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### **AIMS AND SCOPE**

The primary aim of World Journal of Diabetes (WJD, World J Diabetes) is to provide scholars and readers from various fields of diabetes with a platform to publish high-quality basic and clinical research articles and communicate their research findings online.

WID mainly publishes articles reporting research results and findings obtained in the field of diabetes and covering a wide range of topics including risk factors for diabetes, diabetes complications, experimental diabetes mellitus, type 1 diabetes mellitus, type 2 diabetes mellitus, gestational diabetes, diabetic angiopathies, diabetic cardiomyopathies, diabetic coma, diabetic ketoacidosis, diabetic nephropathies, diabetic neuropathies, Donohue syndrome, fetal macrosomia, and prediabetic state.

### **INDEXING/ABSTRACTING**

The WID is now abstracted and indexed in Science Citation Index Expanded (SCIE, also known as SciSearch®), Current Contents/Clinical Medicine, Journal Citation Reports/Science Edition, PubMed, PubMed Central, Reference Citation Analysis, China Science and Technology Journal Database, and Superstar Journals Database. The 2024 Edition of Journal Citation Reports® cites the 2023 journal impact factor (JIF) for WJD as 4.2; JIF without journal self cites: 4.1; 5-year JIF: 4.2; JIF Rank: 40/186 in endocrinology and metabolism; JIF Quartile: Q1; and 5year JIF Quartile: Q2.

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**Retrospective Study** 

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ORIGINAL ARTICLE

# Clinical efficacy of endovascular revascularization combined with vacuum-assisted closure for the treatment of diabetic foot

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### Abstract

### BACKGROUND

The diabetic foot is a common cause of disability and death, and comorbid foot infections usually lead to prolonged hospitalization, high healthcare costs, and a significant increase in amputation rates. And most diabetic foot trauma is complicated by lower extremity arteriopathy, which becomes an independent risk factor for major amputation in diabetic foot patients.

### AIM

To establish the efficacy and safety of endovascular revascularization (ER) combined with vacuum-assisted closure (VAC) for the treatment of diabetic foot.

### METHODS

Clinical data were collected from 40 patients with diabetic foot admitted to the Second Affiliated Hospital of Soochow University from April 2018 to April 2022. Diabetic foot lesions were graded according to Wagner's classification, and blood flow to the lower extremity was evaluated using the ankle-brachial index test and computerized tomography angiography of the lower extremity arteries. Continuous subcutaneous insulin infusion pumps were used to achieve glycemic control. Lower limb revascularization was facilitated by percutaneous transluminal balloon angioplasty (BA) or stenting. Wounds were cleaned by nibbling debridement. Wound granulation tissue growth was induced by VAC, and wound repair was performed by skin grafting or skin flap transplantation.

### RESULTS

Of the 35 cases treated with lower limb revascularization, 34 were successful with a revascularization success rate of 97%. Of these, 6 cases underwent stenting after BA of the superficial femoral artery, and 1 received popliteal artery stent im-



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plantation. In the 25 cases treated with infrapopliteal artery revascularization, 39 arteries were reconstructed, 7 of which were treated by drug-coated BA and the remaining 32 with plain old BA. VAC was performed in 32 wounds. Twenty-four cases of skin grafting and 2 cases of skin flap transplantation were performed. Two patients underwent major amputations, whereas 17 had minor amputations, accounting for a success limb salvage rate of 95%.

### **CONCLUSION**

ER in combination with VAC is a safe and effective treatment for diabetic foot that can significantly improve limb salvage rates. The use of VAC after ER simplifies and facilitates wound repair.

Key Words: Diabetic foot; Revascularization; Vacuum-assisted closure; Balloon angioplasty; Wound repair

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**Core Tip:** Diabetic foot trauma complicating lower-extremity arteriopathy is an independent risk factor for major amputation in patients with diabetic foot. Revascularization and wound repair are the two fundamental interventions in the treatment of diabetic foot. This study demonstrated that endovascular revascularization combined with vacuum-assisted closure is safe and effective treatment and can significantly improve limb salvage rates.

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### INTRODUCTION

Diabetic foot is a common cause of disability and death and a major cause of hospitalization in patients with diabetes. Comorbid foot infections often lead to prolonged hospital stays, high medical costs, and a significant increase in the limb amputation rate. Lower-extremity ischemia is a high-risk factor for the occurrence of diabetic foot and, consequently, difficult healing of diabetic foot wounds. Approximately 47.5% of diabetic foot wounds are complicated by lowerextremity arterial lesions, which is an independent risk factor for major amputations in patients with diabetic foot. Moreover, the complicated wound care of diabetic foot exacerbates treatment difficulty. This study summarizes the cases of diabetic foot treated by endovascular revascularization (ER) combined with vacuum-assisted closure (VAC) at our hospital in the last 4 years.

