Scientific Quality: Grade B (Very good)
Novelty of This Manuscript: Grade A (Excellent)
Creativity or Innovation of This Manuscript: Grade B (Good)
Scientific Significance of the Conclusion in This Manuscript: Grade B (Good)
Language Quality: Grade B (Minor language polishing)

Conclusion: Minor revision

Specific Comments to Authors: This manuscript provides a basis for psychological intervention in patients with systemic lupus erythematosus (SLE), offering valuable insights into the psychological status, perceived social support and dispositional optimism of SLE patients. The identification of elevated psychological distress highlights the need for tailored psychological support and intervention strategies for SLE patients. The topic is of great significance, and the article is well-written. I recommend its acceptance after the minor revision. My detailed comments are as follows: 1. In the second paragraph of the results section, I suggest directly identifying factors with significant statistical differences, or deleting ‘P<0.05’ since the factors presented have no significant statistical differences. 2. In the last paragraph of the results section, it would be better to provide the full name of PF, GH, VT, SF, and MH. 3. Further longitudinal studies and interventional trials are warranted to validate the findings and assess the effectiveness of tailored psychological interventions in improving mental health outcomes among SLE patients. It is necessary to add this point in the discussion section.

Reply: Thank you for your precious time reviewing our manuscript, we have modified the manuscript according to the suggestions:

1. We have revised the wording of the results section and listed all the factors with significant statistical differences.
2. We have provided the full name of the abbreviations in results section.
3. This study still have rooms for improvement, the results obtained in this study only provide theoretical support for the psychological state of SLE patients, and appropriate intervention measures are needed for patients with different degrees of psychological disorders. Thus, further longitudinal studies and interventional trials are warranted to validate the findings and assess the effectiveness of tailored psychological interventions in improving mental health outcomes among SLE patients.