

Islet separation and islet cell culture *in vitro* from human embryo pancreas

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INTRODUCTION

Diabetes mellitus is the most common disease and its death rate ranks the 8th in the world. Up to now, its incidence has a tendency to increase^[1]. Since disorder of sugar metabolism might result in microvascular degeneration and injury of important human organs, it will endanger human health seriously. In 1969, Younszai first reported the method that could decrease diabetes symptoms by islet tissue transplantation. In 1981, our country began to treat diabetes type I by transplanting cultured islet tissues. In our study, we digested the pieces of pancreas with collagenase and made morphological observation on islet cells cultured for 3 d, 5 d, 7 d, 9 d and 13 d respectively, and the contents of insulin and C-peptide in the supernatant were detected by radioimmunoassay. The experimental model of rabbit diabetes was established, and certain curative effect was achieved in the treatment of experimental diabetes in rats.

MATERIALS AND METHODS

Islet isolation

Four cases of 18wk-28wk human embryo induced by hydrostatic bag were sterilized with 75% alcohol, and their pancreas were removed with the surrounding connective tissues eliminated. After the pancreas were washed with cold Hank's balanced

salt solution, they were cut into 1 mm fragments digested three times with 0.5 g/L collagenase (Sigma Type V 663 U/mg) and shaken thoroughly. Then the islets were carefully isolated under stereoscope (islets are white with different dimensions), and washed two times with Hank's balanced salt solution and put into glass bottles to be cultured.

Islet cells culture

Islet cells were cultured with RPMI-1640 medium containing 20% bovine serum, 10 mmol/L glutamine, 80 U penicillin and 0.5 g streptomycin. Approximately 30 islets were inoculated in the 5mL bottles, and were cultured in CO₂ incubator (95% atmosphere, 5% CO₂, 37 °C). The cells were digested by 0.25% sodium citrate and their fibroblast was cleaned^[2]. The medium solution was replaced every 2 d after the 3 days. One mL-2 mL culture solution was put into clean bottles which were placed into refrigerator (4 °C) to detect the contents of insulin and C-peptide.

Observation of islet cell morphology

In the process of culture, growth of islet cells was observed under invert microscope, and the islet cells cultured for 3 d, 5 d, 7 d, 9 d and 13 d respectively were observed under transmission electron microscope. The samples were fixed with 1.25% glutaraldehyde, and embedded with epoxy 618, sectioned with LKB-V ultramicrotome, and observed under JEM-100CX electron microscope.

Measurement of content insulin and C-peptide by radioimmunoassay

FT-630G computer with multiprobe γ counter and kit of De Pu Company were used to collect the supernatant fluid of islet cells cultured for 3 d, 5 d, 7 d, 9 d and 13 d respectively by strict standard operation, and contents of insulin and C-peptide in the culture suspension were measured by radioimmunoassay (RIA) with antigen labeled by radionuclide ¹²⁵I.

Establishment of experimental model of rabbit diabetes and evaluation of experimental cure

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effect

Fasting blood sugar, insulin and C peptide were detected in 18 adult rabbits (9 male and 9 female weighing 1.5 kg - 2.0 kg). All rabbits were given injection of alloxan of 150 mg/kg into the posterior auricular vein to establish the model of rabbit experimental diabetes. Their biological behavior was observed after 48 h, and the contents of blood sugar, insulin and C- peptide were measured^[3]. The cultured rabbit embryo islet cells were injected (1.1×10^7 cells/each) into their pancreatic artery after 72 h and the experimental treatment was evaluated.

RESULTS**Morphology of the cultured islet cells**

After the islets were cultured for 24 h, fibroblast growth was found on the wall of glass bottle, but no islet cell mass was found. After the fibroblasts were eliminated with citrate sodium, islet cells began to grow and form a single layer of cells with typical morphology. Under invert microscope, the cells were found growing quite well, most of them were of epithelioid type with plenty of cytoplasm. The cell number was counted directly after stained with trypan blue and their survival rate reached up to 90%. Many cells were observed under transmission electron microscope and most of them were found to be beta cells with many β -granules, alpha cells, and a few extracrinous cells and macrophages. These beta cells after cultured for 5 d-9 d with a high density cytoplasm and cytoplasmic β -granule developed well. But eleven days later, the number of cytoplasmic granules decreased with karyopyknosis and degeneration in them.

Contents of insulin and C-peptide in human embryo islet cell culture solution (Table 1)**Table 1 Contents of insulin and C-peptide in human embryo islet cell culture solution**