### MATERIALS AND METHODS

### Participants

The data on 40 patients with diabetic foot admitted to the Department of Vascular Surgery of the Second Affiliated Hospital of Soochow University from April 2018 to April 2022 were retrospectively analyzed. The research participants had a male-to-female ratio of 28:12, an average age of 72.36 ± 8.57 years (range: 52-90 years), and a mean length of hospital stay of 21.6 ± 3.7 d. Lesions of the superficial femoral (SFA), popliteal (POA), and infrapopliteal arteries (IPA) were found in 12, 9, and 26 cases, respectively. Twenty-seven cases were complicated with hypertension, 10 with hyperlipidemia, 4 with coronary heart disease, 6 with renal insufficiency, 3 with uremia, 3 with cerebral infarction, and 1 with toe amputation. Four cases were categorized as Wagner's classification grade 1, 7 cases as grade 2, 16 cases as grade 3, and 13 cases as grade 4 (Tables 1 and 2).

### Treatment methods

Infection assessment: First, patients were scored using the Wagner's grading system and evaluated for foot infections. In the case of infection, empirical antimicrobial administration was given as first-line treatment (secretion culture was performed simultaneously). For patients with abscess, timely incision and drainage were performed, either at the bedside or in the operating room according to the patient's general situation. Bedside debridement using the nibbling debridement method was performed daily. Dressing changes were performed promptly in patients with ulcers to prevent infection.

Glycemic control and conventional medications: The member endocrinologist of the diabetic foot multidisciplinary team (MDT) evaluated the glycemic control of patients and implemented continuous subcutaneous insulin infusion pumps to control blood sugar. Blood pressure was controlled by oral administration of antiplatelet drugs (aspirin 100 mg/d or



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Table 1 Basic clinical data of patients				
Parameters	n = 40			
Age (yr)	72.36 ± 8.57			
Male	28			
Risk factor				
Smoking	23			
Diabetes	40			
Hypertension	27			
Hyperlipidemia	10			
Renal insufficiency	6			
Coronary heart disease	4			
History of cerebrovascular disease	3			
History of dialysis	3			
Target vessel for revascularization				
Balloon angioplasty of femoral and popliteal arteries	15			
Superficial femoral artery stenting	6			
Popliteal artery stenting	1			
Reconstruction of anterior tibial artery	11			
Reconstruction of posterior tibial artery	15			
Reconstruction of peroneal artery	13			
Wound treatment				
Number of cases of VAC	32			
Number of cases of simple skin grafting	24			
Number of cases of skin flap transplantation	2			

VAC: Vacuum-assisted closure.

Table 2 TEXAS grading of patients' wounds				
Stage	0	1	2	3
A: No ischemia/infection	0	0	0	0
B: Infection	0	0	5	0
C: Ischemia	0	2	0	0
D: Ischemia + infection	0	5	18	10

clopidogrel 75 mg/d) and lipid-lowering drugs. Cardiac and renal functions were also evaluated.

Assessment of lower limb blood transport: Ankle-brachial index (ABI) tests were performed to assess the degree of lower limb ischemia. If the ABI was less than 0.7, computerized tomography angiography (CTA) was performed to evaluate lower limb arterial lesions and tailor the revascularization program. Hydration was performed before and after CTA for patients with renal dysfunction.

Revascularization: Endovascular angioplasty was performed to revascularize the lower extremity. Anterograde or retrograde puncture using crosses sheath technology was performed, depending on the target lesion. If the guidewire revealed a true-lumen stenosis or occlusion segment, balloon angioplasty (BA) was performed to expand the lesion segment. If the post-BA angiography showed a well-defined lumen of the diseased segment, drug-coated BA (DCBA) was performed for dilation. For patients with severe SFA calcification or long-segment occlusion, a retrograde puncture was made to unblock the distant and proximal end convergences of the distal good blood vessels, and, if the guidewire entered the subintimal artery, to establish a guidewire track that facilitated BA or stenting. For POA lesions, true-lumen



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wire passage was preferred over stent placement. For IPA lesions, attempts were made to establish true-lumen wire passage, and BA was performed to open at least one complete outflow tract (anterior tibial, posterior tibial, or peroneal artery). The common femoral artery was evaluated by preoperative computerized tomography to determine whether to perform puncture site stapler suture or compression to stop bleeding.

