

Supplementary Table 1 Comparison of Calgary depression scale for schizophrenia scores between baseline and follow-up

Group	Baseline	4 weeks	8 weeks	4 wk <i>vs</i> baseline		8 wk <i>vs</i> baseline		12 wk <i>vs</i> baseline	
				MD (95% CI)	<i>P</i> value	MD (95% CI)	<i>P</i> value	MD (95% CI)	<i>P</i> value
Experimental group (<i>n</i> = 34)	12.32 ± 2.67	8.32 ± 1.84	6.88 ± 1.43	-4.00 (-4.50 to -3.50)	< 0.001	-5.44 (-6.56, -4.32)	<0.001	-8.32 (-9.62 to -7.03)	< 0.001
Control group (<i>n</i> = 34)	12.12 ± 2.90	9.65 ± 1.72	8.41 ± 1.35	-2.47 (-2.97 to -1.97)	< 0.001	-3.71 (-4.75, -2.67)	<0.001	-6.44 (-7.64 to -5.24)	< 0.001

95%CI: 95% confidence interval.