

# Effects of AT1 receptor antagonist, losartan, on rat hepatic fibrosis induced by CCl<sub>4</sub>

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**Subject headings** liver cirrhosis/drug therapy; renin-angiotensin system; angiotensin II type 1 receptor antagonist; losartan

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## Abstract

**AIM** To investigate effect of losartan, an AT1 receptor antagonist, on hepatic fibrosis induced by CCl<sub>4</sub>; and to determine whether or not AT1 receptors are expressed on hepatic stellate cells. **METHODS AND RESULTS** Fifty male Sprague-Dawley rats, weighing (180 ± 20) g, were randomized into five groups (control group, model group, and three losartan treated groups), in which all rats were given the subcutaneous injection of 40% CCl<sub>4</sub> (every 3 days for 6 weeks) except for rats of control group. Rats of losartan-treated groups were treated with losartan (20mg/kg, 10mg/kg, 5mg/kg, daily gavage). After 6 weeks liver tissue and serum samples of all rats were examined. Serum hyaluronic acid (HA), procollagen type III (PC III) were detected by radioimmunoassays. van Gieson collagen staining was used to evaluate the extracellular matrix of rats with liver fibrosis. The expression of AT1 receptors, transforming growth factor-beta (TGF-β), and alpha-smooth muscle actin (α-SMA) in liver tissue were determined by immunohistochemical techniques. Compared with model group, serum ALT and AST of losartan-treated groups were significantly reduced ( $t = 4.20$ ,  $P < 0.01$  and  $t = 4.57$ ,  $P < 0.01$ ). Serum HA and PC III also had significant differences ( $t = 3.53$ ,  $P < 0.01$  and  $t = 2.20$ ,  $P < 0.05$ ). The degree of fibrosis was improved by losartan and

correlated with the expressions of AT1 receptors, TGF-β, and α-SMA in liver tissue. **CONCLUSION** AT1 receptor antagonist, losartan, could limit the progression of the hepatic fibrosis induced by CCl<sub>4</sub>. The mechanism may be related to the decrease in the expression of AT1 receptors and TGF-β, a meliorating the injury of hepatocytes; activation of local renin-angiotensin system might relate to hepatic fibrosis; and during progression of fibrosis, activated hepatic stellate cells might express AT1 receptors.

## INTRODUCTION

Hepatic fibrosis, which may ultimately lead to cirrhosis, is associated with most chronic liver diseases, and is characterized by the net accumulation of extracellular matrix (ECM), including collagen, glycoproteins, and proteoglycans<sup>[1,2]</sup>. Many reports have suggested that hepatic stellate cells (HSCs) are the major producers of ECM in liver injury, and play a prominent role in liver fibrosis<sup>[3-7]</sup>. Tissue repair after acute liver damage involves "activation" of "quiescent" HSCs to myofibroblast-like cells<sup>[8-12]</sup>. Transforming growth factor-beta (TGF-β) is a pleiotropic cytokine that has been assigned a key role in epithelial repair, and HSCs were shown to its main source<sup>[13-16]</sup>. In cultured HSCs, TGF-β-mediated up-regulation of collagen and other ECM components mRNA was time and dose-dependent<sup>[17,18]</sup>. In the past years, significant progress has been made in our understanding of this pathologic mechanism, however, few effective drugs can slow the progression of the fibrosis<sup>[19,20]</sup>.

Over the past decade, preventing the formation of angiotensin II by angiotensin-converting enzyme (ACE) inhibitors has revolutionized the therapy of hypertension and especially of congestive heart failure<sup>[21]</sup>. Recently, a number of studies demonstrated that ACE inhibitors also effectively limited the progression of cardiac, renal and pulmonary interstitial fibrosis<sup>[22-26]</sup>. Recent work has shown that angiotensin II type 1 (AT1) receptor antagonist, losartan, can also ameliorate the renal and cardiac fibrosis<sup>[27,28]</sup>. The prevailing hypothesis for the main mechanism was suppressing the expression of TGF-β in kidney and heart, rather than its dynamic effects<sup>[29-32]</sup>.

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Based on this and other information, we hypothesized that the AT1 receptor antagonist, losartan, could also limit the progression of hepatic fibrosis. To explore our speculation, the present study was designed to investigate the effect of losartan on rat's hepatic fibrosis induced by CCl<sub>4</sub>, and determine whether or not there was expression of AT1 receptor on hepatic stellate cells.

