UNIVERSITI KEBANGSAAN MALAYSIA
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PUSAT PENGURUSAN PENYELIDIKAN DAN INSTRUMENTASI • *CENTRE FOR RESEARCH AND INSTRUMENTATION MANAGEMENT*

Rujukan : **UKM PPI/111/8/JEP-2021-898**
Tarikh : 23 **Mac 2022**

Dr. Hanis Mastura Yahya
Program Sains Pemakanan
Pusat Kajian Penuaan Sihat & Kesejahteraan (H-CARE)
Fakulti Sains Kesihatan
Universiti Kebangsaan Malaysia

Y.Bhg. Profesor/Datuk/Dato'/Datin/Tuan/Puan,

KELULUSAN ETIKA MENJALANKAN PENYELIDIKAN DI UKM

Tajuk : *The Effects of Eurycoma Longifolia Water Extract (Physta®) on Well-Being of Pre and Postmenopausal Women: A Randomized, Double-Blinded, Placebo Controlled, Parallel Group Study*

Perkara yang tersebut di atas adalah dirujuk.

Sukacita dimaklumkan, Jawatankuasa Etika Penyelidikan UKM meluluskan permohonan penyelidikan Y.Bhg. Profesor/Datuk/Dato'/Datin/Tuan/Puan bagi tajuk diatas. Tempoh kelulusan penyelidikan adalah **22 Mac 2022 – 21 Mac 2024**. Sila kemukakan sebarang Laporan **Kesan Sampingan, Laporan Kemajuan Setiap 6 Bulan** dan **Laporan Akhir** sebaik sahaja penyelidikan tamat kepada Jawatankuasa Etika Penyelidikan UKM.

Sukacita diingatkan projek penyelidikan ini hanya boleh dijalankan setelah mendapat **surat kelulusan menjalankan penyelidikan** dari Timbalan Dekan Penyelidikan Fakulti.

Sekian, terima kasih.

Y[redacted]

P[redacted]
P[redacted]
Jawatankuasa Etika Penyelidikan
Universiti Kebangsaan Malaysia

s.k. - **Pengarah**
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- **Timbalan Dekan (Penyelidikan & Inovasi)**
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- Fail Surat Kelulusan 2021

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NAME OF ETHICS COMMITTEE/IRB: Research Ethics Committee, The National University of Malaysia	**ETHICS COMMITTEE/IRB REF NO :** **UKM PPI/111/8/JEP-2021-898**

PROTOCOL TITLE:

The Effects of *Eurycoma Longifolia* Water Extract (Physta®) on Well-Being of Peri and Postmenopausal Women: A Randomized, Double-Blinded, Placebo Controlled, Parallel Group Study

PRINCIPAL INVESTIGATOR:

Dr. Hanis Mastura Yahya
Nutrition Science Program
Center For Healthy Ageing And Wellness (H-Care)
Faculty of Health Sciences
The National University of Malaysia

The following items [X] have been received and reviewed in connection with the above study to be conducted by the above investigator.

Documents

[X] Research Application Form
[X] Research Proposal / Protocol
[ ] Publication Policy
[X] Non-Disclosure Agreement
Information Sheet:-
[X] Malay [X] English
Consent Form:-
[X] Malay [X] English
Questionnaire:-
[X] Malay [X] English
Curriculum Vitae of Researcher:-
[X] Principal [X] Co-researcher [X] Student
[X] Good Clinical Practice Certificate (GCP)
[ ] Project Agreement

The Research Ethics Committee, The National University of Malaysia operates in accordance to the International Conference of Harmonization Good Clinical Practice Guidelines.

Comments (if any): Associate Professor Dr. Ixora Kamisan @ Atan is the co-investigator for this study and also members of Research Ethics Committee. She strictly was not involved in the decision of Research Ethics Committee to approve this study.

Date of Approval: 22 March 2022

[redacted]
PROFESSOR DR [redacted] MED SAID
Chairman
Research Ethics Committee
The National University of Malaysia

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