**Wound repair:** For patients with abscess with good blood supply, incision and drainage were performed, after which necrotic tissue was removed daily by bedside nibbling debridement. When the infection had been mostly controlled, thorough debridement and VAC aspiration were performed simultaneously in the operating room to promote granulation tissue formation on the wound surface. Skin grafting or flap repair was performed after sufficient growth of the granulation tissue. The wound was then transplanted with autologous split-thickness skin grafts, with holes distributed throughout the middle of the skin graft to promote drainage and intermittent sutures created around the wound. Following skin grafting, the wound was treated with topical VAC for 1 wk. The VAC was subsequently removed to check the survival of the skin graft. Necrotomy of the local toe was indicated for patients with dry gangrene 1 wk after revascularization.

**Follow-up:** Patients were followed up through outpatient visits at 2 wk and 1, 2, 3, and 6 months after discharge, and then every 3 months by outpatient visit or telephone consultation. Lower-extremity artery ultrasound, ABI, CTA, and other examinations were performed to monitor the relevant endpoint events, including target vessel primary patency rate, ulcer healing rate, and claudication distance.

### Statistical methods

SPSS 25.0 statistical software was used for analysis and processing. Measurement data were statistically described as mean  $\pm$  SD. Kaplan-Meier survival analysis was performed to determine the target vessel primary patency rate. A *P*-value < 0.05 denoted statistical significance.

### RESULTS

Thirty-five cases underwent revascularization of the affected limb, one of which failed, with an ER success rate of 97%. Of these, 25 cases were treated by antegrade puncture and 10 by retrograde puncture of the contralateral femoral artery using crosses sheath technology, with 2 cases developing puncture site hematoma. In total, 6 cases of SFA stent implantation, 1 case of stent POA (P1 and P2 segments) implantation, and 7 cases of distal retrograde puncture were performed. In 25 cases of IPA lesions, 39 arteries were dilated by BA, 7 of which were treated by DCBA and the remaining 32 by plain old balloon angioplasty (POBA). One case underwent tibiofibular artery dissection, but with no blood flow nor flow obstruction. No IPAs were stented. One patient suffered a myocardial infarction postoperatively, which was treated conservatively. Patients with renal insufficiency were hydrated before and after surgery, and no postoperative contrast nephropathy was observed. The endocrinology MDT team successfully controlled all patients' blood glucose within the ideal range through the insulin pumps.

The dressings of infected abscess were changed daily, and the abscess was debrided and drained. VAC was used to treat the wound in 32 cases. Twenty-four cases underwent skin grafting, and all skin grafts survived successfully. Two flap grafts were performed, one for heel necrosis, with a free-style perforator flap, and the other for a medial malleolus ulcer using an anterolateral thigh flap. In total, 17 minor amputations and 2 major amputations (below-knee amputation) were performed, and the success rate of foot preservation was 95%. The wound healing rate was 100%, and the mean length of hospital stay was  $21.6 \pm 7.5$  d.

All 40 cases were followed up successfully, with a maximum follow-up of 36 months (mean:  $26.7 \pm 7.6$  months). Two patients experienced cerebral infarction at the 1-year follow-up, with one dying 1 year later and the other maintaining limb function after active treatment. One case of renal insufficiency was found at 2 years' follow-up. One patient died a year later from a sudden myocardial infarction. Two patients experienced in-stent SFA restenosis with intermittent claudication at 1 year postoperatively and underwent BA again. One patient was diagnosed with lung cancer 3 years later and died 3 months later. Three patients experienced recurrent toe ulceration 1 year postoperatively, which was assessed to be caused by shoe friction. The ulcers healed after local dressing changes without revascularization. The primary patency rate in patients who underwent revascularization was 78.74% in June and 67.78% in December (Figures 1-4).