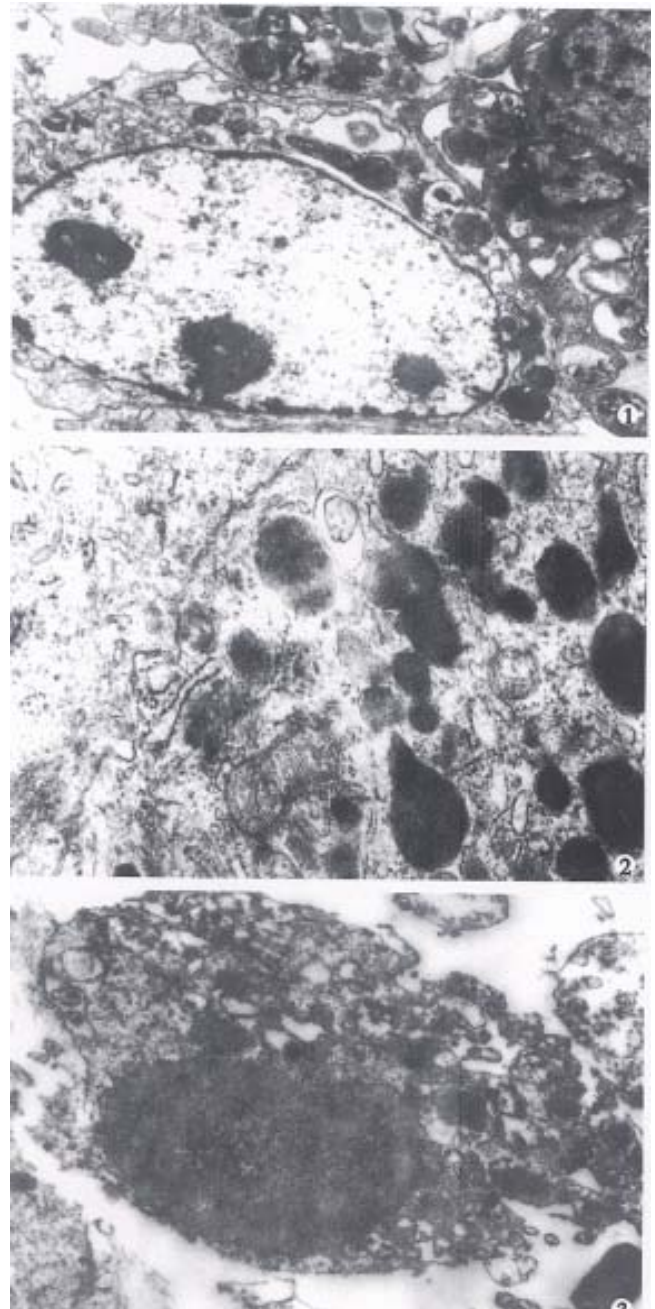
Islet cells (culture days)	Contents of insulin (IU/L)	Contents of C-peptide (mg/L)
3	47.30	3.05
5	64.75	6.05
7	72.30	6.20
9	72.70	>6.00
11	68.75	5.15
13	72.20	>6.00

*Insulin antibody is negative in all tubes.

Contents of blood sugar, insulin and C-peptide in normal rabbits and diabetes rabbits after experimental treatment (Table 2)**Table 2 Changes of blood sugar, insulin, C-peptide after experimental treatment in normal and diabetes rabbits ($\bar{x} \pm s$)**

Experimental rabbits	Blood sugar (g/L)	Contents of insulin(IU/L)	Contents of C-peptide (mg/L)
Normal controls	1.0524 \pm 0.0510	6.27 \pm 4.6	13.23 \pm 4.77
Diabetes rabbits	4.7979 \pm 0.9233	2.65 \pm 1.4	Not detected
Experimentally treated rabbits	3.3193 \pm 0.4110 ^a	13.88 \pm 1.5 ^a	Not detected
<i>P</i>	<0.01	<0.05	

^aAfter transplanted with rabbit islet cells, diabetes rabbits showed good spirit, less drinking and urine excretion.

**Figure 1** Islet cells developed well after cultured for 5d. TEM $\times 10\ 000$ **Figure 2** Cytoplasmical APUD granules were observed after cultured for 9d. TEM $\times 20000$ **Figure 3** Islet cells were aging after cultured for 13d with karyopyknosis and cytoplasmic lysis. TEM $\times 30\ 00$

DISCUSSION

The quality and quantity of islet cells play a crucial role in the effectiveness of transplantation. An ideal preparative method can provide sufficient pure, viable and functional islet cells. We have achieved good digestive effect by digesting pancreas with collagenase at optimum pH and temperature^[4]. In order to obtain good islets, it is necessary to control digestive time and mix the pieces of pancreas with collagenase thoroughly. The islet cells obtained were growing and their structure was not mature before they were cultured for 5 d. But after 5 d-9 d, they grew well with their structure fully matured. The survival rate was 90% according to the trypan blue staining. However, eleven days later, most cells became ageing with karyopyknosis and cytoplasmic lysis.

Activity and function are the important indexes in assessing the effect of islet cells. The contents of insulin and C-peptide in the culture suspension measured by radioimmunoassay were two times higher than those in normal control serum, indicating that our method is rather good. The highest amount of contents of insulin and C-peptide was found after they were cultured for 13 d, but was not in accordance with the morphological data. The reason why their contents increased in insulin culture solution was aging and released the remaining insulin that made insulin contents of the degeneration of most cells and release of the remaining insulin from cells from the 11th day.

We have used the same method to culture rabbit islet cells and made experimental treatment of rabbit diabetes model after rabbit islet cells were

cultured for 7 d. Blood sugar was $1.052 \text{ g/L} \pm 0.5012 \text{ g/L}$ and $4.7979 \text{ g/L} \pm 0.9233 \text{ g/L}$ in normal and experimental rabbits. Three days after the rabbits were given an injection via pancreatic artery at a density of 1.1×10^7 cells/each islet cell, their blood sugar decreased to $3.3193 \text{ g/L} \pm 0.4110 \text{ g/L}$. Compared with diabetes rabbit ($P < 0.01$), the difference was significant. Serum insulin contents increased from $2.65 \text{ IU/L} \pm 1.4 \text{ IU/L}$ to $13.88 \text{ IU/L} \pm 1.5 \text{ IU/L}$ ($P < 0.05$), the difference was also significant. All these indicated that experimental treatment was effective.

In the past ten years, most tissue transplantation focused on subcutaneous and intramuscular transplantation of cultured islets. Present method is to treat diabetes type I with cultured islet cells which were planted by portal vein^[5].

Therefore, we believe that the culture of the islet cells by this method can be used to treat diabetes type I, and the optimum time of transplantation is 5-9 days after the islet cells were cultured.

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