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Diagnosis of an actively bleeding brachial artery hematoma by contrast-enhanced ultrasound: A case report

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Author contributions: Zhang B performed the contrast-enhanced ultrasound examination and contributed to manuscript drafting; Ma JJ reviewed the literature and contributed to manuscript drafting; Zhang B and Ma JJ analyzed and interpreted the imaging findings; Zhang B and Ma JJ were responsible for the revision of the manuscript for important intellectual content; all authors issued final approval for the version to be submitted.

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Abstract

BACKGROUND
Active bleeding due to arterial injury following the acupuncture can sometimes represent a life-threatening complication. Only few reports of an actively bleeding hematoma diagnosed by contrast-enhanced ultrasound, which enables the depiction of vascular, have been reported.

CASE SUMMARY
Here, we report the case of a 75-year-old woman, who presented with sudden swelling, ecchymosis, and pain in the upper left limb. She underwent an acupuncture treatment of traditional Chinese medicine followed by a deep shoulder massage 2 d before admission to hospital. A few hours after the massage, her left upper arm was red, swollen and progressively aggravated. Ultrasonography showed a large hematoma (11.2 cm × 3.5 cm × 3.4 cm) beside the left brachial artery. Color Doppler ultrasound revealed that blood flow signals of the arteries branched into the hematoma. The contrast-enhanced ultrasound showed microbubbles from the brachial artery passing into the hematoma, diffused within the hematoma with the local surge of red blood cells, and disappearing after approximately 17 s. The microbubbles were likely due to bleeding from the arteries. After pressure bandaging treatment, the hematoma became smaller (3.1 cm × 1.7 cm) and organized according to ultrasonography performed 20 d later.

CONCLUSION
This case highlights the ultimate importance of contrast-enhanced ultrasound for the diagnosis of an actively bleeding hematoma.

Key words: Acupuncture; Ultrasonography; Bleeding; Contusion; Case report

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Core tip: Active bleeding due to arterial injury following acupuncture can sometimes represent a life-threatening complication. We present herein, a rare case of actively bleeding brachial artery hematoma diagnosed by contrast-enhanced ultrasound (CEUS). CEUS enables the depiction of microvascularization, and has the potential to replace computed tomography in assessments for active bleeding. This case highlights the ultimate importance of CEUS for the diagnosis of an actively bleeding hematoma.

INTRODUCTION

Acupuncture, which involves inserting needles into different parts or points of the body, has been increasingly used as an integrative or complementary therapy for pain[1]. Complications are infrequent and usually resolve with minimal or no intervention, but major adverse events can occur[2,3]. In particular, active bleeding due to arterial injury during the vascular access can sometimes represent a life-threatening complication needing prompt surgical or endovascular embolization therapy. Imaging is necessary to confirm the diagnosis[4].

Ultrasonography is the imaging modality of choice, since it can provide detailed information about vascular anatomy without incurring the risks of invasive methods such as angiography or radiation[5]. However, it is difficult for gray-scale ultrasound to detect whether the bleeding is still ongoing. Color Doppler ultrasound can help to detect active bleeding, but may fail when the blood flow velocity is low. Contrast-enhanced ultrasound (CEUS) enables the depiction of microvascularization and has the potential to replace contrast-enhanced computed tomography (CT) in assessments for active bleeding. Moreover, it reportedly detects perfusion changes and active extravasation, and internal bleeding can be seen as a pooling of contrast medium within the hematoma. CEUS is increasingly being used when active bleeding is suspected.

We report a case in which CEUS played a key role in the rapid detection of active bleeding from the left brachial artery following acupuncture and massage.

CASE PRESENTATION

Chief complaints
A 75-year-old woman presented to the outpatient surgery clinic with sudden swelling, ecchymosis, and pain in the left upper limb.

History of present illness
She went to a small traditional Chinese medicine clinic for acupuncture treatment for shoulder discomfort 2 d previous to hospital admission. Her grandson had then given her a deep shoulder massage after the acupuncture treatment. A few hours later, the upper left arm was red and swollen, progressively aggravated.

History of past illness
The patient had a free medical history.

Physical examination
The patient’s temperature was 36.4 °C, heart rate was 85 bpm, respiratory rate was 15 breaths per minute, and blood pressure was 125/80 mmHg. The physical examination revealed swelling, ecchymosis, and pain in the left upper limb, without any other pathological signs. Our clinical consideration was first a hematoma.

Laboratory examinations
The hemoglobin value was slightly decreased at 10.9 g/dL. The blood biochemistries, prothrombin, partial thromboplastin times, d-dimers, as well as urine analysis were
normal.

