

ACADEMIC PERMISSION LETTER

Permission for Use of the Medication Adherence Report Scale-5 (MARS-5)

Date: January 10, 2026

This document is prepared to provide formal documentation of permission for the academic use of the Medication Adherence Report Scale-5 (MARS-5) in the manuscript listed below.

Journal: World Journal of Psychiatry

Manuscript No.: 114081

Manuscript title: Association between depression, anxiety, and treatment adherence in patients with diabetic macular edema

Purpose of use: Non-commercial academic research and journal publication

Scale: Medication Adherence Report Scale-5 (MARS-5)

Conditions of use (as stated/required by the permission source):

- The MARS-5 is used without modification of the original items.
- Appropriate citation of the original source is provided in the manuscript.
- The scale is used for non-commercial academic research and publication only, and is not used for resale or redistribution.

Authorized source of permission:

Basis of permission:

Written email confirmation received on January 10, 2026 (attached), confirming that the MARS-5 may be used for non-commercial academic research and journal publication.

Prepared by (on behalf of all authors):

Da Long, MD

sina 新浪邮箱

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21:09:46
all and for you 消息

10:52
Thank you for yo...

10:53

2025年10月30日
Dear Dr Long,
Thank you for your email and for your interest in the Medication Adherence Report Scale-5 (MARS-5).
I confirm that the MARS-5 may be used for non-commercial academic research and journal publication, provided that the original items are not modified and that appropriate citation to the original sources is given.
Permission is granted for its use in your study entitled:
"Association between depression, anxiety, and treatment adherence in patients with diabetic macular edema"
Best wishes,
Bob Horne, PhD
Professor of Ophthalmology Medicine

2025年10月30日
Dear Professor Horne,
I hope this email finds you well.
My name is Da Long, and I am a corresponding author from the Department of Ophthalmology, Shanghai Jiao Tong University Sixth People's Hospital, China.
I am writing to respectfully request confirmation regarding the academic use of the Medication Adherence Report Scale-5 (MARS-5). We have used the MARS-5 in a non-commercial academic study entitled:
"Association between depression, anxiety, and treatment adherence in patients with diabetic macular edema"
The manuscript is currently under editorial processing at the *World Journal of Psychiatry*. During the copyright verification process, the journal requested written confirmation that the MARS-5 may be used for non-commercial academic research and journal publication.
The scale was used without modification of the original items and with appropriate citation to the original sources. No commercial use, redistribution, or resale is involved.
If possible, we would greatly appreciate a brief confirmation by reply email stating that the MARS-5 may be used for non-commercial academic research and journal publication.
Thank you very much for your time and for your important contributions to medication adherence research.

10月29日

sina 新浪邮箱

搜索邮件、通讯录、网盘文件等

邮箱首页 通讯录 邮箱网盘 应用 收件夹 F+会员

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1月8日
Dear Professor Horne,
I hope this email finds you well.
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I am writing to respectfully request confirmation regarding the academic use of the Medication Adherence Report Scale-5 (MARS-5). We have used the MARS-5 in a non-commercial academic study entitled:
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If possible, we would greatly appreciate a brief confirmation by reply email stating that the MARS-5 may be used for non-commercial academic research and journal publication.
Thank you very much for your time and for your important contributions to medication adherence research.
Kind regards,
Da Long, MD

1月5日

1月30日

1月16日

1月12日

12月9日

12月6日

1月30日

1月30日

1月29日

快速回信码: 2272792439

Re: Permission confirmation for academic use of MAAS-5

发件人: Rob Horne <robh@ucl.ac.uk>
收件人: 'da-long' <da-long@shsmu.com>
日期: 2024年12月12日 13:23

Dear Dr Long,

Thank you for your email and for your interest in the Medication Adherence Report Scale-5 (MAAS-5).

I confirm that the MAAS-5 may be used for non-commercial academic research and journal publication, provided that the original items are not modified and that appropriate citation to the original sources is given.

Permission is granted for its use in your study entitled:

"Association between depression, anxiety, and treatment adherence in patients with diabetic macular edema."

Best wishes,

Rob Horne, PhD
Professor of Behavioural Medicine
UCL School of Pharmacy
University College London

 Rob Horne
robh@ucl.ac.uk

发件人: da-long <da-long@shsmu.com>
收件人: 'Rob Horne' <robh@ucl.ac.uk>
日期: 2024年12月12日 13:23
主题: Permission confirmation for academic use of MAAS-5

Dear Professor Horne,

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My name is Da Long, and I am a corresponding author from the Department of Ophthalmology, Shanghai Jiao Tong University Sixth People's Hospital, China.

I am writing to respectfully request confirmation regarding the academic use of the Medication Adherence Report Scale-5 (MAAS-5). We have used the MAAS-5 in a non-commercial academic study entitled:

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If possible, we would greatly appreciate a brief confirmation by reply email stating that the MAAS-5 may be used for non-commercial academic research and journal publication.

Thank you very much for your time and for your important contributions to medication adherence research.

Kind regards,

Da Long, MD
Department of Ophthalmology
Shanghai Jiao Tong University Sixth People's Hospital
No. 389 Yixian Road
Shanghai 200225, China

附件: (3/7)

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