Appendix 1

Databases searched:

OVID MEDLINE®: 1946 TO NOVEMBER WEEK 4 2021

Date of search: 30/11/21

Date range searched: January 2000 to November 2021

SEARCH STRATEGY

- 1. anterior cruciate ligament.mp. or exp Anterior Cruciate Ligament/
- exp Anterior Cruciate Ligament/ or exp Anterior Cruciate Ligament Injuries/ or acl.mp.
- 3. 1 or 2
- 4. reconstruction.mp. or exp Anterior Cruciate Ligament Reconstruction/
- 5. 3 and 4
- 6. extra articular.mp.
- 7. lemaire.mp.
- 8. anterolateral.mp.
- 9. anterior oblique band.mp.
- 10. lateral tenodesis.mp. or exp Tenodesis/
- 11. iliotibial band.mp.
- 12. 6 or 7 or 8 or 9 or 10 or 11
- 13.5 and 12
- 14. limit 13 to humans
- 15. limit 13 to english language
- 16. limit 13 to last 21 years

EMBASE: 1974 TO 2021 NOVEMBER 30

Date of search: 30/11/121

Date range searched: January 2000 to November 2021

SEARCH STRATEGY

- 1. Anterior Cruciate Ligament.mp. or exp anterior cruciate ligament/
- 2. exp anterior cruciate ligament rupture/ or exp anterior cruciate ligament injury/ or acl.mp.
- 3. 1 or 2
- 4. exp anterior cruciate ligament reconstruction/ or reconstruction.mp.
- 5. extra articular.mp.
- 6. lemaire.mp.
- 7. anterolateral.mp.
- 8. anterior oblique band.mp.
- 9. exp tenodesis/ lateral tenodesis.mp.
- 10. iliotibial band.mp.
- 11. 3 and 4
- 12. 5 or 6 or 7 or 8 or 9 or 10
- 13. 11 and 12
- 14. limit 13 to (human and english language and last 21 years)

COCHRANE LIBRARY: 1946 TO NOVEMBER 2021

Date of search: 30/11/121

Date range searched: January 2000 to November 2021

SEARCH STRATEGY

- #1 MeSH descriptor: [Anterior Cruciate Ligament Injuries] explode all trees
- #2 MeSH descriptor: [Anterior Cruciate Ligament] explode all trees
- #3 ("acl"):ti,ab,kw

#4 #1 OR #2 OR #3

- #5 MeSH descriptor: [Anterior Cruciate Ligament Reconstruction] explode all trees
- #6 ("reconstruction"):ti,ab,kw

#7 #5 OR #6

#8 #4 AND #7

- #9 ("extra articular"):ti,ab,kw
- #10 ("lemaire") :ti,ab,kw
- #11 ("anterolateral") :ti,ab,kw
- #12 ("anterior oblique band") :ti,ab,kw
- #13 ("lateral tenodesis") :ti,ab,kw
- #14 MeSH descriptor: [Tenodesis] explode all trees
- #15 #13 OR #14
- #16 ("iliotibial band") :ti,ab,kw
- #17 #9 OR #10 OR #11 OR #12 OR #15 OR #16
- #18 #8 AND #17

CLINICAL TRIAL.GOV: 1900 TO 2021

Date of search: 30/11/21

Date range searched: 2008 to 2021

SEARCH STRATEGY

#1 Anterior cruciate ligament

Appendix 2

Questions listed in CASP checklist for cohort studies

- 1. Did the study address a clearly focused research question?
- 2. Was the assignment of participants to interventions randomised?
- 3. Were all participants who entered the study accounted for at its conclusion?
- 4.
- a. Were the participants 'blind' to intervention they were given?
- b. Were the investigators 'blind' to the intervention they were giving to participants?
- c. Were the people assessing/analysing outcome/s 'blinded'?
- 5. Were the study groups similar at the start of the randomised controlled trial?
- 6. Apart from the experimental intervention, did each study group receive the same level of care (that is, were they treated equally)?
- 7. Were the effects of intervention reported comprehensively?
- 8. Was the precision of the estimate of the intervention or treatment effect reported?
- 9. Do the benefits of the experimental intervention outweigh the harms and costs?
- 10. Can the results be applied to your local population/in your context?
- 11. Would the experimental intervention provide greater value to the people in your care than any of the existing interventions?

Questions listed in CASP checklist for cohort studies

- 1. Did the study address a clearly focused issue?
- 2. Was the cohort recruited in an acceptable way?
- 3. Was the exposure accurately measured to minimise bias?
- 4. Was the outcome accurately measured to minimise bias?

5.

a. Have the authors identified all important confounding factors?

- b. Have they taken account of the confounding factors in the design and/or analysis?
- 6.
- a. Was the follow up of subjects complete enough?
- b. Was the follow up of subjects long enough?
- 7. What are the results of this study?
- 8. How precise are the results?
- 9. Do you believe the results?
- 10. Can the results be applied to the local population?
- 11. Do the results of this study fit with other available evidence?
- 12. What are the implications of this study for practice?

Questions listed in CASP checklist for case control studies

- 1. Did the study address a clearly focused issue?
- 2. Did the authors use an appropriate method to answer their question?
- 3. Were the cases recruited in an acceptable way?
- 4. Were the controls selected in an acceptable way?
- 5. Was the exposure accurately measured to minimise bias?
- 6.
- a. Aside from the experimental intervention, were the groups treated equally?
- b. Have the authors taken account of the potential confounding factors in the design and/or in their analysis?
- 7. How large was the treatment effect?
- 8. How precise was the estimate of the treatment effect?
- 9. Do you believe the results?
- 10. Can the results be applied to the local population?
- 11. Do the results of this study fit with other available evidence?