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It is 2015: What are the best diagnostic and treatment options for Ménière's disease?

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Abstract

Ménière's disease (MD) is a common cause of recurrent vertigo. Its pathophysiology is still unclear and controversial. The most common histological finding in postmortem temporal bone studies of patients is endolymphatic hydrops. However, not all cases of hydrops are associated with MD and it may represent the end point of various etiologies. The diagnostic criteria for MD have undergone changes during the past few decades. A recent collaboration among specialty societies in US, Europe and Japan has given rise to a new set of guidelines for the diagnosis and classification of MD. The aim is to develop international consensus criteria for MD that would help improve the quality of data collected from patients. The diagnosis of MD can be difficult in some cases as there is no gold standard for testing. Previous use of audiometric data and electrocochleography are poorly sensitive as screening tools. Recently magnetic resonance imaging as a diagnostic tool for identifying endolymphatic

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... Reviewed by Deborah Weatherspoon, Ph.D., MSN, RN, CRNA on November 18, 2015
... **Meniere's disease** is a chronic (long-term) disease, but **treatments** and who have severe attacks and haven't had success with other **treatment options**. Both of which will support, guide and inspire you toward the **best** possible ...

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