## MATERIALS AND METHODS

### Animals and reagents

Fifty male Sprague-Dawley rats, weighing  $180 \pm 20$  g, were purchased from Animal Center of Shanghai Medical University (Shanghai, China). Losartan was obtained from MSD Co. (England). Polyclonal rabbit antibody to rat TGF- $\beta$  was purchased from Boster Biotech Co. (Wuhan, China). Monoclonal antibody of  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) was purchased from Maixin Biotech Co. (Fuzhou, China). Hyaluronic acid (HA) and procollagen type III (PC III) radioimmunoassays kits were purchased from Navy Shanghai Medical Institute (Shanghai, China).

### Serum function tests

Fifty rats were randomized into five groups (control group, model group and three losartan-treated groups) in which all rats were given subcutaneous injection of 40% CCl<sub>4</sub> (0.3 mL/100 g, every 3 days for 6 weeks) except for rats of control group (only given injection of same dose of olive oil). In an initial experiment, rats of losartan-treated groups were treated with losartan (20 mg/kg, 10 mg/kg, 5 mg/kg by daily gavage). After six weeks, all rats were sacrificed. Serum was collected and stored at  $-20^{\circ}\text{C}$  for analysis of aspartate transaminase (AST) and alanine transaminase (ALT) activity by standard enzymatic methods. The serum levels of PC III and HA was determined by radioimmunoassays.

### Immunohistochemical detections and histological data

The liver sections were fixed in a 10% solution of formaldehyde in 0.1 mol/L phosphate-buffered saline (pH 7.4), and embedded in paraffin. Five-micrometer slides were prepared. van Gieson collagen staining was used to evaluate the ECM of rats. According to van Gieson collagen staining, the degree of fibrosis was divided into five grades (0-5). Specimens were scored blindly by the histologist and were also ranked blindly for severity of fibrosis. The expression of AT1 receptor (anti-rat rabbit polyclonal antibody was the product of Santa Cruz Biotech Co), TGF- $\beta$  and  $\alpha$ -SMA were detected by immunohistochemical techniques.

### Statistics

Data are presented as  $\bar{x} \pm s_x$ . Comparison between two groups was made using Student's *t* test. Difference of

fibrosis between model and losartan-treated groups was compared using Ridit analysis. The test was considered significant at  $P < 0.05$ .

## RESULTS

### Serum function tests

Compared with control group, ALT and AST increased significantly in fibrotic rats in the model group, but only marginally in losartan treated rats. ALT and AST activities were significantly lower in 20 mg losartan-treated group than in model group of CCl<sub>4</sub> rats. The effects were associated with doses of losartan (Table 1).

**Table 1 Serum function tests**

	<i>n</i>	LT (U/L)	AST (U/L)
Control	10	99.50 $\pm$ 18.78	244.50 $\pm$ 46.52
Model	7	1863.29 $\pm$ 893.68 <sup>a</sup>	2680.00 $\pm$ 1039.12 <sup>a</sup>
Losartan (20 mg/kg)	7	432.14 $\pm$ 112.26 <sup>d</sup>	824.57 $\pm$ 265.41 <sup>d</sup>
Losartan (10 mg/kg)	7	535.25 $\pm$ 200.78 <sup>d</sup>	77.50 $\pm$ 270.32 <sup>d</sup>
Losartan (5 mg/kg)	6	771.71 $\pm$ 237.18 <sup>c</sup>	1643.00 $\pm$ 810.36

<sup>a</sup> $P < 0.05$  vs control; <sup>c</sup> $P < 0.05$  vs model; <sup>d</sup> $P < 0.01$  vs model

### Serum components of ECM

As expected, serum levels of HA and PCIII increased in rats of model group. Serum HA levels were approximately three times higher in rats of model group than rats of control group. There was a tendency towards a decrease in HA and PC III levels in losartan treated group (Table 2).

**Table 2 Serum component of ECM**

	<i>n</i>	HA (ng/L)	PC III ( $\mu\text{g/L}$ )
Control	10	331.42 $\pm$ 42.31	19.06 $\pm$ 4.43
Model	7	911.66 $\pm$ 345.49 <sup>a</sup>	31.82 $\pm$ 6.90 <sup>a</sup>
Losartan (20 mg/kg)	7	425.05 $\pm$ 115.80 <sup>d</sup>	22.78 $\pm$ 8.38 <sup>c</sup>
Losartan (10 mg/kg)	7	556.11 $\pm$ 195.22 <sup>c</sup>	24.49 $\pm$ 2.73 <sup>c</sup>
Losartan (5 mg/kg)	6	734.03 $\pm$ 318.93 <sup>c</sup>	24.19 $\pm$ 6.76

