

## Supplementary material

**Supplementary Table 1** Serum Ferritin in CRC vs. Controls, among participants where ferritin was obtained at/before CRC diagnosis.

	CRC Proportions	Healthy Controls	P-Value
<b>Female: Age 29-39</b>			Fischer's Exact: <b>p=0.030</b>
Ferritin ≤ 20 ng/mL	9/13 (69.2%)	10931/34035 (32.1%)	<b>0.0041</b>
20.1-45 ng/mL	3/13 (23.1%)	10626/34035 (31.2%)	0.529
45.1-100 ng/mL	0/13 (0%)	8039/34035 (23.6%)	<b>0.0455</b>
≥ 100.1 ng/mL	1/13 (7.7%)	4439/34035 (13.0%)	0.569
<b>Male: Age 29-39</b>			Fischer's Exact: <b>p=0.0002</b>
Ferritin ≤ 20 ng/mL	4/5 (80%)	423/5892 (7.2%)	<b>&lt;0.00001</b>
20.1-45 ng/mL	0/5 (0%)	825/5892 (14.0%)	0.368
45.1-100 ng/mL	0/5 (0%)	1738/5892 (29.5%)	0.147
≥ 100.1 ng/mL	1/5 (20%)	2906/5892 (49.3%)	0.190
<b>Female: Age 40-49</b>			Fischer's Exact: p=0.7881
Ferritin ≤ 20 ng/mL	5/14 (35.7%)	9364/32750 (28.6%)	0.556
20.1-45 ng/mL	5/14 (35.7%)	9947/32750 (30.4%)	0.667
45.1-100 ng/mL	2/14 (14.3%)	8230/32750 (25.1%)	0.347
≥ 100.1 ng/mL	2/14 (14.3%)	5209/32750 (15.9%)	0.865
<b>Male: Age 40-49</b>			Fischer's Exact: <b>p=0.0001</b>
Ferritin ≤ 20 ng/mL	7/16 (43.8%)	519/7534 (6.9%)	<b>&lt;0.0001</b>
20.1-45 ng/mL	3/16 (18.8%)	920/7534 (12.2%)	0.424
45.1-100 ng/mL	2/16 (12.5%)	2021/7534 (26.8%)	0.197
≥ 100.1 ng/mL	4/16 (25.0%)	4074/7534 (54.1%)	<b>0.0198</b>

For the purpose of this analysis, one patient in EO-CRC cohort, age 22 years, was excluded to limit biases. Fisher's exact test was used to compare the proportions of the different ferritin level groups between EO-CRC and HCs. Then post-hoc z-test of proportions were used to compare specific ferritin levels between EO-CRC and HCs. Patients were grouped by age and sex to minimize confounding factors.

Abbreviations: ng/mL= nanogram/milliliter

**Supplementary Table 2** Median, IQR Ferritin Levels among participants where ferritin was obtained at/before CRC diagnosis

	Females (n=25)	Males (n=21)	Total (n=46)
<b>AJCC Stage</b>			
I	13 ng/mL **	8.0 ng/mL *	12.5 ng/mL, 19.75 ng/mL
II	10.5 ng/mL **	2.5 ng/mL, 3.75 ng/mL	3 ng/mL, 7.5 ng/mL
III	8.5 ng/mL, 17.5 ng/mL	4.5 ng/mL, 13.75 ng/mL	6.5 ng/mL, 16.5 ng/mL
IV	27 ng/mL, 25 ng/mL	75.5 ng/mL, 164.5 ng/mL	32 ng/mL, 74 ng/mL
<b>Anemia</b>	14 ng/mL, 19.5 ng/mL	10.5 ng/mL, 63.25 ng/mL	12.5 ng/mL, 27.25 ng/mL
<b>No Anemia</b>	34 ng/mL, 100 ng/mL	180 ng/mL **	48 ng/mL, 157.5 ng/mL
<b>Sex</b>	18 ng/mL, 23.5 ng/mL	17 ng/mL, 107.5 ng/mL	-

\*\*\*3 outliers were removed with ferritin >500 ng/mL (>quartile 3 (75<sup>th</sup> percentile) plus 5 times IQR)

Abbreviations: IQR, inter-quartile range; AJCC, American Joint Committee on Cancer

\*One case included, unable to calculate IQR

\*\*Three cases included, unable to calculate IQR

**Supplementary Table 3** Statistical comparisons among participants where ferritin was obtained at/before CRC diagnosis.

	<b>Effect Size</b>	<b>P-Value</b>
<b>Stage</b>		
Kruskal-Wallis	0.421	<b>&lt;0.001</b>
Kruskal-Wallis (Females)	0.218	0.099
Kruskal-Wallis (Males)	0.631	<b>0.004</b>
I x II	0.371	0.054
I x III	0.112	0.181
I x IV	0.108	0.088
II x III	0.077	0.238
II x IV	0.397	<b>&lt;0.001</b>
III x IV	0.338	<b>&lt;0.001</b>
<b>Anemia x No Anemia</b>	0.156	<b>0.007</b>
<b>Female x Male</b>	0.002	0.749

Standard deviation, ng/mL= nanogram/milliliter

Of note for the purpose of this analysis one patient aged 22 was excluded to limit biases

**Supplementary Table 4** Correlation analyses among participants where ferritin was obtained at/before CRC diagnosis.

	<b>r</b>	<b>P-Value</b>
<b>Serum Ferritin x Age *</b>		
Total	0.387	<b>0.009</b>
Females	0.459	<b>0.028</b>
Males	0.248	0.292
<b>Serum Ferritin x Months From Diagnosis</b>		
Total	-0.075	0.618
Females	-0.324	0.115

Males

0.153

0.508

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\* Controlled for TNM stage