**Imaging examinations**

Ultrasoundography showed a large hematoma (11.2 cm × 3.5 cm × 3.4 cm) beside the brachial artery (Figure 1). The color Doppler ultrasound revealed that the blood flow signals of the arteries branched into the hematoma (Figure 2). Low mechanical index CEUS, with a bolus of 2.4 mL SonoVue, showed the accumulation of microbubbles within the hematoma, first detectable at 13 s. Microbubbles were seen emerging from the brachial artery and diffusing into the hematoma with the local surge of red blood cells, and they disappeared after approximately 23 s. The microbubbles were likely due to bleeding from the arteries (Figure 3).

**FINAL DIAGNOSIS**

The final diagnosis of the presented case is an actively bleeding brachial artery hematoma.

**TREATMENT**

The patient immediately underwent pressure-bandage treatment in the clinic.

**OUTCOME AND FOLLOW-UP**

The pain was controlled after pressure-bandage treatment. After 20 d, the hematoma became smaller (3.1 cm × 1.7 cm) and organized according to ultrasonography (Figure 4).

**DISCUSSION**

Acupuncture is a safe and commonly applied therapy in China, but rupture of the arteries may be a complication of the technique\(^6\). Pseudoaneurysm is formed when there is a break in the vessel wall, so the extravasation of blood dissect the surrounding tissues, and an aneurysm sac, which retains a communication with the parent arterial lumen, is created. Then the pseudoaneurysm wall is formed by organizing hematoma and fibrous tissue. Under the influence of high arterial pressure the sac usually tends to enlarge, with a sustained risk of its rupture and hemorrhage\(^5\). Pressure bandaging is the main treatment for this adverse event, and deep massage should be forbidden. In this case, the hematoma might have been caused by an acupuncture needle puncturing the left brachial artery, and the intense massage aggravated the contusion of the artery.

The management of hematoma depends on the accurate diagnosis of any ongoing bleeding and identification of the type of injured vessel. Although most cases can be managed conservatively, patients with active bleeding should be monitored, and those with hemodynamic instability or ongoing blood loss might require embolization or surgical intervention\(^7\). CT and magnetic resonance imaging may be useful to see associated intracranial trauma, if there is a history trauma, but are not suggested for first-line imaging in sub-acute/chronic setting. The definitive diagnosis can be made with angiography, but, as this is an invasive test it is should be reserved for those to be treated directly\(^8\). The hematoma is easily found with gray-scale ultrasound, and its size, location, echo-structure, and relationship with the surrounding tissue can be identified; most hemodynamic characteristics of tissues are better displayed by color Doppler\(^10,11\). However, it is often difficult to detect deep, limited location, or low-velocity blood flow because of the limitation of gray-scale and Doppler technology, thus affecting the accuracy of ultrasonic diagnosis\(^12\). However, CEUS can play an important role in accurately determining the bleeding activity, by showing the blood flow distribution and providing more complete information, further improving the accuracy of ultrasonic diagnosis\(^13,14\). A new study showed the use of a gel stand-off pad allows the detection of otherwise-missed peri- or intra-lesional flow signals on Doppler imaging,
Ma JJ et al. Hematoma diagnosed by CEUS

Figure 1  Findings of gray-scale ultrasound. A and B: The gray-scale ultrasound revealed a mainly hypoechoic mass of approximately 11.2 cm × 3.5 cm × 3.4 cm beside the left brachial artery (arrow), with a hyperechoic area of approximately 3.3 cm × 2.3 cm and an anechoic area of about 0.7 cm × 0.3 cm.

Figure 2  Findings of color Doppler ultrasound. A: The color Doppler ultrasound revealed blood flow signals of arteries branching into the hematoma (arrow); B: A narrow band of blood flow was detected in the hypoechoic area with a three-phase wave arterial flow spectrum.

increasing the diagnostic role of this technique in differential diagnosis of superficial lesions\(^\text{[15]}\). The use of a gel stand-off pad might make less microbubbles blasting on CEUS imaging.

In this case, CEUS was used rapidly diagnose ongoing bleeding at the bedside. In addition, the time recording feature allowed the determination of an artery bleed, which correlated with the color Doppler findings. CEUS is a promising diagnostic alternative, particularly for patients for whom CT is either contraindicated or less desirable, and warrants further investigation\(^\text{[16,17]}\).

CONCLUSION

Only scarce reports of an actively bleeding hematoma diagnosed by CEUS has been reported. CEUS enabled the depiction of vascular. This case highlights the ultimate importance of CEUS for the diagnosis of an actively bleeding hematoma.
Figure 3 Findings of contrast-enhanced ultrasound. A: Microbubbles were first detected at 13 s emerging from the brachial artery into the hematoma; B-D: Microbubbles diffused into the hematoma with the local surge of red blood cells; E: Microbubbles disappeared after approximately 23 s.

Figure 4 Findings of ultrasound 20 d later. After pressure bandaging treatment, the hematoma became smaller (3.1 cm × 1.7 cm) and organized.

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