<sup>a</sup> $P < 0.05$  vs control; <sup>c</sup> $P < 0.05$  vs model; <sup>d</sup> $P < 0.01$  vs model

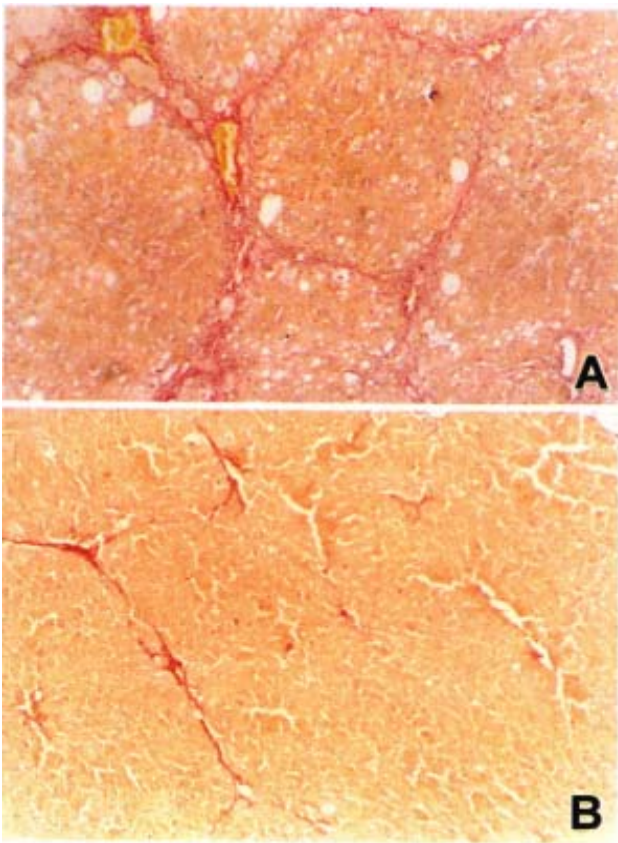
### Histological data

Piecemeal and lobular necrosis was obvious in the CCl<sub>4</sub> model compared to rats in control group. The lobular necrosis was significantly decreased by losartan in three treated groups. There was an increase in the area of fibrosis in model rats compared with rats in control group. There was a significant decrease in the losartan treated rats (Table 3, Figure 1).

**Table 3 Degree of fibrosis**

	<i>n</i>	0	I	II	III	IV	<i>U</i> -value
Control	10	10	0	0	0	0	
Model	7	0	0	1	2	4	
Losartan (20 mg/kg)	7	0	2	3	1	1	2.05 <sup>a</sup>
Losartan (10 mg/kg)	8	0	2	4	1	1	2.31 <sup>a</sup>
Losartan (5 mg/kg)	7	0	1	3	2	1	1.49

<sup>a</sup> $P < 0.05$  vs model

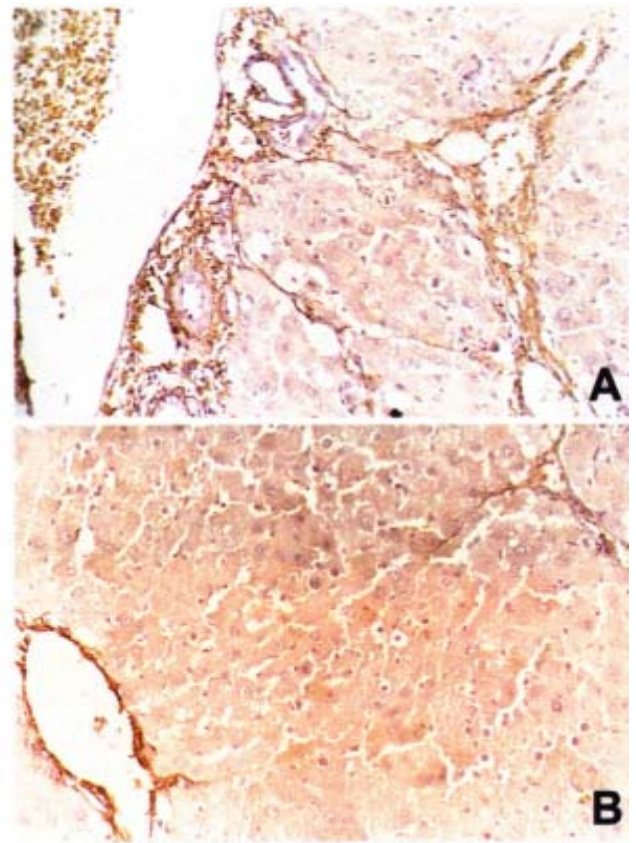


**Figure 1** Collagen expression in liver section of model rat (van Gieson staining,  $\times 200$ ) (A), and of losartan treated group (van Gieson staining,  $\times 200$ ). Significantly less fibrosis can be noted compared to that in the model group (B).