### DISCUSSION

Since the diabetic foot was first described by OAKLEY and COHEN[1] in 1955, it has become one of the most serious and costly chronic complications and a major cause of amputation in patients with diabetes. Diabetic foot accounts for 40%-60% of all nontraumatic lower-extremity amputations. Peripheral artery disease and infection are the leading causes of lower-leg amputations in patients with diabetes. Adverse clinical outcomes in patients with diabetic ischemic foot ulcers are associated with several factors, including infection, neuropathy, heart failure, and renal failure. Revascularization techniques for lower-extremity arteries, especially IPA, are important measures for limb salvage. Improving tissue perfusion to promote wound healing and preserve limbs through revascularization is an important component and therapeutic goal in the multidisciplinary treatment of diabetic foot. However, revascularization modalities remain highly

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**Figure 1 Surgery pictures of infrapopliteal artery occlusion case.** A: Lower extremity computerized tomography angiography suggests infrapopliteal artery occlusion; B: Gangrene of the fourth toe with infection; C-E: Long-segment occlusions of the anterior tibial artery, posterior tibial artery and peroneal artery; distal dorsal pedis artery and posterior tibial artery were demonstrated through lateral branches; F and G: The anterior tibial artery and peroneal artery were dilated by balloon angioplasty (BA) during the operation; H-J: After BA, the anterior tibial artery and peroneal artery were unobstructed, and the communication between lateral plantar artery and peroneal artery was developed; K and L: After revascularization, local debridement, removal of necrotic tissue and the 3<sup>rd</sup> and 4<sup>th</sup> phalanx, and vacuum-assisted closure (VAC) aspiration were performed; M: The wound surface two weeks after VAC; N: The wound granulation tissue grew well three weeks after VAC and reached the conditions for skin grafting; O: Skin grafting with split-thickness skin graft from the inner leg; P: Wound repair two months after skin grafting.

controversial. The long-term patency rate of autogenous great saphenous vein bypass grafting is higher than that of stenting. However, in most diabetes cases, which are often complicated by multiple medical conditions, a great saphenous vein of appropriate caliber is often not found, and vascular lesions often involve sub-knee and sub-malleolar vessels, and even femoropopliteal and iliac arteries. Consequently, patency of below-knee bypass grafts tend to take longer for these cases, which have a significantly increased risk for perioperative complications. In addition, the vascular diseases of patients with diabetes mainly involve complicated, diffuse lesions, long chronic total occlusion lesions, and medial arterial calcification, which increase the difficulty of management. A bypass *vs* angioplasty in severe ischemia of the leg study[2] compared the effectiveness of bypass surgery *vs* that of endovascular techniques for lower limb arterial revascularization in patients with critical limb ischemia (CLI) and found no significant differences in the 2-year amputation survival, overall survival, and health improvement between the two groups. In a best endovascular *vs* best surgical therapy for patients with CLI (BEST-CLI) trial[3], patients treated with autologous great saphenous vein transplantation had a lower incidence of limb adverse events and all-cause mortality than those with endovascular treatment. For patients lacking a suitable autologous great saphenous vein, no differences were found in treatment outcomes between synthetic material reconstruction and endovascular treatment. Faglia *et al*[4] confirmed that endovascular intervention is a safe and effective revascularization procedure in 993 patients with diabetes and CLI.

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Figure 2 Surgery pictures of foot infection case. A and B: Manifestations of foot infection after the patient's self-trimming of the plantar calluses and subsequent debridement in another hospital; C-E: After two weeks of nibbling debridement, the local granulation tissue of the patient began to grow; F and G: The granulation tissue grew well after two weeks of intermittent vacuum-assisted closure (VAC) after revascularization; H and I: Skin grafting was performed with splitthickness skin flaps from both thighs, and postoperative VAC was applied for one week; J and K: The appearance of the patient's foot one month after skin grafting.

BA, the most basic modality of lower limb arterial revascularization, is also currently the most commonly used. Since most of the lower-extremity vascular lesions involve the IPA and SFA, anterograde femoral artery puncture is performed as comprehensively as possible. This is because anterograde puncture can establish a shorter path, provide better guidewire manipulation for the opening of the IPA, and allow preoperative evaluation of the common femoral artery by color ultrasound or CTA. As far as SFA lesions are concerned, true-lumen tracking using the guidewire should be performed as much as possible. If the guidewire enters into the subintimal space, it should not be forced forward to break through to avoid causing a more extensive flow-limiting dissection; a distal retrograde puncture should be considered instead. In our case series, 5 patients underwent retrograde puncture (2 cases in the POA P3 segment, 2 cases in the peroneal artery, and 1 case in the posterior tibial artery). The POA P3 segment, tibiofibular trunk, peroneal artery, posterior tibial artery, or anterior tibial artery can be selected for retrograde puncture, which can be performed by dynamic angiography or along the route. A growing body of evidence shows that good vascular preparation, true-lumen access, DCBA, and a low stent implantation rate can improve the primary patency rate and reduce the long-term reintervention rate for femoral and POA lesions. This study included 5 cases of SFA stent implantation, 2 of which developed intermittent claudication at 6 and 11 months postoperatively and underwent BA again. However, 7 patients who underwent DCBA did not undergo another ischemic intervention during the 3-year follow-up period. Simple infrapopliteal lesions are a common type of ischemic diabetic foot. POBA and drug-coated balloon (DCB) are still performed for the treatment of IPA lesions because conventional stent implantation is generally not recommended for IPA. The results of a meta-analysis<sup>[5]</sup> revealed that, compared with POBA, DCB had no statistically significant differences in the incidence of major adverse events, all-cause mortality, major amputation, and target lesion revascularization at 12 months after surgery. The present study included 16 cases of IPA lesions, of which only 3 were treated with DCBA because of financial reasons, whereas the remaining 13 were treated with POBA. Nevertheless, all cases achieved good limb preservation.

