associate Professor, Deputy Director, Doctor, Research Fellow, Surgeon, Surgical Oncologist, Teacher

**Reviewer’s Country/Territory:** China

**Author’s Country/Territory:** Türkiye

**Manuscript submission date:** 2024-03-15

**Reviewer chosen by:** Jia-Ru Fan

**Reviewer accepted review:** 2024-05-07 00:20

**Reviewer performed review:** 2024-05-07 14:36

**Review time:** 14 Hours

<b>Scientific quality</b>	<input type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Very good <input checked="" type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
<b>Novelty of this manuscript</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No novelty



<b>Creativity or innovation of this manuscript</b>	<input type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Good <input checked="" type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No creativity or innovation
<b>Scientific significance of the conclusion in this manuscript</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No scientific significance
<b>Language quality</b>	<input type="checkbox"/> Grade A: Priority publishing <input checked="" type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
<b>Conclusion</b>	<input type="checkbox"/> Accept (High priority) <input type="checkbox"/> Accept (General priority) <input checked="" type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
<b>Re-review</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Peer-reviewer statements</b>	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous
	Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

First, the manuscript provided an in-depth commentary on the existing literature and current practices regarding the rehabilitation of IBD patients, rather than presenting new empirical data or original research findings. Second, the manuscript supplied a well-reasoned, evidence-based perspective on an important aspect of IBD care which was often underemphasized. It had the potential to influence clinical practice and improved patient outcomes by encouraging a more holistic and active approach to the management of IBD. Third, The manuscript didn't address potential cultural or socioeconomic barriers to implementing exercise and rehabilitation programs, which could influence patient adherence and outcomes.



## PEER-REVIEW REPORT

**Name of journal:** *World Journal of Gastroenterology*

**Manuscript NO:** 94321

**Title:** What aspects do we overlook in the rehabilitation of patients with inflammatory bowel disease?

**Provenance and peer review:** Invited Manuscript; Externally peer reviewed

**Peer-review model:** Single blind

**Reviewer's code:** 03262691

**Position:** Peer Reviewer

**Academic degree:** MA

**Professional title:** Chief Doctor, Professor

**Reviewer's Country/Territory:** China

**Author's Country/Territory:** Türkiye

**Manuscript submission date:** 2024-03-15

**Reviewer chosen by:** Jia-Ru Fan

**Reviewer accepted review:** 2024-05-06 16:32

**Reviewer performed review:** 2024-05-10 14:13

**Review time:** 3 Days and 21 Hours

<b>Scientific quality</b>	<input checked="" type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
<b>Novelty of this manuscript</b>	<input checked="" type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No novelty
<b>Creativity or innovation of this manuscript</b>	<input checked="" type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No creativity or innovation



<b>Scientific significance of the conclusion in this manuscript</b>	<input checked="" type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Good <input type="checkbox"/> Grade C: Fair <input type="checkbox"/> Grade D: No scientific significance
<b>Language quality</b>	<input type="checkbox"/> Grade A: Priority publishing <input checked="" type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
<b>Conclusion</b>	<input checked="" type="checkbox"/> Accept (High priority) <input type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
<b>Re-review</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>Peer-reviewer statements</b>	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous
	Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No

**SPECIFIC COMMENTS TO AUTHORS**

Both Crohn’s disease (CD) and ulcerative colitis (CD) in inflammatory bowel disease (IBD) exert a heavy burden on patients’ quality of life not only in the active stage but also in the remission stage where flare-ups of the disease are the major concerns of patients highlighting the necessity of management of the patients. However, most efforts are paid in medical prevention for relapse of the disease while rehabilitation by physical activity and structured exercise is not sufficiently utilized during remission period. In this editorial, the authors underlined the possible comorbidities of IBD such as musculoskeletal disorders leading to future disability and suggested the significance of creating a personalized rehabilitation program including physical activity and structured exercise with a multidisciplinary approach in the management of these disorders in patients with IBD. This editorial was concisely and logically written and to the points which remind IBD doctors as well as patients of the overlooked aspects in the rehabilitation of patients with IBD.