



Supplementary Figure 1. Comparison of psychological questionnaires and disease activity in patients with IBD. A: Correlation of PHQ-9 and clinical activity; B: Correlation of GAD-7 and clinical activity; C: Correlation of PSS-10 and clinical activity; D: Correlation of IBDQ-32 and clinical activity; E: Correlation of PHQ-9 and endoscopic activity; F: Correlation of GAD-7 and endoscopic activity; G: Correlation of PSS-10 and endoscopic activity; H: Correlation of IBDQ-32 and endoscopic activity.

QOL: Quality of life; PHQ-9: Patient Health Questionnaire-9; GAD-7: Generalized Anxiety Disorder-7; PSS-10: Perceived Stress Scale-10; ns: Not significant.