Dilaver et al [6] conducted a systematic evaluation and meta-analysis involving 22 studies (4146 limbs) to compare the therapeutic effects of direct and indirect revascularization of IPA. They found that, compared with indirect revascularization, direct revascularization of IPA increased wound healing and limb salvage rates without affecting mortality or reintervention rates. Alexandrescu et al[7] found through an 8-year prospective bi-center study that wound healing in

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**Figure 3 Surgery pictures of a diabetic foot complicated with uremia.** A: Lower limb computerized tomography angiography of a diabetic foot complicated with uremia showed proximal occlusion of the peroneal artery, the only outflow tract below the knee, obvious arterial calcification; B-D: Angiography showed that the proximal peroneal artery was occluded, and the guidewire could not pass through the lesion due to severe calcification; E-G: Retrograde puncture of the distal peroneal artery was performed, and balloon angioplasty (BA) was carried out after the orbit was established by connecting the guidewire with the proximal catheter; H and I: The blood flow was obviously improved after BA with non-flow-limiting dissection locally visible, and no stent was implanted; J: Gangrene at the ends of the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> toes of the left foot; K: Cyanosis at the 1<sup>st</sup> and 5<sup>th</sup> toes; L and M: Four weeks later, the necrotic part of the toe fell off spontaneously and the wound healed spontaneously.

patients with diabetes could be more significantly accelerated through direct revascularization. However, no significant benefit was found in terms of major limb adverse events and limb preservation. We believe that as long as IPA is opened with a good outflow tract, the blood supply to the affected foot can be sufficiently improved. However, outcomes may depend on whether the patient has a good plantar arch. Jung *et al*[8] and Nakama *et al*[9] demonstrated that pedal artery angioplasty facilitated wound healing in patients with CLI. Rashid *et al*[10] and Troisi *et al*[11] evaluated arch quality in patients with surgical revascularization and ER, respectively, and found a correlation with clinical outcomes. In the present study, the arch of the foot was opened only in three cases, while the rest of the affected foot presented good collateral compensation in the chronic course.

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Figure 4 Surgery pictures of a local infection case. A-D: The heel of a diabetic foot patient was punctured by a nail, resulting in local infection and gradual degeneration and necrosis of the soft tissue of the heel; E-G: Complete debridement was performed after revascularization, and the heel was repaired with a freestyle perforator flap on the lower leg side; H-J: Two months after surgery, the patient's foot was successfully preserved and functioned well; K-M: Angiography showed patency of the femoral-popliteal artery, occlusions of the infrapopliteal and anterior tibial veins, occlusion of the middle and distal posterior tibial artery, and staged stenosis of peroneal artery; N and O: balloon angioplasty (BA) of posterior tibial artery and peroneal artery was performed; P-R: Angiography after BA showed that the blood flow of posterior tibial artery and peroneal artery was smooth with the blood flow directly to the heel, and the plantar arterial arch was good.

