

		Risk of bias domains					
		D1	D2	D3	D4	D5	Overall
Study	Cho 2014						
	Choi 2010						
	Duncan 2020						
	Hanart 2009						
	Hosseini 2024						
	Lee 2021						
	Maleki 2016						
	Niemi 2008						
	Patel 2016						
	Shramko 2008						
	Skhirtladze 2013						
	Van der Linden 2013						

Domains:

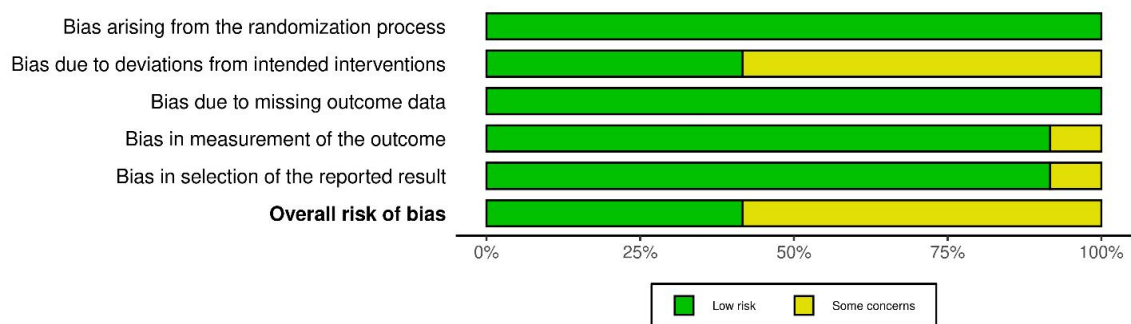
D1: Bias arising from the randomization process.
D2: Bias due to deviations from intended intervention.
D3: Bias due to missing outcome data.
D4: Bias in measurement of the outcome.
D5: Bias in selection of the reported result.

Judgement

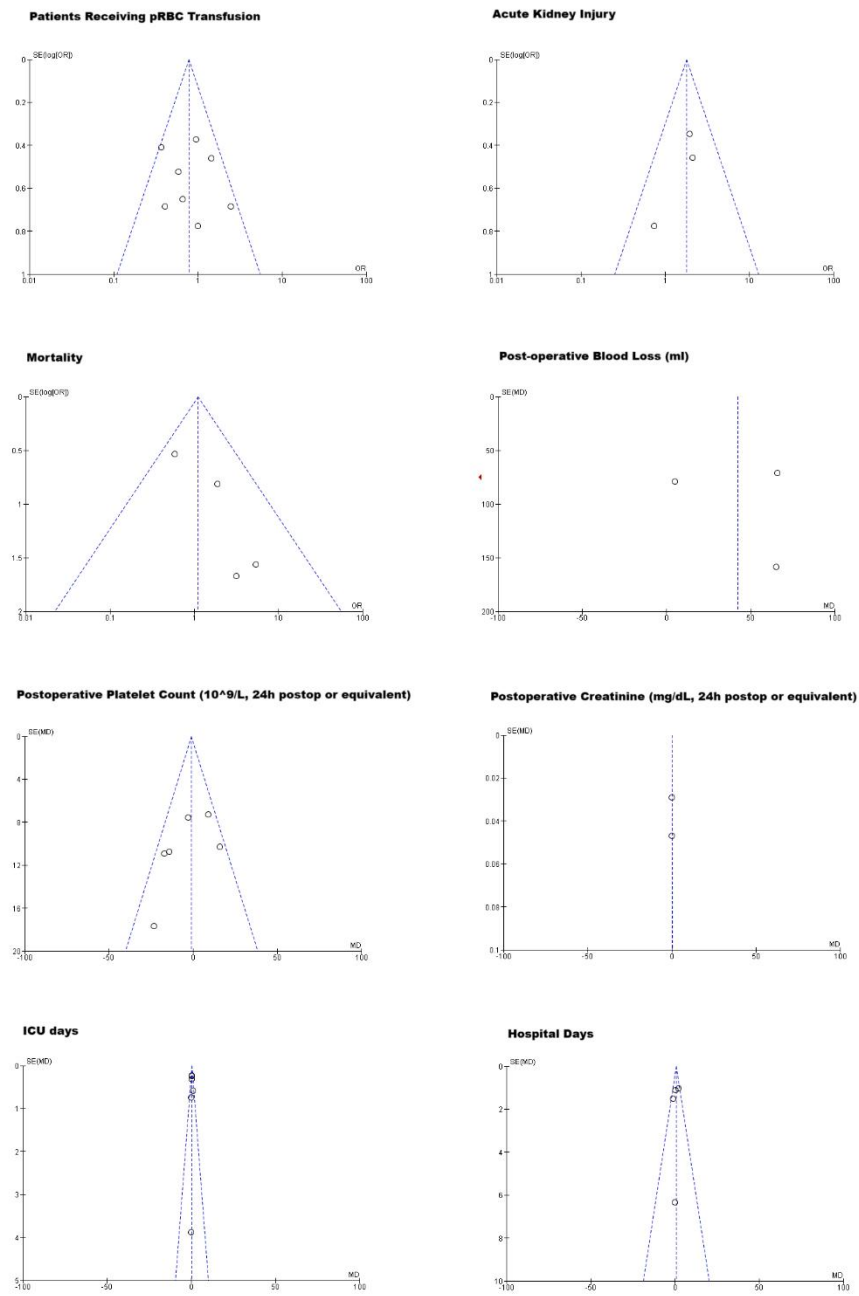
Some concerns

Low

Supplementary Figure 1 Traffic light plot showing risk of bias assessment.



Supplementary Figure 2 Summary plot showing risk of bias assessment.



Supplementary Figure 3 Funnel plots showing publication bias assessment.