#### Expression of AT1 receptors, TGF- $\beta$ , and $\alpha$ -SMA

Compared with normal liver tissue, in which AT1 receptors mainly locate in vasculature, in the fibrotic liver tissue, the expression of AT1 receptors significantly enhanced, and scattered in fibrotic areas. The expression of AT1 receptors was markedly reduced by losartan (Figure 2). The expression of  $\alpha$ -SMA was a marker of HSC activation. Immunohistochemical detection demonstrated that vascular smooth muscle cells and pericytes were positive for  $\alpha$ -SMA in control livers, whereas HSCs strongly positive of  $\alpha$ -SMA were observed in rats of model group, and they were scattered along the sinusoidal walls. Many  $\alpha$ -SMA-positive HSCs were detected in the area of centrilobular and periportal fibrotic bands in rats of model group. Compared with model group, liver of rats treated with losartan, showed markedly reduced numbers of  $\alpha$ -SMA-positive HSC. At same time, its serum levels of PC III and LN were also significantly decreased ( $P < 0.05$ ).

Similar to the  $\alpha$ -SMA, TGF- $\beta$  was also strongly expressed in areas of periportal fibrotic bands in rats of model group. In contrast, livers of rats treated with losartan showed significantly reduced numbers of TGF- $\beta$ -positive cells (Figure 3).



**Figure 2** AT1 receptor expression in liver section of model rat (DAB staining,  $\times 200$ ). AT1 receptor is seen mainly scattered in fibrotic areas and vascular wall (A), and of losartan treated group (DAB staining,  $\times 200$ ). Note significantly less AT1 expression than that seen in the model group (B).

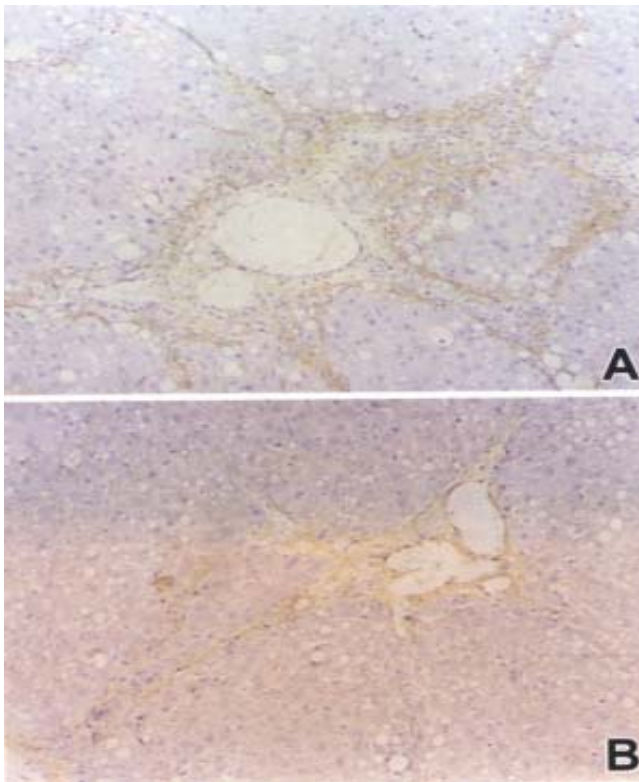
#### DISCUSSION

Our study firstly demonstrated that AT1 receptor antagonist, losartan, could slow the progression of hepatic fibrosis induced by  $\text{CCl}_4$ . Activated HSC might express AT1 receptors in fibrotic liver tissue.

Over the last decade, many lines of evidence have demonstrated that local RAS activation was the major mechanism of cardiac and renal interstitial fibrosis<sup>[33-37]</sup>. *In vivo* studies have shown that ACE inhibitors and AT1 receptors antagonists can limit the progression of cardiac, renal, and pulmonary fibrosis<sup>[23,38-41]</sup>, and the mechanism is independent of their dynamic effects. This is based on several *in vitro* and *in vivo* findings. First, all cardiac and renal fibroblasts express AT1 receptors; secondly, Ang II induces mitogenic response, increases protein synthesis, production of collagen, and TGF- $\beta$  in fibroblasts in a dose-dependent manner<sup>[29,42,43]</sup>. These results support the notion that Ang II can both directly act on fibroblasts and/or enhance the expression of TGF- $\beta$ .