A complicated abscess infection also increases the difficulty of treatment of diabetic foot and is a major reason for prolonged hospitalization of patients with diabetic foot. Diabetic foot is complicated by the combination of complex infection and wound; thus, the assessment of foot infection is prioritized after admission. For cases complicated with abscess and wet gangrene, incision and drainage should be performed as soon as possible and sufficiently to ensure smooth drainage. Daily bedside dressing changes are required, and nibbling debridement in stages and batches should be performed. The section of foot with definite necrosis should be debrided promptly. For sections with unclear boundaries that present difficulty in determining complete necrosis, they should be temporarily retained. Subcutaneous tissue, adipose tissue, fascia, and muscle that have lost vitality should be removed. The necrotic tendon should be retained to the maximum extent to preserve limb function. Necrotic bone fragments can be gradually removed in patients with severe bone destruction and osteomyelitis caused by infection. For suspected anaerobic bacteria infection or deep wound sinuses with purulent secretion and odor, hydrogen peroxide can be used for cleaning, and the sinus tract can be excised in time if necessary. We believe that the importance of incision and drainage is much higher than the use of antibiotics. For ischemic dry gangrene without serious infection, appropriate disinfection can be performed to avoid the expansion of necrosis caused by early debridement as much as possible. After gradual debridement, granulation tissue gradually forms. Revascularization can be performed in patients with ischemia when inflammatory markers are reduced and local infection is effectively controlled. The growth of the wound surface will be significantly accelerated after revascularization, and optional thorough debridement can be performed in the operating room. We use femoral nerve block anesthesia or local anesthesia as most patients with diabetes have concurrent medical diseases and a poor general condition. In our case series, a patient with a cardiac ejection fraction of only 35% successfully underwent debridement, and VAC aspiration was performed subsequently. We believe that because patients with diabetic foot often have many comorbidities and are complicated with medical conditions (e.g., cardiac insufficiency, old myocardial infarction, renal insufficiency, chronic obstructive pulmonary disease, and hypoproteinemia), wound repair should be as simple as possible. For those with small wounds, two VAC aspiration procedures may achieve satisfactory results. For patients with large wounds and good general condition, autologous split-thickness skin grafting can be performed. Because of good postoperative blood supply, all cases with split-thickness skin grafts successfully gained patency 1 wk after revascularization. One patient in this study underwent extensive skin grafting because most of the patient's dorsum and plantar skin had been removed by debridement when the patient was referred to our hospital, with some active tissues found on the outside of the plantar. The skin on the inner thighs of both legs was trimmed into split-thickness skin grafts to cover the wound, and the foot was successfully preserved (Figure 2). A patient with thrombocytopenia on long-term oral hormones received several negative pressure treatments, but little granulation tissue formed on the wound surface. Therefore, the wound was repaired with a free anterolateral thigh perforator flap (end-to-side anastomosis with the posterior tibial artery). A case of infected heel with gangrene was repaired by free-style perforator flap combined with

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plastic surgery. The rest of the patients underwent autologous split-thickness skin grafting after VAC, which was simple and feasible, with a survival rate of 100%. Vacuum sealing drainage (VSD) and VAC are the two key modalities of negative pressure wound therapy. However, we believe that VAC is superior to VSD in the following aspects: (1) The negative pressure value is accurate and controllable, which is more advantageous for diabetic foot with ischemia, and low negative pressure is more likely to promote granulation tissue formation; (2) VAC can be modified to intermittent vacuum drainage, which is more suitable for wound granulation tissue growth; and (3) because of the long wound repair time of some patients, the use of VAC enables patients to get out of bed and even be discharged while avoiding the incidence of deep vein thrombosis.

### CONCLUSION

Although revascularization and wound repair are the two most important interventions in the treatment of diabetic foot, a comprehensive medical diagnosis and treatment scheme must be developed to cover the protection and hydration of renal function before endovascular treatment, the evaluation of cardiac function (evaluated if necessary), digestive function, nutritional status, and the application of oral drugs[12] because most patients with diabetic foot have multiple concurrent diseases. Establishing a good follow-up program after discharge is also critical, as most patients with diabetic foot have low overall education level and low compliance. Good outpatient follow-up can greatly reduce the recurrence rate of ulcers and improve the long-term foot preservation rate. This study is limited by the retrospective design, which does not allow randomization of patients. Therefore, to further confirm our findings, a well-designed randomized controlled trial with prospective data collection and sample size calculation should be performed. The data obtained would help develop an optimal management approach for patients with diabetic foot.

### FOOTNOTES

Author contributions: Lei FR, Shen XF and Sang HF designed the research and wrote the first manuscript; Lei FR, Shen XF, Zhang C, Li XQ, Zhuang H and Sang HF contributed to conceiving the research and analyzing data; Lei FR and Shen XF conducted the analysis and provided guidance for the research; all authors reviewed and approved the final manuscript. Lei FR and Shen XF contributed equally to this work and are co-first authors.

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Informed consent statement: Patients were not required to give informed consent to the study because the analysis used anonymous clinical data that were obtained after each patient agreed to treatment by written consent.

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