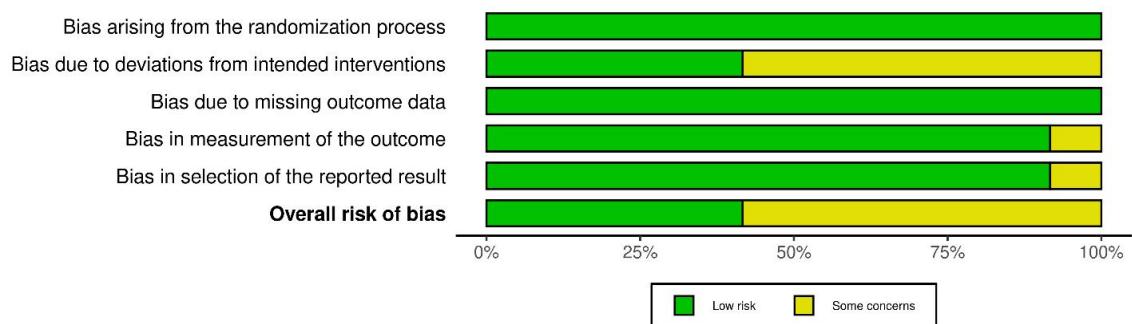


Study	Risk of bias domains					
	D1	D2	D3	D4	D5	Overall
Cho 2014	+	-	+	+	+	-
Choi 2010	+	-	+	+	+	-
Duncan 2020	+	+	+	+	+	+
Hanart 2009	+	+	+	+	+	+
Hosseini 2024	+	-	+	+	+	-
Lee 2021	+	-	+	+	-	-
Maleki 2016	+	+	+	+	+	+
Niemi 2008	+	-	+	-	+	-
Patel 2016	+	-	+	+	+	-
Shramko 2008	+	-	+	+	+	-
Skhirtladze 2013	+	+	+	+	+	+
Van der Linden 2013	+	+	+	+	+	+

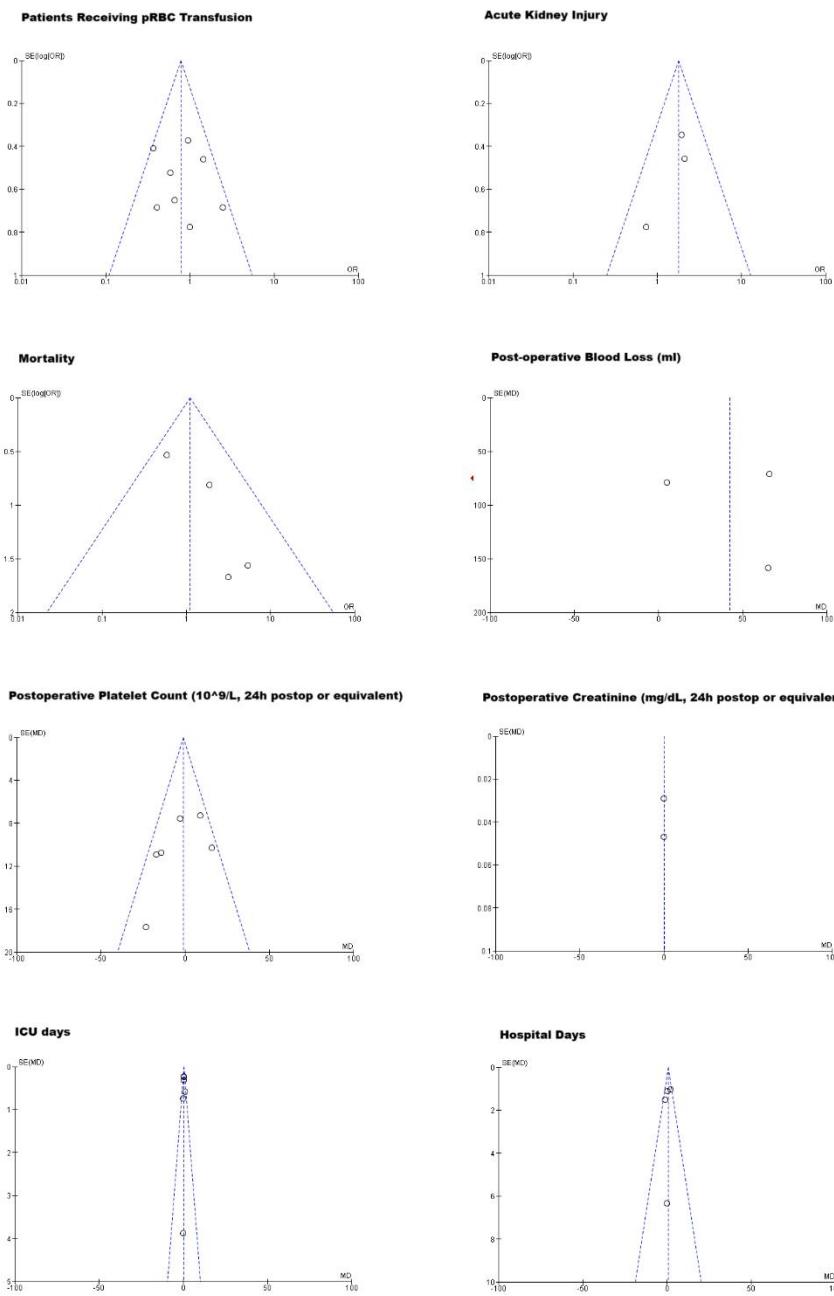
Domains:  
D1: Bias arising from the randomization process.  
D2: Bias due to deviations from intended intervention.  
D3: Bias due to missing outcome data.  
D4: Bias in measurement of the outcome.  
D5: Bias in selection of the reported result.

Judgement  
- Some concerns  
+ Low

**Supplementary Figure 1 Traffic light plot showing risk of bias assessment.**



**Supplementary Figure 2 Summary plot showing risk of bias assessment.**



**Supplementary Figure 3** Funnel plots showing publication bias assessment.