In the present study, the three different doses (20 mg/kg, 10 mg/kg, 5 mg/kg) of losartan were given to the rats. As the results shown, losartan could limit the progression of the hepatic fibrosis in a dose-dependent





**Figure 3** TGF- $\beta$  expression in liver section of model rat (DAB staining,  $\times 200$ ). TGF- $\beta$  expression is seen scattered in the fibrotic areas and vascular wall (A), and of losartan treated group (DAB staining,  $\times 200$ ). Note significantly less TGF- $\beta$  expression than that seen in the model group (B).

manner. At the dose not influencing systolic blood pressure (10 mg/kg) in the normotensive rats<sup>[44]</sup>, losartan could attenuate the fibrosis, but even at a very low dose (5 mg/kg), had a weak but significant effect. In agreement with this study, Boffa *et al*<sup>[45]</sup> also reported that losartan completely prevented collagen I gene activation and attenuated the degree of fibrosis without influencing the systolic pressure in the kidneys of transgenic mice. This suggested that Ang II might act as an important regulator in the progression of hepatic fibrosis induced by CCl<sub>4</sub>.

Using the immunohistochemical methods, we observed the expression of AT1 receptors in liver tissue. As the results shown, this is the first report that confirms that the liver tissue expresses AT1 receptors. Compared with normal rats, where AT1 receptors are mainly located in the vasculature, the expression of AT1 receptors were significantly enhanced in rats of model group, which were mainly located in fibrotic area, and correlated with the degree of fibrosis. The results suggested that the expression of AT1 receptors might relate to hepatic fibrogenesis. Furthermore, immunostaining indicated that the distribution of AT1 receptor correlated with the expression of TGF- $\beta$  and  $\alpha$ -SMA. As has been recently reported, in a model of chronic cyclosporine (CsA), TGF- $\beta$  played a role in CsA-

induced tubulointerstitial fibrosis and arteriopathy by stimulating ECM protein synthesis and inhibiting ECM degradation. Losartan resulted in decreasing expression of TGF- $\beta$  and synthesis of ECM<sup>[46]</sup>. Zhang *et al*<sup>[28]</sup> have also reported that losartan is effective in reducing the increasing expression of AT1 receptors and ECM protein in infarcted heart tissue. Based on the above data, we postulated that expression of AT1 receptor might be related to the activation and ECM synthesis of HSCs.

Another interesting finding in our study was that losartan could ameliorate the hepatocyte injury, as reflected by the release of liver enzymes. The explanation for this observation is not known, but it might relate to protection of the hepatocyte from free radical-mediated damage. Recently, Anthuber *et al*<sup>[47]</sup> demonstrated that non-thiol-containing ACE inhibitor, enalapril, could attenuate the hepatocyte injury induced by ischemia/reperfusion. The prevailing mechanism of action was considered to relate with modulation of the angiotensin, bradykinin, and prostacyclin metabolism. Whether losartan has some as-yet-unknown, specific, protective property, remains to be determined in future studies.

That transforming growth factor  $\beta$  (TGF- $\beta$ ) is a key molecule responsible for tissue fibrosis, provides a basis for targeting TGF- $\beta$  as an antifibrotic agent<sup>[48-50]</sup>. Recently, Sun *et al*<sup>[31]</sup> found that the early induction of TGF- $\beta$ 1 via the angiotensin II type 1 receptor played a major role in the development of cardiac fibrosis in infarcted heart. Shihab *et al*<sup>[46]</sup> described that losartan reduced TGF- $\beta$  overproduction in a dose-dependent manner, slowing the rate of renal interstitial fibrosis<sup>[22]</sup>.

Overproduction of TGF- $\beta$  and activation of HSC are key processes in the progression of hepatic fibrosis. Our results demonstrated that losartan could reduce the expression of TGF- $\beta$  and  $\alpha$ -SMA in liver tissue and suppress fibrosis progression. It is suggested that RAS also participates in the progression of hepatic fibrosis induced by CCl<sub>4</sub> in rats.

In conclusion, our results demonstrated that (1) AT1 receptor antagonist, losartan, could limit the progression of the hepatic fibrosis induced by CCl<sub>4</sub>. The mechanism may be related to the decrease in the expression of AT1 receptors and TGF- $\beta$ , ameliorating the injury of hepatocyte; (2) activation of local renin-angiotensin system might relate to hepatic fibrogenesis; (3) in the progression of fibrosis, activated hepatic stellate cells might express AT1 receptor.

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